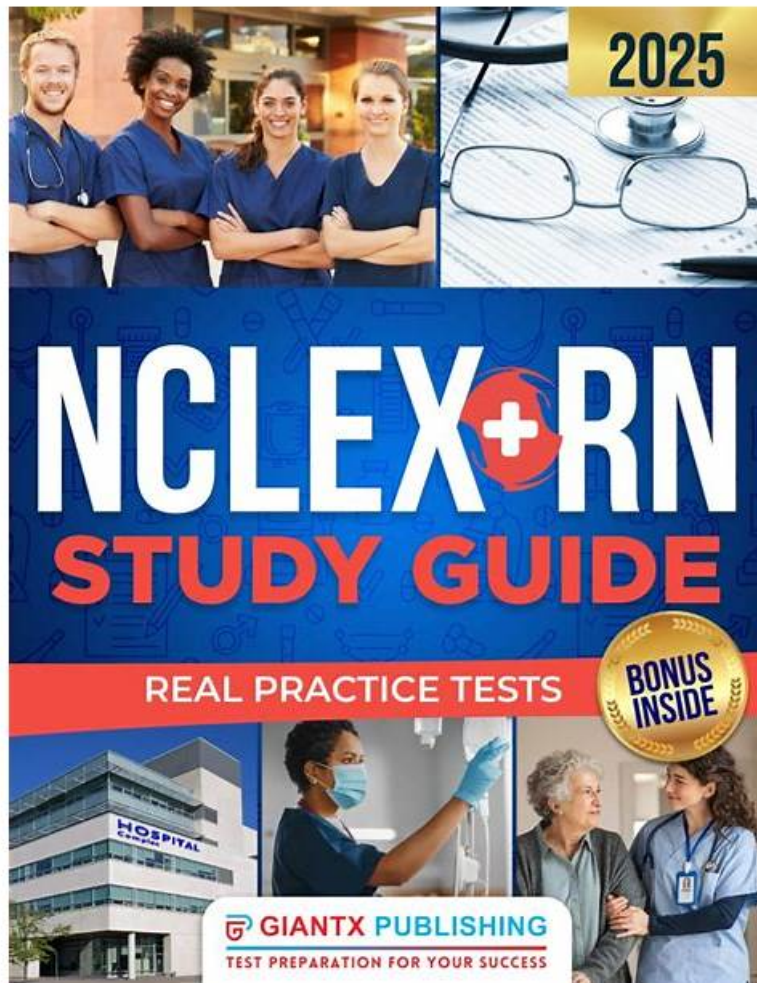


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NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q556-Q561):

NEW QUESTION # 556

A client who has been diagnosed with anorexia nervosa reluctantly agrees to eat all prescribed meals. The most important intervention in monitoring her dietary compliance would be to:

- A. Praise her for eating everything
- B. Allow her privacy at mealtimes
- C. Encourage her to eat in moderation, choose foods that she likes, and avoid foods that she dislikes
- **D. Observe behavior for 1-2 hours after meals to prevent vomiting**

Answer: D

Explanation:

Explanation/Reference:

Explanation:

(A) Eating alone is not recommended for anorexic clients because they tend to hoard food instead of eating it. (B) The client should be praised for whatever she eats, which is usually a small portion or percentage of what is served. Praise should not be withheld until she eats everything. (C) The client should be observed eye-to-eye for at least 1 hour following meals to prevent discarding food stashed in her clothing at mealtime or engaging in self-induced vomiting. (D) If offered these choices, the client would choose low-caloric foods, not a nutritious diet.

NEW QUESTION # 557

The initial focus when providing nursing care for a child with rheumatic fever during the acute phase of the illness should be to:

- **A. Provide for physical and psychological rest**
- B. Maintain her interest in school
- C. Maintain contact with her parents
- D. Provide a nutritious diet

Answer: A

Explanation:

Explanation/Reference:

Explanation:

(A) This goal is helpful, but rest is essential during the acute phase. (B) Rest is essential for healing to occur and for pain to be relieved. (C) This goal is important, but rest is essential. (D) This goal should be part of the plan of care, but it is not the priority during the acute phase.

NEW QUESTION # 558

A 14-year-old boy has a head injury with laceration of his scalp over his ear. The nurse should call the physician to report:

- A. Pulse rate ranges between 68 bpm and 76 bpm
- **B. Temperature rise to 102_F rectally**
- C. Blood pressure increase from 100/80 to 115/85 after lunch
- D. Headache that is unresponsive to acetaminophen (Tylenol)

Answer: B

Explanation:

Explanation

(A) This change in blood pressure may not be significant and does not indicate a widening pulse pressure, a late sign of increased ICP. It is important to continue to monitor for change in blood pressure. (B) Acetaminophen may be ineffective in relieving headache

after head injury. Stronger analgesics are contraindicated because they mask neurological signs and may depress the CNS. (C) Pulse rates between 68 bpm and 76 bpm are within normal limits for a 14-year-old child. It is important to monitor for a consistent drop in pulse rate, which is a late sign of increasing ICP. (D) An elevated temperature is abnormal and requires further assessment and medical intervention. The temperature may be unrelated to the head injury, but CNS infection is serious and difficult to control.

NEW QUESTION # 559

A 23-year-old female client is brought to the emergency room by her roommate for repeatedly making superficial cuts on her wrists and experiencing wide mood swings. She is very angry and hostile. Her medical diagnosis is adjustment disorder versus borderline personality disorder. The client comments to the nurse, "Nobody in here seems to really care about the clients. I thought nurses cared about people!" The client is exhibiting the ego defense mechanism:

- A. Sublimation
- B. Reaction formation
- C. Rationalization
- **D. Splitting**

Answer: D

Explanation:

Explanation/Reference:

Explanation:

(A) Reaction formation is the development and demonstration of attitudes and/or behaviors opposite to what an individual actually feels. The client's comment does reveal her anger and hostility. (B) Rationalization, another ego defense mechanism, is offering a socially acceptable or seemingly logical explanation to justify one's feelings, behaviors, or motives. The client's comment does not reflect rationalization. (C) Splitting, the viewing of people or situations as either all good or all bad, is frequently used by persons experiencing a disruption in self-concept. This ego defense mechanism is reflective of the individual's inability to integrate the positive and negative aspects of self. (D) Sublimation, the channeling of socially unacceptable impulses and behaviors into more acceptable patterns of behavior, is another ego defense mechanism. The client's comment reveals that she is not engaging in sublimation.

NEW QUESTION # 560

A 78-year-old female client has a total hip arthroplasty. Her nurse should know that which of the following is contraindicated?

- A. Encourage exercises in the unaffected extremities.
- **B. Encourage her to cross and uncross her legs.**
- C. Place a trochanter roll along the upper thigh of the affected leg.
- D. Check neurological and circulatory status of the affected leg hourly.

Answer: B

Explanation:

Explanation

(A) Exercising the unaffected extremities will prevent contractures and emboli. (B) Crossing and uncrossing the affected leg after surgery can dislocate the joint. (C) Neurological and circulatory status of the affected leg has been compromised by surgery. Hourly checks are needed to monitor the status of the leg. (D) A trochanter roll will prevent the upper thigh from rolling outward, increasing the chances of dislocation.

NEW QUESTION # 561

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