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Emergency Medical Technician (EMT) Exam Outline

Content Categories	Percentage of Examination	Adult/Pediatric Contents
1. Airway Respiration and Ventilation	18%-22%	85%/15%
2. Cardiology and Resuscitation	22%-26%	85%/15%
3. Trauma	13%-17%	85%/15%
4. Medical; Obstetrics and Gynecology	25%-29%	85%/15%
5. EMS Operations	10%-14%	N/A

Time limit: 120 minutes

Total questions: 70-120

Question Format: Multiple-choice

Exam Delivery: Computer-adaptive (CAT)

Mometrix TEST PREPARATION

P.S. Free 2026 NREMT EMT dumps are available on Google Drive shared by ActualtestPDF: https://drive.google.com/open?id=1N1jh_zMkBvKn2TKAJSvKvWtygdcLocBI

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There are Candidates must know the topics before they start of preparation.

Our **Test Prep EMT Exam Dumps** will include the following topics:

- EMS Operations 12%
- Cardiology and Resuscitation 19%
- Trauma 21%
- Airway, Respiration, and Ventilation 20%
- Medical / Obstetrics / Gynecology 28%

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To pass the Emergency Medical Technicians Exam (EMT) certification exam you need to prepare well with the help of top-notch Emergency Medical Technicians Exam (EMT) exam questions which you can download from platform. On this platform, you will get valid, updated, and real NREMT EMT Dumps for quick exam preparation.

NREMT Emergency Medical Technicians Exam Sample Questions (Q267-Q272):

NEW QUESTION # 267

During a mass casualty incident, a patient has an open tibia and fibula deformity. Using START triage, in which of the following priorities should the EMT place the patient?

- A. Delayed
- B. Immediate
- C. Minimal
- D. Emergent

Answer: A

Explanation:

The START (Simple Triage and Rapid Treatment) system classifies patients based on ability to walk, respirations, perfusion, and mental status. A patient with an open fracture who can breathe adequately, has a pulse, and follows commands is categorized as "Delayed".

Immediate (Red) is reserved for those who cannot walk and have life-threatening conditions, such as compromised airway or severe bleeding.

References:

U.S. Department of Health START Triage Protocol

FEMA MCI Guidelines

Brady Emergency Care (13th ed.) - Chapter on MCI and Incident Management

NEW QUESTION # 268

An 18-year-old patient is 40 weeks pregnant, and delivery is imminent. Which of the following actions should the EMT anticipate performing for the newborn? Select the three answer options that are correct.

- A. Providing ventilations
- B. Suctioning
- C. Initiating chest compressions
- D. Stimulating
- E. Drying
- F. Warming

Answer: D,E,F

Explanation:

The correct answers are A. Drying, B. Warming, and D. Stimulating.

These are the initial routine care steps for a newborn immediately after delivery and are performed on all newborns to promote breathing and prevent hypothermia.

* Drying the newborn prevents heat loss and also provides mild stimulation to initiate breathing.

* It is one of the first steps immediately after birth.

* Newborns are highly susceptible to hypothermia.

* Keeping the baby warm (blankets, skin-to-skin contact) is essential for normal physiological function.

* Gentle stimulation (rubbing the back, flicking the soles of the feet) helps initiate spontaneous breathing.

* C. Suctioning # Only performed if airway is obstructed or secretions are present, not routinely

* E. Providing ventilations # Only if the newborn is not breathing adequately

* F. Initiating chest compressions # Only if heart rate is < 60 bpm despite adequate ventilation Exact Extracts:

* "Initial newborn care includes drying, warming, and stimulating the infant."

* "Routine suctioning is not required unless the airway is obstructed."

* "Ventilations and compressions are only indicated if the newborn is not breathing or has a low heart rate." References:

NREMT EMT Education Standards - Obstetrics and Neonatal Care

National EMS Education Standards - Childbirth and Newborn Care

NREMT Candidate Handbook - Patient Management

NEW QUESTION # 269

An EMT is ventilating a 27-year-old patient who is unresponsive. There is a decrease in airway compliance.

Which of the following factors is the most likely cause?

- A. Gastric distention
- B. A low oxygen flow rate
- C. The patient's age
- D. A poor face mask seal

Answer: A

Explanation:

The correct answer is A. Gastric distention.

Decreased airway compliance means there is increased resistance when ventilating the patient, making it harder to deliver breaths with a bag-valve mask (BVM).

Why A is correct:

Gastric distention occurs when air is forced into the stomach during ventilation, especially if:

- * Ventilations are too forceful
- * Ventilations are delivered too quickly
- * The airway is not properly opened

This leads to:

- * Increased pressure in the abdomen
- * Upward pressure on the diaphragm
- * Reduced lung expansion

NREMT-based airway management guidance states:

- * "Gastric distention can impair ventilation by limiting lung expansion."
- * "Excessive ventilation pressure may force air into the stomach, decreasing compliance." Why the other options are incorrect:
- * B. A poor face mask seal: This causes air leakage, not decreased compliance. You would feel less resistance, not more.
- * C. A low oxygen flow rate: Affects oxygen delivery, not airway compliance or resistance.
- * D. The patient's age: A 27-year-old has no age-related compliance issues.

Exact Extracts:

- * "Gastric distention increases resistance to ventilation and decreases lung compliance."
- * "Air forced into the stomach can reduce the effectiveness of ventilations."
- * "Proper ventilation technique is essential to prevent gastric inflation." References:

NREMT EMT Education Standards - Airway, Respiration & Ventilation

NREMT National Continued Competency Program (NCCP) - Airway Management

Prehospital Emergency Care (EMT) - Airway and Ventilation Management

NEW QUESTION # 270

An infectious disease spread by the fecal-oral route that is considered an acute infection with a currently available vaccine is

- A. Hepatitis B
- **B. Hepatitis A**
- C. Hepatitis C
- D. Hepatitis E

Answer: B

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Hepatitis A is transmitted primarily via the fecal-oral route, often through contaminated food or water. It leads to an acute liver infection, not a chronic condition. Unlike Hepatitis C, which has no vaccine, Hepatitis A has an effective vaccine and is preventable with proper hygiene and immunization.

Hepatitis B is spread through blood and sexual contact, not fecal-oral. Hepatitis E is also fecal-oral but is rare in the U.S. and doesn't have a widely used vaccine.

References:

CDC Hepatitis A Fact Sheet (2023)

NREMT Infectious Disease Control Guidelines

AAOS "Emergency Care and Transportation of the Sick and Injured" (11th ed.), Chapter: Infectious and Communicable Diseases

NEW QUESTION # 271

A 9-year-old patient who was injured in an MCI is brought to the treatment area with a delayed triage tag. Which of the following signs or symptoms would the EMT expect to find? Select the three correct options.

- **A. Ability to ambulate**
- B. Mottled skin
- **C. Palpable pulses being present**
- D. Respiratory rate of 16

- E. Follows simple commands
- F. Breathing only after opening the airway

Answer: A,C,E

Explanation:

In pediatric START or JumpSTART triage, a "delayed" status is appropriate if the child is breathing adequately, has palpable pulses, and follows commands. The respiratory rate of 16 is normal for a 9-year-old, and being able to walk also supports the "delayed" tag.

"Mottled skin" and "breathing only after airway opening" would more likely lead to "immediate" or even "expectant" categories depending on associated symptoms.

References:

JumpSTART Pediatric MCI Triage Algorithm

National EMS Education Standards - Triage

PALS Provider Manual (American Heart Association)

NEW QUESTION # 272

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