

# Test NCE-ABE Questions Vce - Valid NCE-ABE Exam Answers

## NCE Practice Test Questions With Complete Solutions | Verified Answers

1. Susie is playing with blocks and is trying to build a tower; she tries but cannot build a tower. Susie's mother helps her build a four-block tower. Later, Susie builds a four-block tower without her mother's help. According to Vygotsky, the inability to build the tower on her own is known as: CORRECT ANSWERS The zone of proximal development (this is a range of tasks that are too difficult for children to do alone, but possible with help)

According to Erickson, when an individual fails to develop a strong sense of identity, the individual will have troubles with the development of: CORRECT ANSWERS intimacy (individuals who fail to attain a lower level of development will fail to attain the next higher level).

Which of the following is the correct sequence of stages in Freud's theory of personality development? CORRECT ANSWERS Oral, anal, phallic, latency, genital

Jacob's father tells Jacob to clean his room. When Jacob asks why, his father responds, "Because I said so." The father's response is most representative of which parenting style? CORRECT ANSWERS Authoritarian (uses coercion and psychological control to discipline children)

Harry Harlow used baby monkeys and several different kinds of "surrogate mothers" to investigate which factors are important in early development and attachment. According to his findings, baby monkeys: CORRECT ANSWERS Preferred a soft terry cloth mother to a wire mesh mother than holds a bottle.

Which of the following is a myth about suicide in the United States? CORRECT ANSWERS Asking someone about suicide may push that person over the edge.

Cody does what his parents say because he doesn't want to lose his television privileges. This is an example of what level in Kohlberg's theory of moral development? CORRECT ANSWERS Preconventional (the individual is most concerned with consequences)

Josie likes to play peek-a-boo with her little brother, Jack. According to Piaget, Jack finds this game fun because he has acquired \_\_\_\_\_, which is one of the primary tasks of the sensorimotor stage of cognitive development. CORRECT ANSWERS Object permanence

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## NBCC National Counselor Examination Sample Questions (Q94-Q99):

### NEW QUESTION # 94

A 4-year-old child thought that a 10-year-old child had disappeared when the older child put on a Halloween costume. At what developmental stage is the younger child according to Piaget's theory?

- **A. Preoperational**
- B. Concrete operational
- C. Sensorimotor
- D. Formal operational

**Answer: A**

Explanation:

Within the Human Growth and Development core area, the NCE expects knowledge of Piaget's stages of cognitive development and how children think at different ages.

\* The preoperational stage (approximately ages 2-7) is marked by:

\* Egocentric thinking

\* Magical thinking and fantasy

\* Difficulty distinguishing appearance from reality

\* Judging situations based on how things look, not on logical principles In this question, the 4-year-old believes the 10-year-old has literally disappeared because of a costume. This reflects appearance-reality confusion and prelogical thinking, which are classic features of the preoperational stage.

\* Sensorimotor (birth-2): focus on sensory experience and object permanence, not costumes/identity.

\* Concrete operational (7-11): children at this stage can usually understand that a costume does not change who someone is.

\* Formal operational (11+): abstract reasoning; far beyond this situation.

Therefore, the behavior described matches Piaget's preoperational stage, making D correct.

### NEW QUESTION # 95

Which is a symptom of generalized anxiety disorder?

- **A. Restlessness**
- B. Pressured speech
- C. Lack of hobbies
- D. Rechecking locked doors

**Answer: A**

Explanation:

In the Assessment and Testing core area, counselors are expected to recognize common diagnostic features of mental disorders to inform screening, referral, and conceptualization (not to replace full diagnosis).

For generalized anxiety disorder (GAD), hallmark symptoms include:

\* Excessive anxiety and worry about a variety of events or activities,

\* Difficulty controlling the worry,

\* Physical and cognitive symptoms such as:

\* Restlessness or feeling keyed up/on edge,

\* Being easily fatigued,

\* Difficulty concentrating,

\* Irritability,

\* Muscle tension,

\* Sleep disturbance.

Thus, restlessness (Option B) is a classic symptom associated with GAD.

The other options fit different or nonspecific issues:

\* A. Lack of hobbies is not a diagnostic criterion; it may relate to lifestyle, depression, or other factors but is not specific to GAD.

\* C. Rechecking locked doors is more characteristic of obsessive-compulsive disorder (OCD), where compulsive checking

behaviors respond to intrusive obsessions.

\* D. Pressured speech is typically associated with mania or hypomania, not GAD. Therefore, B is the correct symptom associated with generalized anxiety disorder.

### NEW QUESTION # 96

Which of the following does not breach ethical counseling practice standards?

- A. Imposing the counselor's personal values on the client
- **B. Charging fees that are much higher than those of other service providers in the area**
- C. Using counseling techniques for which the counselor has no previous training
- D. Disclosing counseling notes and records of sessions without the client's permission

**Answer: B**

Explanation:

This question falls under Professional Counseling Orientation and Ethical Practice, especially ethical standards, professional responsibility, and client rights.

\* Option A - Using techniques without prior training Ethical standards require counselors to practice within the boundaries of their competence, which is based on education, training, supervised experience, and appropriate professional experience. Using counseling techniques for which the counselor has no prior training or competence violates these standards and may place clients at risk.

This breaches ethical practice.

\* Option B - Imposing personal values Counselors are expected to avoid imposing their own values, attitudes, beliefs, or behaviors on clients, especially when such imposition may interfere with the counseling process or clients' autonomy. Ethically, counselors must respect the dignity and autonomy of clients and support their ability to make their own decisions. Imposing the counselor's personal values is clearly unethical.

\* Option C - Charging higher fees than others in the area Ethical codes state that counselors must establish fees that are consistent with accepted professional practices, explain fees and billing to clients in advance, and avoid exploitation of clients. However, it is not an ethical requirement that a counselor's fees match or be similar to other providers' fees in the area. A counselor may charge higher fees if:

\* The fees are clearly disclosed to the client beforehand,

\* The client agrees voluntarily, and

\* The fee structure is not exploitative or fraudulent. Therefore, simply charging higher fees than others does not, by itself, constitute an ethical violation, making C the correct answer.

\* Option D - Disclosing notes and records without permission Ethical standards emphasize confidentiality as a core duty. Counselors must not disclose client information, counseling notes, or records without the client's informed consent, except under specific legal or ethical exceptions (e.g., risk of harm, court order, etc.). Disclosing records without permission generally breaches confidentiality and ethical practice.

Because A, B, and D all represent clear ethical violations, while C describes something that is not inherently unethical when done transparently and non-exploitatively, the only option that does not breach ethical counseling practice standards is C.

### NEW QUESTION # 97

In a typical counseling scenario, the client begins by presenting the nature of the problem for which counseling was sought. The counselor then restates the client's presenting problem using somewhat different words and perhaps including other emotions, factors, and parameters which might be important. The counselor is using a process known as:

- A. Confrontation.
- B. Summarization.
- C. Reframing.
- **D. Reflection.**

**Answer: D**

Explanation:

In the Counseling Skills and Interventions domain, counselors are expected to use basic attending and responding skills to facilitate understanding, rapport, and client growth. One of the core skills is reflection.

Reflection involves the counselor restating or paraphrasing the client's message, often focusing on feelings and meanings, using the counselor's own words while staying close to the client's experience. Reflection may:

\* Clarify what the client is expressing

- \* Highlight underlying emotions
- \* Help the client feel heard and understood
- \* Bring important themes or aspects into focus

In the scenario, the counselor is:

- \* Restating the client's concern using different words
- \* Including possible emotions and relevant factors

This matches the definition of reflection (sometimes called paraphrasing with feeling), not the other skills.

\* Reframing (A) involves offering a new, alternative meaning or interpretation of a situation (changing the "frame" through which the client sees the problem), rather than simply restating it.

\* Confrontation (C) involves pointing out discrepancies, contradictions, or distortions in the client's words, behaviors, or beliefs.

\* Summarization (D) is a broader pulling together of themes and content over a longer segment of the session or several sessions, not a single restatement of the presenting problem.

Therefore, the counselor is using reflection, making B the correct answer.

### NEW QUESTION # 98

According to research by John Gottman on counseling married couples, which of the following is not a predictor of divorce or marital misery?

- A. Anger
- B. Criticism
- C. Defensiveness
- D. Stonewalling

**Answer: A**

Explanation:

John Gottman's research on couples identified specific negative interaction patterns that strongly predict divorce and marital distress, often called the "Four Horsemen":<sup>3</sup>

- \* Criticism
- \* Defensiveness
- \* Contempt
- \* Stonewalling

From the options provided, criticism (C), defensiveness (A), and stonewalling (B) are three of these four.

Anger, however, is not one of the Four Horsemen and, by itself, is not the direct predictor identified by Gottman. Couples can experience and express anger without necessarily being on a path toward divorce, especially if anger is expressed in a constructive, regulated way.<sup>3</sup> Therefore, Option D (anger) is not the specific Gottman-identified predictor and is the correct answer.

Why the other options are predictors:

\* A. Defensiveness - Involves blaming, making excuses, and refusing to take responsibility, which undermines problem-solving and connection.

\* B. Stonewalling - Emotional withdrawal and shutting down during conflict, which blocks repair and connection.

\* C. Criticism - Attacks the partner's character or personality (e.g., "You always..." "You never..."), not just specific behaviors.<sup>3</sup>

Within the Areas of Clinical Focus work behavior area, counselors who work with couples are expected to understand relationship dynamics and empirically derived predictors of marital distress, using this knowledge to guide assessment and intervention.

### NEW QUESTION # 99

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