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Preparing for Associate Certified Coach (ICF-ACC) exam can be a challenging task, especially when you're already juggling multiple responsibilities. People who don't study with updated ICF ICF-ACC practice questions fail the test and lose their resources. If you don't want to end up in this unfortunate situation, you must prepare with actual and Updated ICF-ACC Dumps of TorrentExam. At TorrentExam, we believe that one size does not fit all when it comes to ICF ICF-ACC exam preparation. Our team of experts has years of experience in providing ICF ICF-ACC exam preparation materials that help you reach your full potential.

ICF Associate Certified Coach Sample Questions (Q58-Q63):

NEW QUESTION # 58

Nearing the end of a session, your client is still not quite sure what to do about a specific situation. You have the feeling that a similar

experience that you have had in the past might be useful for the client. The worst response is:

- A. Share your story and list the possible options your client can try.
- B. Share with the client that you have had a similar experience and enquire if the client would like to hear and see if anything in there may or may not be useful.
- **C. Tell the client that you have had a similar experience and you know exactly what they should do.**
- D. Ask the client if you can tell them a story, and then ask them to share what is relevant in the story.

Answer: C

Explanation:

Option A is the worst as it imposes the coach's solution, contradicting Competency 2.2 (partnership) and Competency 8.3 (client autonomy). It breaches Ethics Section 2.2 (avoiding bias) and the ICF Definition of Coaching by shifting to a directive stance.

Option B and C are less intrusive but still assume relevance. Option D (best, see Question 9) respects the client. A most severely undermines the coaching process by prioritizing the coach's agenda.

References: ICF Core Competencies (2.2, 8.3); ICF Code of Ethics (2.2); ICF Definition of Coaching.

NEW QUESTION # 59

What is the best action to take when a client says they are not satisfied with the coach and wants to end the coaching relationship'?

- A. Try conducting the next coaching session in a new location
- B. Suggest trying new coaching methods until they find one that works
- **C. Recommend another coach that better aligns with the client's needs**
- D. Encourage the client to continue through this difficult process

Answer: C

NEW QUESTION # 60

During the coaching session, a client has a new and very clear insight about the way that they have been treating a colleague. The best response is:

- A. Tell them that the way they have been treating the colleague is unacceptable, and they need to change if they want to be a better person.
- B. Ask them how they would feel if they were the colleague being treated in this way.
- C. Suggest that this insight could be very useful in changing the client's behavior toward the colleague.
- **D. Ask the client how this new insight could impact his/her behavior towards the colleague.**

Answer: D

Explanation:

Comprehensive and Detailed Explanation:

Option C aligns with ICF Core Competency 8, "Facilitates Client Growth" (8.1 - Works with the client to integrate new awareness into behaviors), by encouraging the client to explore the practical implications of their insight. This fosters autonomy (Competency 8.3) and partnership (Competency 2.2), while respecting the client's experience per Ethics Section 1.1.

Option A judges the client, violating Competency 4.1 (non-judgmental stance) and Ethics Section 2.2 (avoiding bias). Option B shifts focus to empathy, which may be useful but doesn't directly integrate the insight (Competency 8.1). Option D suggests rather than partners, missing full collaboration. C best supports client-led growth.

NEW QUESTION # 61

Which best reflects a plan of action that is likely to be successful?

- A. Try as hard as they can to become a top executive
- B. Take longer lunch breaks when they have the time
- C. Put more effort into their work so the boss is impressed
- **D. Complete a report two weeks ahead of schedule**

Answer: D

Explanation:

ICF Competency 8 ("Facilitates Client Growth") emphasizes creating actionable, specific, and measurable plans to support client success. A successful action plan aligns with the client's goals and is realistic and time-bound (ICF Definition of Coaching). Let's evaluate:

- A . Try as hard as they can to become a top executive: This is vague, lacks specificity, and isn't time-bound, making success hard to measure or achieve (Competency 8).
 - B . Complete a report two weeks ahead of schedule: This is specific, measurable, achievable, and time-bound, reflecting an effective action plan per ICF standards for facilitating growth.
 - C . Take longer lunch breaks when they have the time: This lacks purpose or alignment with professional goals and isn't a clear plan for success (ICF Code of Ethics, Section 1).
 - D . Put more effort into their work so the boss is impressed: This is vague and subjective, missing the clarity and structure ICF action plans require.
- Option B best reflects a successful plan, per ICF's focus on actionable outcomes.

NEW QUESTION # 62

Your client shares that finally, after many months, they are making progress in an area that has been difficult for them. The best response is:

- A. Listen to the client share, and after a few wows, reflect back to the client some of the path they have walked over the past few months, sharing what you respect and admire in the client.
- B. Ask the client why they did not make this progress sooner, as they had a good plan in place, and should've resolved the issue already.
- C. Slam the desk, shouting "YES YES YES" and fist pump the air in celebration of your client and your good work.
- D. Remind the client that this change has come only because of the coaching and the help that the coach has been giving.

Answer: A

Explanation:

Comprehensive and Detailed Explanation:

Option D aligns with Competency 6, "Listens Actively" (6.1 - Reflects client's experience), and Competency 4.1 (creates a safe, supportive environment), by honoring the client's journey and reinforcing their agency. It adheres to Ethics Section 1.1 (respecting client achievements) and avoids taking credit, per Ethics Section 2.2.

Option A may overwhelm or shift focus to the coach. Option B criticizes, undermining trust (Competency 4.1). Option C claims credit, violating Competency 2.2 (partnership). D best celebrates the client's progress collaboratively.

NEW QUESTION # 63

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