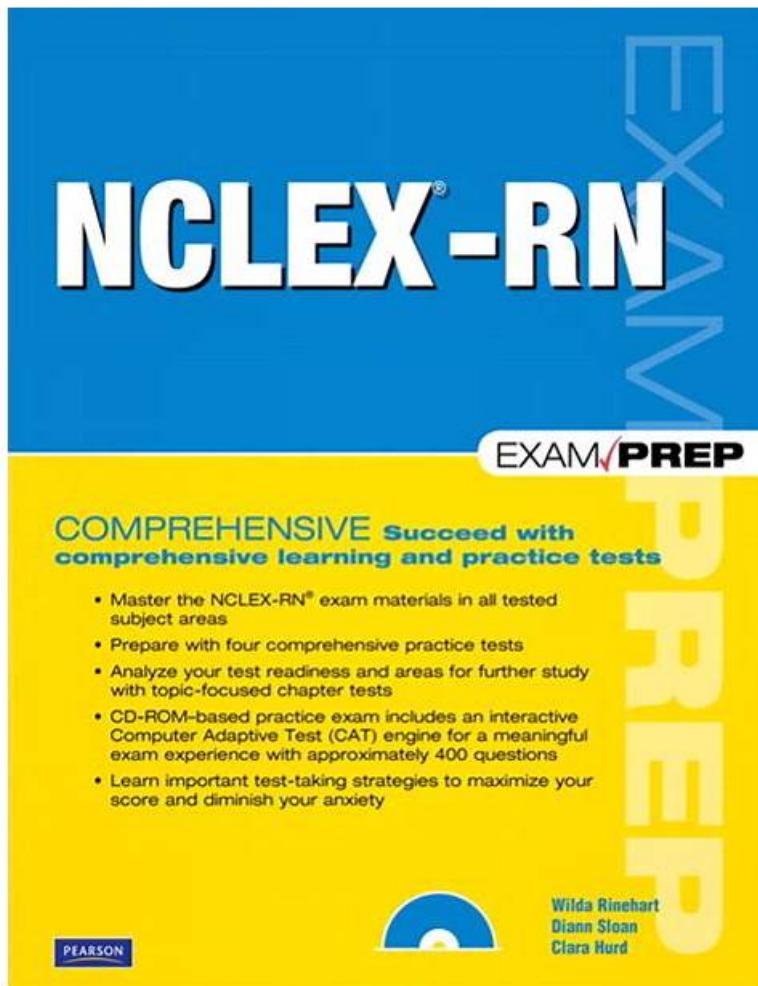


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NCLEX NCLEX-RN Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">• Health Promotion and Maintenance: This section of the exam measures skills of Clinical Nurse Educators and covers strategies to support wellness and prevent disease. It includes client education across age groups, prenatal and postnatal care, and community health promotion. Nurses are tested on performing screenings, recognizing risk factors, and adapting education based on learning needs and readiness.

Topic 2	<ul style="list-style-type: none"> Safe and Effective Care Environment: This section of the exam measures skills of Registered Nurses and covers how to manage client care while maintaining a safe and effective healthcare environment. It includes Management of Care, which assesses coordination with interdisciplinary teams, delegation, legal responsibilities, and resource utilization. It also includes Safety and Infection Control, focusing on minimizing risk to clients and staff through infection prevention, safe equipment use, emergency procedures, and addressing environmental hazards.
Topic 3	<ul style="list-style-type: none"> Psychosocial Integrity: This section of the exam measures skills of Mental Health Nurses and covers emotional, mental, and social well-being. It includes assessing psychological needs, substance use, abuse, grief, and coping challenges. The nurse must use therapeutic communication, recognize psychosocial stressors, and support clients with behavioral disorders while maintaining cultural sensitivity.
Topic 4	<ul style="list-style-type: none"> Physiological Integrity: This section of the exam measures skills of Acute Care Nurses and focuses on maintaining physical health through four subdomains. Basic Care and Comfort assesses support with daily living tasks and comfort measures. Pharmacological and Parenteral Therapies covers safe medication administration and client monitoring. Reduction of Risk Potential evaluates the ability to detect and prevent complications. Physiological Adaptation tests management of clients with acute, chronic, or life-threatening health conditions using clinical interventions.

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As is known to us, the leading status of the knowledge-based economy has been established progressively. It is more and more important for us to keep pace with the changeable world and improve ourselves for the beautiful life. So the NCLEX-RN certification has also become more and more important for all people. Because a lot of people long to improve themselves and get the decent job. In this circumstance, more and more people will ponder the question how to get the NCLEX-RN Certification successfully in a short time.

NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q625-Q630):

NEW QUESTION # 625

A 23-year-old female client is brought to the emergency room by her roommate for repeatedly making superficial cuts on her wrists and experiencing wide mood swings. She is very angry and hostile. Her medical diagnosis is adjustment disorder versus borderline personality disorder. The client comments to the nurse, "Nobody in here seems to really care about the clients. I thought nurses cared about people!" The client is exhibiting the ego defense mechanism:

- A. Rationalization
- B. Reaction formation
- C. Sublimation
- D. **Splitting**

Answer: D

Explanation:

(A) Reaction formation is the development and demonstration of attitudes and/or behaviors opposite to what an individual actually feels. The client's comment does reveal her anger and hostility. (B) Rationalization, another ego defense mechanism, is offering a socially acceptable or seemingly logical explanation to justify one's feelings, behaviors, or motives. The client's comment does not reflect rationalization. (C) Splitting, the viewing of people or situations as either all good or all bad, is frequently used by persons experiencing a disruption in self-concept. This ego defense mechanism is reflective of the individual's inability to integrate the positive and negative aspects of self. (D) Sublimation, the channeling of socially unacceptable impulses and behaviors into more acceptable patterns of behavior, is another ego defense mechanism. The client's comment reveals that she is not engaging in sublimation.

NEW QUESTION # 626

A 42-year-old male client has been treated at an alcoholic rehabilitation center for physiological alcohol dependence. The nurse will be able to determine that he is preparing for discharge and is effectively coping with his problem when he shares with her the following information:

- A. "I really wasn't addicted to alcohol when I came here, I just needed some help dealing with my divorce."
- B. "It really wasn't my fault that I had to come here. If my wife hadn't left, I wouldn't have needed those drinks."
- C. "I know that I can only drink one or two drinks at social gatherings in the future, but at least I don't have to continue AA."
- D. **"I know that I will not ever be able to socially drink alcohol again and will need the support of the AA group."**

Answer: D

Explanation:

Section: Questions Set F

Explanation

Explanation:

(A) The client has insight into the severity of his alcohol addiction and has chosen one of the most effective treatment strategies to support him - Alcoholics Anonymous. (B) The client is still using denial and is not dealing with his alcohol addiction. (C) The client is exhibiting denial about his alcohol addiction and projecting blame on his divorce. (D) The client is projecting blame onto his wife for being in the hospital while still denying his alcohol addiction.

NEW QUESTION # 627

The nurse would teach a male client ways to minimize the risk of infection after eye surgery. Which of the following indicates the client needs further teaching?

- A. **"I will wear an eye patch for the first 3 postoperative days."**
- B. "I will wear sunglasses when going outside."
- C. "I will wash my hands before instilling eye medications."
- D. "I will maintain the sterility of the eye medications."

Answer: A

Explanation:

Explanation

(A) Hand washing would be an important action designed to prevent transmission of pathogens from the hands to the eye. (B) Wearing sunglasses when going outside will prevent airborne pathogens from entering the eye.

(C) Eye patches are most frequently ordered to be worn while the client sleeps or naps, not constantly for this length of time. (D) Eye medications are sterile; clients need to be taught how to maintain this sterility.

NEW QUESTION # 628

The FHR pattern in a laboring client begins to show early decelerations. The nurse would best respond by:

- A. Changing the client to the left lateral position
- B. **Continuing to monitor the FHR closely**
- C. Notifying the physician
- D. Administering O₂ at 8 L/min via face mask

Answer: B

Explanation:

(A) Early decelerations are reassuring and do not warrant notification of the physician. (B) Because early decelerations is a reassuring pattern, it would not be necessary to change the client's position. (C) Early decelerations warrant the continuation of close FHR monitoring to distinguish them from more ominous signs. (D) O₂ is not warranted in this situation, but it is warranted in situations involving variable and/or late decelerations.

NEW QUESTION # 629

Following her surgery, a 5-year-old child will return to the pediatric unit with a long-arm cast. She experienced a supracondylar fracture of the humerus near the elbow. Which nursing action is most essential during the first

24 hours after surgery and cast application?

- A. Discharge teaching
- B. Pain management
- C. **Assessment of neurovascular status**
- D. Mobilization of the child

Answer: C

Explanation:

Explanation
(A) Mobilization is important but not absolutely essential. (B) Discharge teaching should be initiated prior to surgery as well as during the postoperative period. (C) Assessment and management of pain are necessary and high in priority. (D) Neurovascular status of the extremity is of primary importance. The risk of circulatory impairment exists with any cast application. This type of fracture is common in children. A high incidence of neurovascular complications exists with fractures near the elbow.

NEW QUESTION # 630

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