

Test CPRP Sample Online - Valid Dumps CPRP Files

CPRP Practice Test 2023 with Complete Questions and Answers (Verified Answers)

An athletic supervisor of a public park and recreation agency is designing an end of season softball tournament for their ten team softball league - ANSWER-?? not single elimination

Employees supervised by the parks and recreation professional are complaining that their annual evaluations are not fair and that they do not know what they should be accomplishing to receive better evaluations. Which of the following does the parks and recreation professionals need to work on to improve the situation - ANSWER-setting performance standards

During the last 2 years your recreation facility has experienced several violations. Which of the following would be the best strategy to address the problem? - ANSWER- Implement record keeping to track employees who require specialized training and develop compliance files for each applicable act of regulation.

You have been assigned as the agency liaison to the project team overseeing the construction of a new recreation center. As the project progresses the agency decides it wants to split half, dutch door for the entrance to the office. Which of the following procedures would you use to accomplish this? - ANSWER-A change code

Which of the following is the most appropriate method for collecting user input that can be generalized to the community as a whole - ANSWER-Needs assessment survey

Responsibility for the development of a checklist for assuring uniformity and thoroughness of facility opening and closing procedures typically lies with - ANSWER-Facility manager

Which of the following sampling techniques is conducted to ensure each and every program participant has an equal independent chance of being selected - ANSWER-Random

A document that contains a list of each part area, facility, and major pieces of equipment and its estimated cost minus any equipment trade-in is - ANSWER-?? not an agency's schedule of payments due during a fiscal year

Accurate and financial and usage record keeping of equipment and facility rentals provides the park and recreation agency with - ANSWER-??

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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none"> Supporting Health and Wellness: This final domain of the exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on promoting overall well-being alongside recovery. It includes supporting physical health, stress management, lifestyle improvement, and access to wellness resources to enhance long-term recovery outcomes.
Topic 2	<ul style="list-style-type: none"> Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.
Topic 3	<ul style="list-style-type: none"> Strategies for Supporting Recovery: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on implementing practical and evidence-based methods to promote recovery. It includes empowering clients, fostering motivation, teaching coping skills, and providing support that aligns with person-centered recovery principles.
Topic 4	<ul style="list-style-type: none"> Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.

Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q79-Q84):

NEW QUESTION # 79

An individual with a psychiatric disability tells her job coach that she has been written up for the third time for being late and is worried about losing her job. She is struggling to wake up on time due to medication side effects. The best course of action for the job coach is to:

- A. Discuss the option of requesting accommodations with her.
- B. Schedule transportation so she can be on time.
- C. Refer her to a work adjustment program to practice being on time.
- D. Help her explore alternative employment options.

Answer: A

Explanation:

This question aligns with Domain III: Community Integration, which focuses on supporting individuals to maintain employment through strategies like workplace accommodations. The CPRP Exam Blueprint emphasizes "assisting individuals to request reasonable accommodations to address disability-related barriers, such as medication side effects, to sustain community employment." The individual's lateness is due to medication side effects, and accommodations can address this barrier while preserving her job.

* Option D: Discussing the option of requesting accommodations (e.g., a later start time or flexible schedule) is the best course of action, as it directly addresses the medication side effects causing lateness. This approach, supported by laws like the Americans with Disabilities Act (ADA), empowers the individual to maintain her job while managing her disability, aligning with recovery-oriented employment support.

* Option A: Exploring alternative employment is premature and unnecessary, as accommodations may resolve the issue without requiring a job change, which could disrupt stability.

* Option B: A work adjustment program focuses on general work skills, not specific barriers like medication side effects, and may not address the immediate risk of job loss.

* Option C: Scheduling transportation does not address the root cause (difficulty waking up due to medication), making it an ineffective solution.

Extract from CPRP Exam Blueprint (Domain III: Community Integration):

"Tasks include: 2. Supporting individuals in maintaining employment through strategies like reasonable accommodations to address disability-related barriers. 3. Promoting self-advocacy in workplace settings."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 4 - Community Integration.

Bond, G. R., & Drake, R. E. (2015). Making the Case for IPS Supported Employment. Administration and Policy in Mental Health (emphasizes accommodations in employment).

NEW QUESTION # 80

Effective programmatic level strategies for addressing comorbidity include the integration of

- A. dual recovery and spiritual services.
- B. group social activities.
- C. alternative treatments.
- D. **mental and physical health services.**

Answer: D

Explanation:

Comorbidity, particularly the co-occurrence of mental health and physical health conditions, requires integrated service delivery to address complex needs effectively. The CPRP Exam Blueprint (Domain VI:

Systems Competencies) emphasizes the development of integrated service systems to address co-occurring disorders (Task VI.B.2: "Promote integration of mental health, physical health, and substance use services").

Option B (mental and physical health services) aligns with this, as integrating these services ensures holistic care, addressing both psychiatric symptoms and physical health issues (e.g., metabolic syndrome from antipsychotics) through coordinated care plans, shared records, and interdisciplinary collaboration.

Option A (alternative treatments) is vague and not a primary strategy for comorbidity, as it lacks specificity and evidence-based support. Option C (group social activities) supports wellness but does not directly address comorbidity's clinical needs. Option D (dual recovery and spiritual services) is relevant for substance use and mental health comorbidity but is narrower than Option B, which encompasses a broader range of physical health issues. The PRA Study Guide highlights integrated care models as best practice for comorbidity, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VI: Systems Competencies, Task VI.B.2.

PRA Study Guide (2024), Section on Integrated Care for Comorbidity.

CPRP Exam Preparation & Primer Online 2024, Module on Systems Competencies.

NEW QUESTION # 81

What are the components of a psychiatric rehabilitation diagnosis?

- A. **Resource assessment, functional assessment, and an overall rehabilitation goal**
- B. Readiness assessment, skill management, and resource evaluation
- C. Functional assessment, diagnostic assessment, and skill programming
- D. Social skill assessment, psychiatric diagnosis, and an overall rehabilitation goal

Answer: A

Explanation:

A psychiatric rehabilitation diagnosis focuses on identifying an individual's strengths, needs, and aspirations to guide recovery-oriented planning, distinct from a clinical diagnosis. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) outlines the components as a functional assessment (to identify strengths and deficits), a resource assessment (to evaluate available supports), and an overall rehabilitation goal (to set a person-centered objective) (Task IV.A.1: "Conduct functional assessments to identify individual goals and strengths" and Task IV.A.3: "Assess available resources to support goal attainment"). Option A (resource assessment, functional assessment, and an overall rehabilitation goal) aligns with this framework, capturing the holistic, recovery-focused approach of psychiatric rehabilitation.

Option B (social skill assessment, psychiatric diagnosis, rehabilitation goal) is incorrect, as psychiatric diagnosis is clinical and not part of rehabilitation diagnosis, and social skills are a subset of functional assessment. Option C (readiness assessment, skill management, resource evaluation) mixes assessment and intervention terms, missing the goal component. Option D (functional assessment, diagnostic assessment, skill programming) includes clinical diagnostic assessment, which is not relevant, and skill

programming is an intervention, not a diagnostic component. The PRA Study Guide details these components as essential for rehabilitation planning, supporting Option A.

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CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Tasks IV.A.1 and IV.A.3.

PRA Study Guide (2024), Section on Psychiatric Rehabilitation Diagnosis.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 82

Individuals who experience both substance abuse and psychiatric disabilities have difficulty engaging in supportive housing services due to

- A. negative mental health symptoms.
- B. preference for homelessness over receiving services.
- C. impairment of reasoning.
- D. past experience with restrictive settings.

Answer: D

Explanation:

Engaging individuals with co-occurring substance abuse and psychiatric disabilities in supportive housing requires addressing barriers rooted in their experiences. The CPRP Exam Blueprint (Domain III: Community Integration) highlights past experiences with restrictive or punitive settings (e.g., institutionalization or rigid programs) as a significant barrier to engaging in housing services (Task III.B.1: "Identify and address barriers to community participation"). Option C (past experience with restrictive settings) aligns with this, as individuals with co-occurring disorders often distrust or avoid structured services due to negative encounters with rules-heavy environments, which can feel controlling or stigmatizing.

Option A (preference for homelessness) oversimplifies complex motivations and is not a primary barrier.

Option B (impairment of reasoning) may contribute but is less specific than past experiences, which directly shape engagement attitudes. Option D (negative mental health symptoms) is a factor but secondary to experiential barriers like distrust from restrictive settings. The PRA Study Guide emphasizes addressing historical distrust to improve housing engagement, supporting Option C.

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CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.B.1.

PRA Study Guide (2024), Section on Barriers to Housing for Co-Occurring Disorders.

CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

NEW QUESTION # 83

An individual is hospitalized for psychiatric reasons and has asked staff to be able to engage in the ritual of smudging, which is the religious burning of herbs during treatment. She states that this would help with her recovery. The hospital administrator states there are rules against burning substances due to fire codes. When advocating for the individual's request, the practitioner should apply the following psychiatric rehabilitation principle.

- A. Interventions should be aligned with cultural practices.
- B. A strengths/wellness approach should be applied to all cultures.
- C. Solutions to problems should be sought with individuals, families, and their cultures.
- D. Positive cultural relations should be conveyed to the larger community.

Answer: C

Explanation:

Advocating for an individual's cultural and spiritual practices, such as smudging, requires interpersonal competencies that prioritize collaborative, culturally sensitive problem-solving. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes working with individuals and their cultural contexts to find solutions that respect their beliefs and needs (Task I.B.1: "Collaborate with individuals and their support systems to address barriers in a culturally competent manner"). Option B (solutions to problems should be sought with individuals, families, and their cultures) aligns with this by advocating for a collaborative approach to address the fire code barrier, such as exploring alternative ways to incorporate smudging (e.g., using smokeless methods) while respecting the individual's cultural practice.

Option A (positive cultural relations to the community) is unrelated to the immediate advocacy need within the hospital. Option C (strengths/wellness approach) is relevant but too broad, as it does not specifically address problem-solving for cultural practices. Option D (interventions aligned with cultural practices) is close but less precise, as it focuses on intervention design rather than collaborative problem-solving to overcome barriers. The PRA Study Guide highlights culturally collaborative advocacy as a key

principle, supporting Option B.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.B.1.

PRA Study Guide (2024), Section on Cultural Competence and Advocacy.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 84

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