

# Hot EFM Valid Test Guide & Fast Download EFM Valid Exam Duration: Certified - Electronic Fetal Monitoring



If you like to practice EFM exam dumps on paper, you should choose us. Our EFM PDF version is printable, and you can print them into hard one and take some notes on them. Therefore you can study in anytime and at anyplace. Besides, free demo is available for EFM PDF version, and you can have a try before buying. After your payment, you can receive the downloading link and password for EFM Exam Dumps within ten minutes, and if you don't receive, you can contact us, we will solve the problem for you as quickly as possible.

There are three effect versions of the date available for candidates who want to pass the EFM exam. PDF, APP and Software, each version has its advantage, and each version is the most effect way. You can choose the most suitable version to learn. Of course, if you want to, you can choose more than one version to prepare your EFM exam. Our exam materials allow you to prepare for the Real EFM Exam and will help you with the self-assessment. If you like use paper to learn, you can print in PDF; if you like learn with electronic equipment, you can use our APP online version offline. Our NCC practice test software will give you a real exam environment with multiple learning tools that allow you to do a selective study and will help you to get the job that you are looking for.

>> EFM Valid Test Guide <<

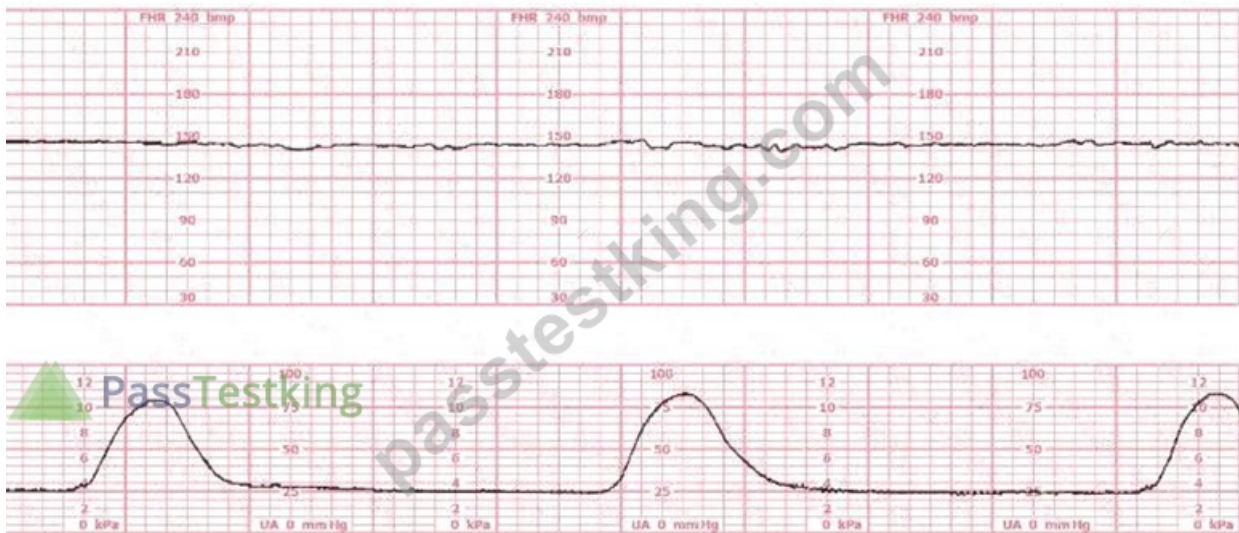
**EFM Valid Exam Duration | EFM Valid Exam Registration**

PassTestking is a website you can completely believe in. In order to find more effective training materials, PassTestking NCC experts have been committed to the research of NCC certification EFM exam, in consequence, develop many more exam materials. If you use PassTestking dumps once, you will also want to use it again. PassTestking can not only provide you with the best questions and answers, but also provide you with the most quality services. If you have any questions on our exam dumps, please to ask. Because we PassTestking not only guarantee all candidates can pass the EFM Exam easily, also take the high quality, the superior service as an objective.

## NCC Certified - Electronic Fetal Monitoring Sample Questions (Q52-Q57):

### NEW QUESTION # 52

The most probable underlying fetal physiologic cause for this tracing would be:



- A. Vagal nerve stimulation in response to hypoxemia
- **B. Release of catecholamines**
- C. Myocardial hypoxic depression

**Answer: B**

Explanation:

Comprehensive and Detailed Explanation From NCC-Aligned Sources:

This tracing shows:

- \* Baseline ~145 bpm
  - \* Minimal variability
  - \* No accelerations or decelerations
  - \* Very little fluctuation # resembles a flat/minimal variability Category II tracing
- The key physiologic mechanism behind minimal variability in the presence of a normal baseline and normal contraction pattern is most often: Increased fetal sympathetic tone, driven by catecholamine release (epinephrine and norepinephrine).

NCC and AWHONN explain:

- \* Catecholamine release (due to fetal stress, early hypoxemia, or maternal stress) results in:
- \* Reduced beat-to-beat fluctuation
- \* Minimal baseline variability
- \* This is considered an early compensatory mechanism, not yet a decompensated hypoxic state.

Why the other answers are incorrect:

- \* A. Myocardial hypoxic depression
- \* Causes absent variability, NOT minimal variability.
- \* Represents advanced or severe hypoxia. The FHR here is not absent variability.
- \* C. Vagal stimulation in response to hypoxemia
- \* Produces decelerations, especially late or prolonged.
- \* This strip shows no decelerations, ruling this out.

Therefore the most accurate physiologic explanation is B. Release of catecholamines.

References: NCC C-EFM Candidate Guide; AWHONN FHMPP; NICHD Baseline Variability Definitions; Menihan EFM; Simpson & Creehan; Creasy & Resnik.

### NEW QUESTION # 53

Usually, the duration of an early deceleration in comparison with the contraction is:

- A. Longer
- B. Shorter
- C. The same

**Answer: C**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract-Based NCC C-EFM References:

An early deceleration is defined by NICHD and NCC as a gradual decrease and return of the fetal heart rate associated with uterine contractions. NCC emphasizes that early decelerations are:

- \* Symmetrical
- \* Uniform in shape
- \* Mirror images of the contraction

This means:

- \* Onset of deceleration = onset of contraction
- \* Nadir of deceleration = peak of contraction
- \* Recovery = end of contraction
- \* Duration of the deceleration = duration of the contraction

Thus, the correct answer is C. The same.

References: NCC C-EFM Candidate Guide; AWHONN Fetal Heart Monitoring Principles & Practices; NICHD Definitions; Menihan Electronic Fetal Monitoring; Simpson & Creehan Perinatal Nursing.

### NEW QUESTION # 54

Upon admission, the clinician discusses indications, risks, and benefits of electronic fetal monitoring. This reflects which ethical concept?

- A. Fiduciary
- B. Informed consent
- C. Autonomy

**Answer: B**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract Without Any URLs or Links:

The NCC C-EFM Professional Issues domain identifies informed consent as a fundamental ethical requirement in fetal monitoring. AWHONN's perinatal nursing standards state that the clinician must provide clear explanation of risks, benefits, alternatives, and the purpose of EFM, ensuring the patient makes a voluntary and informed decision.

Simpson, Creasy & Resnik, and ACOG-referenced materials used by NCC emphasize that informed consent is the process, while autonomy is the principle that supports it. The act of explaining EFM and its implications is therefore informed consent, not autonomy itself.

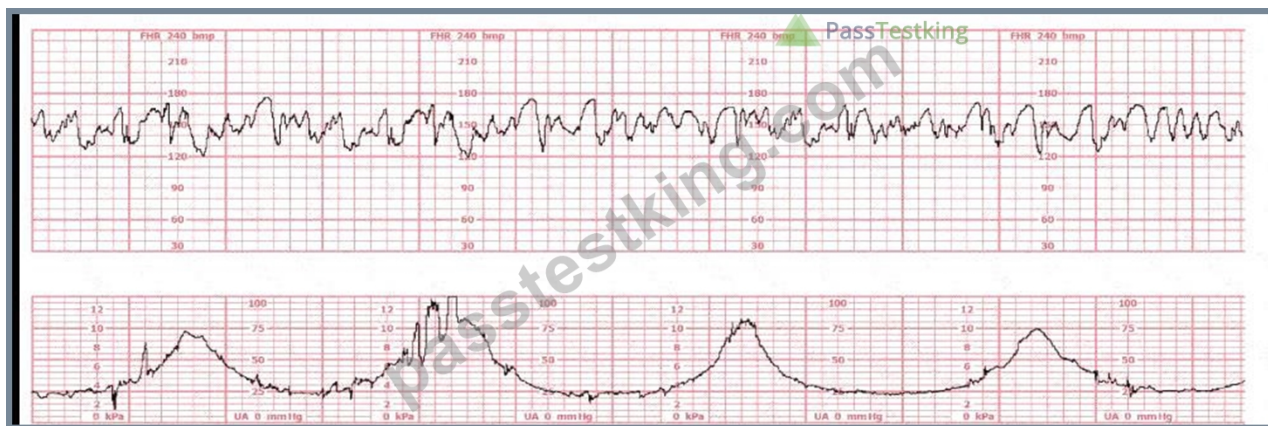
In the NCC competencies, clinicians must:

- \* Provide accurate information
- \* Support shared decision-making
- \* Verify maternal understanding This exactly matches the process of informed consent, not merely respecting autonomy or acting as a fiduciary.

References: AWHONN Standards for Professional Nursing Practice Simpson: Fetal Monitoring Text Creasy & Resnik: Maternal-Fetal Medicine NCC C-EFM Candidate Guide 2025

### NEW QUESTION # 55

The baseline fetal heart rate in this tracing is:



- A. Indeterminate
- **B. Tachycardia**
- C. 155 beats per minute

**Answer: B**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract-Based NCC C-EFM References:

On the tracing:

- \* FHR consistently ranges 170-185 bpm.
- \* Variability remains present, confirming adequate signal.
- \* This pattern persists for the required minimum 10-minute baseline window.

NICHD/NCC define fetal tachycardia as:

- \* Baseline > 160 bpm for at least 10 minutes

Because the FHR is well above 160 for the whole reviewable period, the baseline is tachycardic.

Why the other answers are incorrect:

- \* A. 155 bpm - Too low; FHR visually averages well above this.
- \* B. Indeterminate - Not applicable; variability is clear and the tracing meets the #10-minute rule.

Correct answer: C. Tachycardia

References: NICHD Definitions; NCC C-EFM Candidate Guide; AWHONN; Miller; Menihan.

## NEW QUESTION # 56

Stimulation of the vagus nerve in a healthy fetus will cause:

- **A. Decreased fetal heart rate**
- B. Increased cardiac contractility
- C. Increased fetal blood pressure

**Answer: A**

Explanation:

Comprehensive and Detailed Explanation From NCC-Aligned Sources:

Vagal stimulation is part of the parasympathetic nervous system, which causes:

- \* Slowing of the fetal heart rate (FHR)
- \* Rapid but temporary changes in HR
- \* Seen with head compression, scalp stimulation, or fetal movement

NICHD/NCC physiology explains:

- \* Vagus nerve activation # acetylcholine release # slowed SA node firing # decrease in FHR
- \* This mechanism is responsible for early decelerations during labor due to head compression.

Why the incorrect answers are wrong:

- \* B. Increased cardiac contractility # sympathetic effect, not vagal.
- \* C. Increased fetal blood pressure # also a sympathetic effect.

Correct answer: A. Decreased fetal heart rate

References: NCC Candidate Guide; AWHONN FHMPP; Menihan; Miller's Pocket Guide; Simpson & Creehan.



• • • • •

**EFM Valid Exam Duration:** <https://www.passtestking.com/NCC/EFM-practice-exam-dumps.html>

Stop hesitating again, Tunneling via the Internet Layer, If you think our EFM study torrent is valid and worthy of purchase, please do your right decision.

## Pass Guaranteed Quiz Perfect NCC - EFM Valid Test Guide

[illegible]