

# EMT Exam Actual Tests & Valid EMT Exam Question

## Emergency Medical Technician (EMT) Exam Outline

Content Categories	Percentage of Examination	Adult/Pediatric Contents
1. Airway Respiration and Ventilation	18%-22%	85%/15%
2. Cardiology and Resuscitation	22%-26%	85%/15%
3. Trauma	13%-17%	85%/15%
4. Medical; Obstetrics and Gynecology	25%-29%	85%/15%
5. EMS Operations	10%-14%	N/A

**Time limit:** 120 minutes

**Total questions:** 70-120

**Question Format:** Multiple-choice

**Exam Delivery:** Computer-adaptive (CAT)

**Mometrix** TEST PREPARATION

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**There are Candidates must know the topics before they start of preparation.**

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- Trauma 21%
- Airway, Respiration, and Ventilation 20%
- Cardiology and Resuscitation 19%
- Medical / Obstetrics / Gynecology 28%

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**Following is the Test Prep EMT Exam Format**

Format: Multiple choices, multiple answers

- Passing score: 70%
- Length of Examination: 120 minutes
- Language: English
- Number of Questions: 70-120

## NREMT Emergency Medical Technicians Exam Sample Questions (Q76-Q81):

### NEW QUESTION # 76

Which of the following techniques are appropriate for examining a patient with an acute abdomen?  
Select the two correct options.

- A. Begin palpation with the most painful quadrant
- B. Visualize the abdomen before palpation
- C. Lie the patient supine with legs flexed
- D. Press softly if the abdomen has a pulsating mass
- E. Palpate the abdomen prior to auscultation

**Answer: B,C**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In patients with acute abdominal pain, you must first inspect (visualize) for distension, discoloration, or masses before touching. Palpation always begins away from the most painful area. The patient should be in a supine position with knees flexed to relax the abdominal muscles and ease the exam.

Palpating a pulsating mass could rupture an abdominal aortic aneurysm and is contraindicated.

References:

NREMT Cognitive Exam Blueprint - Medical Emergencies

Emergency Care and Transportation of the Sick and Injured (AAOS, 11th ed.) - Chapter: Abdominal and GI Emergencies EMT-B

National Standard Curriculum, Module: Medical Emergencies

### NEW QUESTION # 77

An EMT has been assigned as the treatment supervisor at a mass casualty incident. Which of the following actions should the EMT perform?

- A. Command the triage personnel during initial assessment.
- B. Ensure that secondary triage is completed.
- C. Coordinate transportation to appropriate hospitals.
- D. Establish a staging area for equipment and responders.

**Answer: B**

Explanation:

Within the Incident Command System (ICS), the Treatment Supervisor is responsible for overseeing patient care after initial triage has been completed. NREMT instruction clearly differentiates roles to prevent confusion and maintain efficiency.

Option D is correct because the treatment supervisor ensures that secondary triage is completed in the treatment area, allowing patients to be reassessed and reprioritized as their conditions change.

Option A is incorrect because triage personnel are managed by the Triage Supervisor.

Option B is the responsibility of Staging under Logistics.

Option C falls under the Transport Supervisor.

NREMT emphasizes strict role adherence during MCIs to ensure patient flow and resource coordination.

### NEW QUESTION # 78

A 26-year-old male is choking. He is awake and has no air movement. He has a history of morbid obesity. You should

- A. Lay him down and perform abdominal thrusts.

- B. Perform abdominal thrusts while he is standing.
- C. Lay him down and perform back slaps.
- **D. Perform chest thrusts while he is standing.**

**Answer: D**

Explanation:

Comprehensive and Detailed Explanation (Based on NREMT standards):

For a conscious adult with complete airway obstruction, abdominal thrusts are typically indicated. However, NREMT guidelines specify that chest thrusts should be used instead for patients who are morbidly obese or pregnant, because abdominal thrusts may be ineffective or unsafe.

Option D is correct because chest thrusts provide effective airway clearance while accommodating body habitus.

Options A and B are inappropriate for a conscious patient.

Option C is incorrect because abdominal thrusts may not be effective in morbidly obese patients.

NREMT stresses modifying airway obstruction techniques based on patient size and condition.

### NEW QUESTION # 79

A program whose efforts are to limit the effects of an injury or illness that you cannot completely prevent is called

- A. Primary prevention
- B. Proactive prevention
- C. Reactive prevention
- **D. Secondary prevention**

**Answer: D**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Secondary prevention focuses on early detection and intervention to reduce the severity or impact of an illness or injury that has already occurred or is inevitable. Examples in EMS include:

- \* AED deployment in public
- \* Stroke recognition training
- \* Early CPR

Primary prevention aims to stop the injury from occurring at all (e.g., vaccination, seatbelts). "Reactive" and "proactive" are not recognized formal categories in EMS public health strategy.

References:

NREMT Public Health and EMS Prevention Models

CDC Injury Prevention Framework

EMS Agenda for the Future - Preventive and Community-Based EMS Care

### NEW QUESTION # 80

A 9-year-old patient who was injured in an MCI is brought to the treatment area with a delayed triage tag. Which of the following signs or symptoms would the EMT expect to find? Select the three correct options.

- A. Breathing only after opening the airway
- B. Mottled skin
- **C. Palpable pulses being present**
- **D. Follows simple commands**
- E. Respiratory rate of 16
- **F. Ability to ambulate**

**Answer: C,D,F**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In pediatric START or JumpSTART triage, a "delayed" status is appropriate if the child is breathing adequately, has palpable pulses, and follows commands. The respiratory rate of 16 is normal for a 9-year-old, and being able to walk also supports the "delayed" tag.

"Mottled skin" and "breathing only after airway opening" would more likely lead to "immediate" or even

"expectant" categories depending on associated symptoms.

References:

JumpSTART Pediatric MCI Triage Algorithm

National EMS Education Standards - Triage

PALS Provider Manual (American Heart Association)

## NEW QUESTION # 81

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**Valid EMT Exam Question:** <https://www.trainingquiz.com/EMT-practice-quiz.html>

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