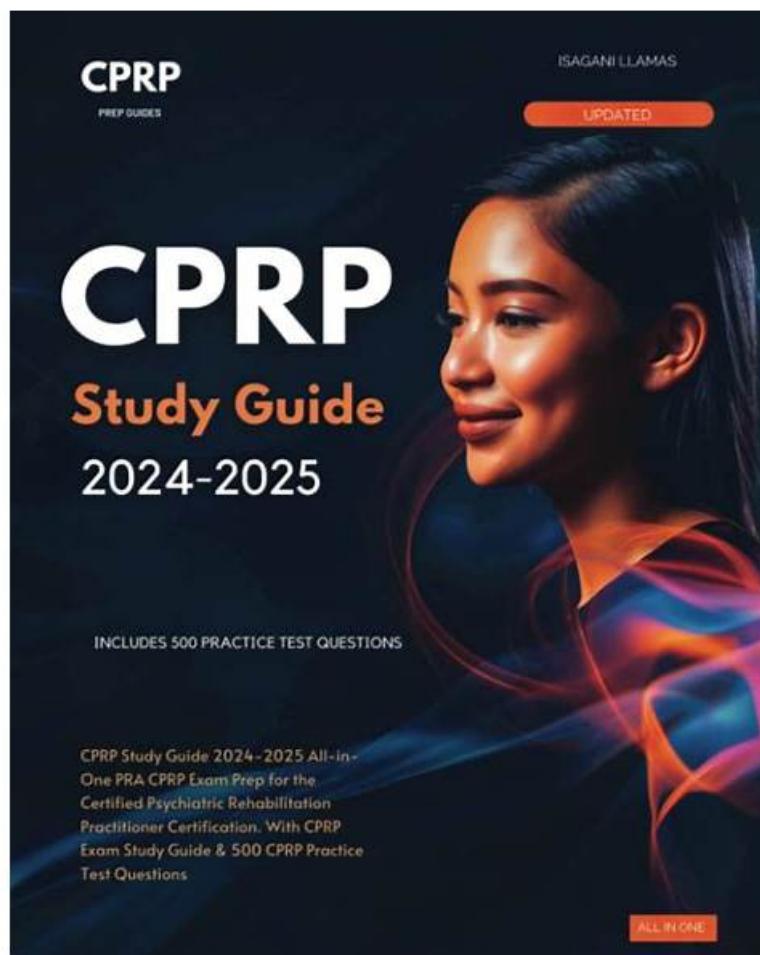


CPRP受験対策書 & CPRP復習内容



P.S.MogiExamがGoogle Driveで共有している無料の2026 Psychiatric Rehabilitation Association CPRPダンプ：<https://drive.google.com/open?id=1rUx-JM-dhgIHGO4nIHPxO8R0Zvuc3qqt>

IT職員のそれぞれは昇進または高給のために頑張っています。これも現代社会が圧力に満ちている一つの反映です。そのためにPsychiatric Rehabilitation AssociationのCPRP認定試験にかかる必要があります。適当なトレーニング資料を選んだらこの試験はそんなに難しくなくなります。MogiExamのPsychiatric Rehabilitation AssociationのCPRP「Certified Psychiatric Rehabilitation Practitioner」試験トレーニング資料は最高のトレーニング資料で、あなたの全てのニーズを満たすことができますから、速く行動しましょう。

怠け者の罰は自分の失敗だけでなく、他人の成功もあります。だから、あなたは自分自身をよりよくしたい場合、CPRP試験資料を買いましょう！CPRP認定試験資格証明書は権威的で、いい仕事を保障できます。CPRP試験資料を勉強し、簡単にCPRP試験に合格できます。

>> CPRP受験対策書 <<

Psychiatric Rehabilitation Association CPRP復習内容、CPRP日本語試験対策

MogiExamのCPRP問題集は的中率が高いですから、あなたが一回で試験に合格するのを助けることができます。これは多くの受験生たちによって証明されたことです。ですから、問題集の品質を心配しないでください。これは間違いなくあなたが一番信頼できるCPRP試験に関する資料です。まだそれを信じていないなら、すぐに自分で体験してください。そうすると、きっと私の言葉を信じるようになります。

Psychiatric Rehabilitation Association CPRP 認定試験の出題範囲：

トピック	出題範囲
トピック 1	<ul style="list-style-type: none"> Community Integration: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on assisting individuals in engaging with their communities. It covers supporting access to housing, employment, education, and social networks that foster independence and inclusion within community settings.
トピック 2	<ul style="list-style-type: none"> Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.
トピック 3	<ul style="list-style-type: none"> Supporting Health and Wellness: This final domain of the exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on promoting overall well-being alongside recovery. It includes supporting physical health, stress management, lifestyle improvement, and access to wellness resources to enhance long-term recovery outcomes.
トピック 4	<ul style="list-style-type: none"> Strategies for Supporting Recovery: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on implementing practical and evidence-based methods to promote recovery. It includes empowering clients, fostering motivation, teaching coping skills, and providing support that aligns with person-centered recovery principles.
トピック 5	<ul style="list-style-type: none"> Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.
トピック 6	<ul style="list-style-type: none"> Professional Role Competencies: This section evaluates the abilities of Rehabilitation Counselors and emphasizes professionalism, ethics, and accountability in practice. It addresses maintaining confidentiality, applying rehabilitation principles, collaborating with multidisciplinary teams, and demonstrating cultural competence and self-awareness.

Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner 認定 CPRP 試験問題 (Q59-Q64):

質問 #59

An individual with co-occurring substance abuse disorders comes into a program where he picks up his medication daily. The practitioner is aware that he had two beers earlier in the day and asks him to return the next day. The practitioner's actions demonstrate

- A. a failure to employ shared decision making.
- B. a lack of understanding of integrated treatment.**
- C. appropriate caution due to interaction of medication and substances.
- D. helping the person understand there are consequences to his actions.

正解: B

解説:

Managing co-occurring substance abuse and mental health disorders requires integrated treatment that addresses both conditions collaboratively and non-punitively. The CPRP Exam Blueprint (Domain VI:

Systems Competencies) emphasizes integrated dual diagnosis treatment (IDDT), which promotes harm reduction and shared decision-making rather than exclusionary practices (Task VI.B.2: "Promote integration of mental health, physical health, and substance use services"). Option C (a lack of understanding of integrated treatment) aligns with this, as the practitioner's decision to withhold medication due to alcohol consumption reflects a punitive approach, ignoring harm reduction principles and the need to maintain medication continuity for mental health stability, which is critical in co-occurring disorders.

Option A (failure to employ shared decision-making) is relevant but less specific, as the core issue is the lack of integrated treatment principles. Option B (consequences for actions) contradicts recovery-oriented, non-judgmental care. Option D (caution due to medication interactions) is plausible but incorrect, as the scenario does not indicate a specific interaction risk, and integrated

treatment prioritizes continuity over exclusion. The PRA Study Guide underscores integrated, harm reduction-based approaches for co-occurring disorders, supporting Option C.

CPRP Exam Blueprint (2014), Domain VI: Systems Competencies, Task VI.B.2.

PRA Study Guide (2024), Section on Integrated Treatment for Co-Occurring Disorders.

CPRP Exam Preparation & Primer Online 2024, Module on Systems Competencies.

質問 # 60

An individual with a psychiatric disability has been taking a psychotropic medication that has been effective in reducing the intensity of psychotic symptoms but has caused weight gain and high cholesterol. The individual expresses concern to his practitioner regarding his newly developed medical conditions but feels they are unavoidable. The practitioner's BEST response would be to

- A. express support of the individual's feelings about his medical conditions, but emphasize the positive changes in his mental health.
- B. remind the individual that he is not alone in dealing with declining physical health and inform him of the prevalence of the issue.
- C. provide education on metabolic syndrome and discuss how to talk about his concerns with his primary physician and psychiatrist.
- D. assist the individual in choosing between having a stable mental health status or a good physical health status.

正解: C

解説:

Supporting holistic health, particularly when addressing side effects of psychotropic medications, is a critical competency in psychiatric rehabilitation. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) emphasizes educating individuals about health conditions and facilitating communication with healthcare providers (Task VII.A.2: "Provide education on health conditions and treatment options"). Option A (provide education on metabolic syndrome and discuss how to talk about his concerns with his primary physician and psychiatrist) aligns with this task by empowering the individual with knowledge about metabolic syndrome-a common side effect of antipsychotics characterized by weight gain, high cholesterol, and increased diabetes risk-and supporting collaborative care with medical professionals to explore management options (e.g., lifestyle changes or medication adjustments).

Option B (choosing between mental and physical health) is inappropriate, as it presents a false dichotomy and contradicts recovery-oriented principles that integrate both mental and physical health (Domain V). Option C (emphasizing mental health over physical concerns) dismisses the individual's valid concerns, violating person-centered care principles (Domain I). Option D (highlighting prevalence) normalizes the issue but fails to provide actionable steps, unlike Option A. The PRA Study Guide underscores the importance of holistic health education and advocacy, reinforcing Option A.

CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.A.2.

PRA Study Guide (2024), Section on Physical Health and Medication Side Effects.

CPRP Exam Preparation & Primer Online 2024, Module on Supporting Health & Wellness.

質問 # 61

Identifying personal preferences and values is a part of assessing

- A. skill functioning.
- B. resource needs.
- C. mental health status.
- D. rehabilitation readiness.

正解: D

解説:

Assessing rehabilitation readiness involves understanding an individual's motivation, confidence, and personal drivers for pursuing recovery goals. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) includes identifying personal preferences and values as part of readiness assessment to determine an individual's preparedness for goal-setting (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting"). Option C (rehabilitation readiness) aligns with this, as preferences and values (e.g., what matters most to the individual, such as family or independence) inform their willingness and motivation to engage in rehabilitation activities.

Option A (resource needs) focuses on external supports, not personal values. Option B (mental health status) pertains to clinical

symptoms, not preferences or readiness. Option D (skill functioning) assesses abilities, not motivational factors like values. The PRA Study Guide emphasizes that understanding preferences and values is critical for assessing readiness, supporting Option C.

CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Rehabilitation Readiness Assessment.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

質問 #62

A practitioner is providing service to an individual who discusses experiences of repeated trauma. The practitioner would

- A. conduct a functional assessment.
- B. provide cognitive behavioral treatment.
- C. attend training in trauma-informed care.
- D. explore resources for trauma-specific care.

正解: D

解説:

When an individual discloses experiences of repeated trauma, practitioners must respond with interpersonal competencies that prioritize sensitivity, ethical practice, and appropriate referrals. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes identifying when specialized services are needed and connecting individuals to appropriate resources (Task I.C.2: "Identify and refer individuals to appropriate services based on their needs"). Option D (explore resources for trauma-specific care) aligns with this, as trauma-specific care (e.g., trauma-focused cognitive behavioral therapy or EMDR) requires specialized expertise, and the practitioner's role is to facilitate access to qualified professionals or programs tailored to trauma recovery.

Option A (provide cognitive behavioral treatment) is outside the scope of most psychiatric rehabilitation practitioners, who are not typically licensed to deliver specialized therapies. Option B (attend training in trauma-informed care) is valuable for professional development but does not directly address the individual's immediate need for trauma-specific intervention. Option C (conduct a functional assessment) may be part of planning but is not the most immediate response to trauma disclosures. The PRA Study Guide and Code of Ethics emphasize referring trauma-related issues to specialists, supporting Option D.

CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.C.2.

PRA Study Guide (2024), Section on Trauma-Informed Care and Referrals.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

質問 #63

Community integration facilitates opportunities for activities that are

- A. self-directed.
- B. group directed.
- C. peer led.
- D. staff led.

正解: A

解説:

Community integration aims to empower individuals with psychiatric disabilities to participate fully in community life through activities that reflect their choices and autonomy. The CPRP Exam Blueprint (Domain III: Community Integration) emphasizes supporting self-directed activities that align with individual meant by the individual's preferences (Task III.A.3: "Support individuals in pursuing self-directed community activities"). Option D (self-directed) aligns with this, as community integration facilitates opportunities for activities chosen by the individual such as employment, volunteering, or hobbies that promote independence and meaningful community roles.

Option A (peer led) is relevant for peer support but narrower, as not all community activities are peer-led.

Option B (staff led) contradicts the recovery-oriented focus on autonomy, as staff-led activities are more program-based. Option C (group directed) is less precise, as group activities may not always reflect individual choice. The PRA Study Guide highlights self-directed activities as the hallmark of community integration, supporting Option D.

CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.A.3.

PRA Study Guide (2024), Section on Self-Directed Community Participation.

CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

質問 #64

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