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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q481-Q486):

NEW QUESTION # 481

Which part of the Medicare program covers allied health services such as physical, occupational, and speech therapy?

- A. Part D
- **B. Part B**
- C. Part A
- D. Part C

Answer: B

Explanation:

The Medicare program has four parts: Part A, Part B, Part C, and Part D.

* Part A: Coverage for hospitalizations (up to 90 days), skilled nursing facility (up to 100 days), hospice (up to six months for terminally ill), and some home health care

* Part B: Coverage for ambulatory practitioner service; physical, occupational, and speech therapy; medical equipment; diagnostic tests; and some preventative care

* Part C: Optional coverage for beneficiaries who can choose to receive all of their health care services through one of the provider organizations covered under the Medicare Advantage plan

* Part D: Optional coverage for outpatient pharmaceuticals

NEW QUESTION # 482

The type of planning that involves everyday work management is which of the following?

- A. functional planning
- **B. operational planning**
- C. projective planning
- D. strategic planning

Answer: B

Explanation:

Operational planning is one of the three primary types of planning, alongside strategic and tactical (or functional) planning. While strategic planning focuses on setting long-term goals and overall vision for an organization, and tactical planning bridges the gap between strategy and operations by focusing on medium-term goals and plans, operational planning is concerned with the day-to-day execution of company operations.

In operational planning, the emphasis is on short-term goals and immediate actions. This type of planning is very detailed, specifying who does what, when, and how. It includes plans for routine tasks, processes, and procedures that ensure the organization runs smoothly on a daily basis. Examples of operational plans include scheduling employee shifts, equipment maintenance, managing inventory levels, and other logistical concerns.

The importance of operational planning cannot be overstated, as it ensures that the strategic goals set by higher management are implemented and that the organization remains functional on a daily basis. Without effective operational planning, even the best strategic and tactical plans can falter, as there would be no mechanism in place to carry out those plans in the day-to-day operations of the company.

Therefore, operational planning is crucial for the success and continuity of an organization, ensuring that all the tasks necessary for the survival and efficiency of the organization are carried out systematically and efficiently.

NEW QUESTION # 483

While assessing a patient's thought processes during the initial mental status exam, the PMHNP notes that they avoid getting to the point by including irrelevant and trivial details. Which term describes this speech pattern that often appears in patients with schizophrenia and obsessive-compulsive disorders?

- A. Perseveration

- B. Neologism
- C. Tangentiality
- **D. Circumstantiality**

Answer: D

Explanation:

Circumstantiality is a disruption in a pattern of speech that is characterized by the overinclusion of trivial details, often to avoid giving a pointed answer.

Tangentiality is when the patient provides an answer that is generally appropriate to the question but not specific. Perseveration is the repetition of out-of-context ideas or words. Neologism in speech is when the patient invents new words or phrases.

NEW QUESTION # 484

Which of the following least exemplifies healthcare informatics tools?

- A. Patient care technology devices
- B. Electronic health records
- C. Databases of healthcare outcomes
- **D. Evidence-based practice**

Answer: D

Explanation:

Healthcare informatics is the integration of computer science, information science, and health care. Examples of tools in healthcare informatics include clinical guidelines, electronic health records, patient care technology devices, and databases of healthcare outcomes.

Evidence-based practice is the integration of the best available evidence from the scientific literature with clinical judgment and expertise in making healthcare decisions for individual patients.

NEW QUESTION # 485

Which of the following is an example of a primary prevention strategy?

- A. Participating in a disaster response team
- B. Providing case management for the vocational needs of intellectually disabled teenagers
- C. Volunteering for a suicide hotline service
- **D. Teaching smoking prevention classes**

Answer: D

Explanation:

Primary prevention is aimed at decreasing the number of new cases of mental health or substance abuse disorders. Nurse practitioners can engage in primary prevention strategies by helping people avoid stressors or cope with them more adaptively.

Examples of primary prevention strategies:

- * Stress management classes for graduate students
- * Smoking prevention classes
- * Drug Abuse Resistance Education (DARE) programs

Participating on a disaster response team and volunteering for a suicide hotline are examples of secondary prevention. Providing case management for intellectually disabled teenagers is an example of tertiary prevention.

NEW QUESTION # 486

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