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EMT Final Exam Questions And Answers

Latest Update 2023/2024

833 - Your 36 y/o pt is unresponsive upon attempting to insert an OPA, the patient gags. You should A. Insert a nasal airway
B. Suction the oropharynx
C. Reattempt using a smaller oral adjunct
D. Insert a dual lumen airway
(ANS- A. Insert a nasal airway)

903 - After air passes through the vocal cords during inhalation, which structure does it reach next?
A. Trachea
B. Epiglottis
C. Alveolus
D. Bronchus
(ANS- A. Trachea)

906 - You are ventilating an apneic asthmatic pt with a BVM. The patient has inadequate chest rise. You should
A. Decrease the rate of ventilations to 10/min
B. Use an O2 powered ventilation device
C. Increase the forcefulness of ventilations
D. Increase the rate of ventilations to 20/min
(ANS- A. Decrease the rate of ventilations to 10/min)

909 - A 72 y/o female pt is unresponsive following an ejection from a MVC, she has an open jaw fracture and a dilated right pupil. What is the best way to open this pt's airway
A. Insert an OPA
B. Perform a modified head tilt chin lift
C. Insert a NPA
D. Perform jaw thrust
(ANS- C. Insert a NPA)

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Test Prep EMT Exam Introduction

The National Register Emergency Medical Technician (EMT) cognitive test is a computer adaptive test (CAT). This means that each candidate is evaluated based on the position of the responses on a spectrum. Once a candidate gets the correct answers, the computer will automatically enter more difficult questions to continue testing the candidate's skill level. The number of items a candidate can expect from the EMT exam will be between 70 and 120. Each exam will have between 60 and 110 "live" elements that will be counted towards the final score. The exam will also include 10 pilot questions that do not affect the final score. The maximum time allowed to complete the exam is 2 hours. To pass the exam, candidates must meet a standard skill level. The standard of success is defined by the ability to provide safe and effective entry-level emergency medical care.

NREMT Emergency Medical Technicians Exam Sample Questions (Q128-Q133):

NEW QUESTION # 128

Which of the following actions are steps for inserting a nasopharyngeal airway? Select the two answer options that are correct.

- A. Insert the bevel away from the septum.
- B. Measure from the corner of the mouth to the tip of the ear.
- C. Place the device in the larger nostril.
- D. Follow the base of the tongue during insertion.
- E. Lubricate the distal tip.

Answer: C,E

Explanation:

The correct answers are D. Place the device in the larger nostril and E. Lubricate the distal tip.

Proper insertion of a nasopharyngeal airway (NPA) follows specific steps outlined in NREMT-aligned airway management guidelines.

Correct Steps:

1. Choose the larger nostril (D):

- * The NPA should be inserted into the nostril with better airflow (larger nostril) to reduce resistance and trauma.
- * This improves ease of insertion and patient comfort.

2. Lubricate the distal tip (E):

- * The airway must be lubricated with a water-soluble lubricant before insertion.
- * This minimizes friction and reduces the risk of nasal mucosal injury or bleeding.

NREMT-aligned references state:

- * "Insert the NPA into the larger nostril when possible."
- * "Lubricate the airway prior to insertion."

Why the other options are incorrect:

- * A. Measure from the corner of the mouth to the tip of the ear # Incorrect
- * This measurement is used for an oropharyngeal airway (OPA), not an NPA.
- * NPA is measured from nose to earlobe.
- * B. Follow the base of the tongue during insertion # Incorrect
- * This applies to OPA insertion, not NPA.
- * NPA is inserted along the floor of the nasal passage.
- * C. Insert the bevel away from the septum # Incorrect
- * The bevel should face toward the septum (medially), not away.

Exact Extracts (NREMT-aligned EMT educational references):

- * "Measure NPA from the nostril to the earlobe."
- * "Lubricate the airway before insertion."
- * "Insert into the larger nostril if possible."
- * "Advance gently along the nasal floor."

Clinical Priority Summary:

Correct NPA insertion requires proper nostril selection and lubrication, making D and E the correct answers.

References:

NEW QUESTION # 129

When using the SALT method for triage, which of the following interventions should the EMT perform during the individual assessment step?

- A. Bleeding control, opening the airway, and administering two rescue breaths for pediatric patients
- B. Insertion of airway adjuncts, bleeding control, and moving patients to the triage area
- C. Completing first responder scorecards to track patients
- **D. Assessing respirations, administering two rescue breaths, and assessing patient mentation**

Answer: D

Explanation:

SALT (Sort, Assess, Lifesaving interventions, Treatment/Transport) is a mass casualty triage method recommended by the CDC and the National Association of EMS Physicians (NAEMSP). During the "Assess

" step, responders:

Check respirations

Provide lifesaving interventions such as rescue breaths if the patient is not breathing but has a pulse Evaluate mentation (e.g., ability to follow commands) Airway adjuncts and full transport do not happen at this stage. Scorecards and pediatric-specific modifications are addressed later in the protocol.

References:

NREMT EMS Operations - Mass Casualty and Triage Guidelines

CDC SALT Mass Casualty Triage Guidelines

National EMS Education Standards - Disaster Response

NEW QUESTION # 130

A 38-year-old patient is dyspneic and has facial swelling after eating at a restaurant. What should the EMT do first?

- A. Obtain a set of vital signs
- B. Initiate rapid transport
- **C. Administer epinephrine**
- D. Provide oxygen

Answer: C

Explanation:

The correct answer is C. Administer epinephrine.

This patient is presenting with classic signs of anaphylaxis, a life-threatening allergic reaction:

- * Dyspnea (respiratory distress)
- * Facial swelling (angioedema)
- * Recent exposure to a likely allergen (food)

Why C is correct (Epinephrine):

Epinephrine is the first-line, life-saving treatment for anaphylaxis. It works by:

- * Dilating bronchioles (improving breathing)
- * Constricting blood vessels (improving blood pressure)
- * Reducing airway swelling

NREMT-aligned guidelines state:

- * "Administer epinephrine immediately in patients with signs of anaphylaxis."
- * "Do not delay epinephrine administration in life-threatening allergic reactions." Why the other options are incorrect:
- * A. Provide oxygen: Important, but not the priority over epinephrine in anaphylaxis.
- * B. Initiate rapid transport: Necessary, but after immediate life-saving intervention.
- * D. Obtain vital signs: Should not delay treatment in a critical patient.

Key Concept:

- * In anaphylaxis, epinephrine is the first and most critical intervention.
- * Delays in administration significantly increase mortality risk.

Exact Extracts:

- * "Epinephrine is the drug of choice for anaphylaxis."
- * "Immediate administration is critical in respiratory distress with allergic reactions."
- * "Airway swelling and bronchoconstriction must be rapidly treated."

References:

NREMT EMT Education Standards - Medical Emergencies (Allergic Reactions) NREMT National Continued Competency Program (NCCP) - Medical Emergencies Prehospital Emergency Care (EMT) - Allergic Reactions and Anaphylaxis

NEW QUESTION # 131

Following insertion of an oropharyngeal airway in an unresponsive 1-year-old male, he develops cyanosis and bradycardia. You should

- A. Increase the ventilation rate to 40-60
- **B. Remove the airway and ventilate him**
- C. Continue ventilation with the airway in place
- D. Start CPR if his heart rate falls below 100

Answer: B

Explanation:

In infants, improper insertion of an OPA (oropharyngeal airway) can stimulate the vagus nerve, leading to bradycardia or even complete airway obstruction. If cyanosis and bradycardia develop after OPA insertion, immediate removal and resumption of ventilations with a bag-valve mask is critical.

The OPA must be properly sized and inserted only in patients without a gag reflex. Ventilations alone often reverse vagally induced bradycardia.

References:

NREMT Psychomotor Skills - Pediatric Airway
American Heart Association PALS Provider Manual (2020)
Brady Emergency Care (13th ed.) - Pediatric Airway Management

NEW QUESTION # 132

When using the SALT method for triage, which of the following interventions should the EMT perform during the individual assessment step?

- A. Bleeding control, opening the airway, and administering two rescue breaths for pediatric patients
- B. Insertion of airway adjuncts, bleeding control, and moving patients to the triage area
- C. Completing first responder scorecards to track patients
- **D. Assessing respirations, administering two rescue breaths, and assessing patient mentation**

Answer: D

Explanation:

SALT (Sort, Assess, Lifesaving interventions, Treatment/Transport) is a mass casualty triage method recommended by the CDC and the National Association of EMS Physicians (NAEMSP). During the "Assess

" step, responders:

- * Check respirations
- * Provide lifesaving interventions such as rescue breaths if the patient is not breathing but has a pulse
- * Evaluate mentation (e.g., ability to follow commands)

Airway adjuncts and full transport do not happen at this stage. Scorecards and pediatric-specific modifications are addressed later in the protocol.

References:

NREMT EMS Operations - Mass Casualty and Triage Guidelines
CDC SALT Mass Casualty Triage Guidelines
National EMS Education Standards - Disaster Response

NEW QUESTION # 133

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