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## CBIC Certified Infection Control Exam Sample Questions (Q235-Q240):

### NEW QUESTION # 235

When implementing a multimodal strategy (or bundle) for improving hand hygiene, the infection preventionist should focus on Calculator

- A. institutional assessment of significant barriers.
- B. cost effectiveness of hand hygiene products.
- C. availability of gloves in the patient care area
- D. signage for hand hygiene reminders.

**Answer: A**

Explanation:

When implementing a multimodal strategy (or bundle) for hand hygiene, the infection preventionist should first assess barriers to compliance before implementing solutions.

Step-by-Step Justification:

\* Understanding Barriers First:

\* Identifying barriers (e.g. lack of access to sinks, high workload, or poor compliance culture) is critical for effective intervention.

\* APIC Guidelines on Hand Hygiene Improvement:

\* Strategies must be tailored based on the institution's specific challenges.

\* Why Other Options Are Incorrect:

\* A. Signage for hand hygiene reminders:

\* Signage alone is insufficient without addressing systemic barriers.

\* B. Cost-effectiveness of hand hygiene products:

\* While important, cost analysis comes after identifying compliance barriers.

\* C. Availability of gloves in the patient care area:

\* Gloves do not replace hand hygiene and may lead to lower compliance.

CBIC Infection Control References:

\* APIC/JCR Workbook, "Hand Hygiene Compliance and Institutional Barriers".

\* APIC Text, "Hand Hygiene Improvement Strategies".

#### NEW QUESTION # 236

Which of the following active surveillance screening cultures would be appropriate for carbapenem-resistant Enterobacteriales (previously known as carbapenem-resistant Enterobacteriaceae) (CRE)?

- A. Rectal or peri-rectal cultures
- B. Abscess or blood cultures
- C. Nares or axillary cultures
- D. Throat or nasopharyngeal cultures

**Answer: A**

Explanation:

Carbapenem-resistant Enterobacteriales (CRE) colonization is most commonly found in the gastrointestinal (GI) tract. Therefore, rectal or peri-rectal cultures are recommended for active surveillance screening.

Why the Other Options Are Incorrect?

\* B. Nares or axillary cultures - CRE is not primarily found in the nasal or axillary region; this method is more relevant for detecting MRSA.

\* C. Abscess or blood cultures - While CRE may be present in clinical infections, these cultures are not used for screening asymptomatic carriers.

\* D. Throat or nasopharyngeal cultures - CRE does not commonly colonize the upper respiratory tract, so these are not ideal for active screening.

CBIC Infection Control Reference

The CDC and APIC guidelines emphasize rectal or peri-rectal swabbing as the most effective active surveillance method for CRE detection.

#### NEW QUESTION # 237

The infection preventionist and Occupational Health discuss the 65% influenza vaccination rate for healthcare personnel. Which is MOST effective method to increase compliance?

- A. Offer the vaccine year round to increase compliance
- B. Pre-schedule healthcare personnel for vaccine administration
- C. Require annual vaccine as a condition of employment
- D. Educate staff about risks of not receiving vaccine

**Answer: C**

Explanation:

Requiring influenza vaccination as a condition of employment has consistently been shown to be the most effective method to increase compliance among healthcare personnel.

\* The APIC/JCR Workbook recommends this as a gold standard:

"Some organizations have adopted policies requiring annual vaccination as a condition of employment unless medically

contraindicated".

\* CDC and APIC also support this method for maximizing coverage and protecting vulnerable populations.

References:

APIC/JCR Workbook, 4th Edition, Chapter 10 - Occupational Health Issues APIC Position Paper: Influenza Vaccination Should Be a Condition of Employment for Healthcare Personnel

### NEW QUESTION # 238

An infection preventionist plans to evaluate 12 months of prospectively collected intensive care unit (ICU) surveillance data on ventilator-associated events. The MOST effective visual representation of these data is a:

- A. Control chart
- B. Scatter gram
- C. Pie chart
- D. Pareto chart

**Answer: A**

Explanation:

The CBIC Certified Infection Control Exam Study Guide (6th edition) emphasizes that surveillance data collected over time are best evaluated using statistical process control methods. A control chart is the most effective visual tool for analyzing 12 months of prospectively collected ICU surveillance data on ventilator- associated events (VAEs) because it displays data sequentially over time and distinguishes between normal process variation and significant changes that may require intervention.

Control charts allow infection preventionists to identify trends, shifts, or special cause variation by plotting event rates against calculated control limits. This enables timely recognition of sustained increases or decreases in VAEs and supports data-driven decision-making. Control charts are especially valuable for ongoing surveillance and performance improvement because they demonstrate whether prevention efforts are having a measurable impact.

The other options are less appropriate for this purpose. A Pareto chart is used to prioritize causes contributing to a problem, not to track rates over time. A pie chart shows proportional distribution at a single point in time and does not reflect trends. A scatter gram is used to assess relationships between two variables rather than monitor process stability.

For CIC exam preparation, it is critical to recognize that when evaluating infection surveillance data longitudinally-particularly for healthcare-associated events-control charts are the preferred and most effective visualization method, aligning with epidemiologic principles and quality improvement methodology outlined in the Study Guide.

### NEW QUESTION # 239

Which of the following intravenous solutions will MOST likely promote the growth of microorganisms?

- A. 50% hypertonic glucose
- B. 5% dextrose
- C. 10% lipid emulsions
- D. Synthetic amino acids

**Answer: C**

Explanation:

10% lipid emulsions are the most likely to promote microbial growth because they provide an ideal environment for bacterial and fungal proliferation, especially *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Candida* species. Lipids support rapid bacterial multiplication due to their high nutrient content.

Why the Other Options Are Incorrect?

- \* A. 50% hypertonic glucose - High glucose concentrations inhibit bacterial growth due to osmotic pressure effects.
- \* B. 5% dextrose - While it can support some bacterial growth, it is less favorable than lipid emulsions.
- \* C. Synthetic amino acids - These solutions do not support microbial growth as well as lipid emulsions.

CBIC Infection Control Reference

APIC guidelines confirm that lipid-based solutions support rapid microbial growth and should be handled with strict aseptic technique.

### NEW QUESTION # 240

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