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## College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q646-Q651):

### NEW QUESTION # 646

During which phase of the therapeutic relationship would you anticipate patient resistance and regression?

- A. Termination
- B. Introduction
- C. Working
- D. Orientation

**Answer: A**

Explanation:

There are three phases of a therapeutic relationship between a nurse practitioner and his or her patient:

1. Introduction
2. Working
3. Termination

During the termination phase, the patient may be resistant to ending the relationship and begin to regress. Some symptoms or problems may re-emerge as the patient unconsciously tries to prolong the relationship.

### NEW QUESTION # 647

Eating disorders are characterized by which features?

- A. Disordered patterns of eating accompanied by hypomania, disparagement, preoccupation, and a distorted perception of one's body shape
- B. Disordered patterns of eating accompanied by distress, disparagement, preoccupation, and a healthy perception of one's body shape
- C. Disordered patterns of eating accompanied by distress, elatedness, preoccupation, and a distorted perception of one's body shape
- D. Disordered patterns of eating accompanied by distress, disparagement, preoccupation, and a distorted perception of one's body shape

**Answer: D**

Explanation:

Eating disorders are characterized by disordered patterns of eating accompanied by distress, disparagement, preoccupation, and a distorted perception of one's body shape.

Hypomania, elatedness, and a healthy perception of body shape are opposites of eating disorder attributes.

### NEW QUESTION # 648

Medicare Part B provides coverage for which four cancer screenings?

- A. Skin, lung, breast, and liver
- B. Prostate, breast, lung, and liver
- C. Breast, cervical, skin, and colorectal
- D. Prostate, breast, cervical, and colorectal

**Answer: D**

Explanation:

Correct answer: Prostate, breast, cervical, and colorectal

Medicare Part B provides coverage for ambulatory practitioner services and physical, occupational, and speech therapy. It also covers medical equipment, diagnostic tests, and some preventative care. Covered preventative services include the following:

- \* Pap smears
- \* Mammography
- \* Screening for colorectal cancer

- \* Screening for prostate cancer
- \* Screening for cardiovascular disease
- \* Screening for diabetes
- \* Glaucoma screening
- \* Influenza vaccinations
- \* Pneumonia vaccinations

**NEW QUESTION # 649**

A psychiatric mental health nurse practitioner is evaluating a patient who has been admitted to the hospital due to suicidal ideation. Which of the following criteria must be met for involuntary commitment to be considered in this situation?

- A. The patient is experiencing severe depression
- B. The patient has a history of substance abuse
- C. The patient has attempted suicide in the past
- **D. The patient is unwilling to receive treatment voluntarily**

**Answer: D**

Explanation:

Involuntary commitment is a legal process that involves admitting a person to a mental health facility against their will. The criteria for involuntary commitment can vary depending on the state or jurisdiction but typically involve the following requirements or conditions:

- \* The person is deemed a danger to themselves or others due to a mental illness.
- \* The person is unwilling to receive treatment voluntarily.
- \* The person is unable to provide for their basic needs.

**NEW QUESTION # 650**

A 58-year-old man is being seen for persistent apathy and memory problems. "I think I'm losing my mind. I can't remember anything, my brain's fuzzy, and my arms and legs are tingling. I even quit drinking. I quit overnight." The physical exam reveals dry, peeling skin and a thick, reddened tongue.

Which vitamin deficiency is possible due to this patient's long-term use of alcohol and current symptoms?

- A. Vitamin D
- B. Vitamin C
- **C. Thiamine**
- D. Vitamin B12

**Answer: C**

Explanation:

Wernicke-Korsakoff syndrome is a brain disorder that can be caused by hyperthyroidism or long-term alcohol use. Both conditions create a lack of thiamine. Initial symptoms of Wernicke-Korsakoff are confusion, a reddened tongue, and numbness and tingling of the extremities, particularly when an individual stops drinking.

Vitamins C, B12, and D do not cause these symptoms.

**NEW QUESTION # 651**

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