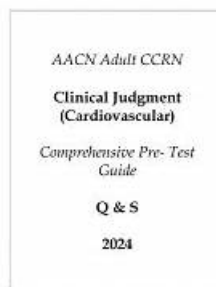


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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 2	<ul style="list-style-type: none">The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.

Topic 3	<ul style="list-style-type: none"> • CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.
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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q695-Q700):

NEW QUESTION # 695

Which of the following interventions is KEY for a patient who is experiencing a transfusion related acute lung injury (TRALI)?

- A. Administer antihistamines and steroids
- **B. Aggressive respiratory support**
- C. Administer antipyretics
- D. Begin dialysis

Answer: B

Explanation:

TRALI is a serious and potentially fatal complication of blood product transfusion in which a patient develops rapid onset lung injury and noncardiogenic pulmonary edema, generally within 6 hours of the transfusion, due to activation of immune cells in the lungs. Once the blood transfusion has been discontinued, the patient should undergo aggressive respiratory support, including mechanical intubation and ventilation if necessary.

Dialysis may be indicated, but the priority is respiratory support, which is critical for this patient.

Antipyretics are indicated in the diagnosis of an acute febrile reaction from a blood transfusion, not TRALI. Antihistamines and steroids are indicated if the patient experiences an acute allergic reaction.

NEW QUESTION # 696

Of the following, the MOST common cause of Disseminated Intravascular Coagulation (DIC) is:

- **A. sepsis**
- B. carcinoma
- C. surgery
- D. obstetric complications

Answer: A

Explanation:

Disseminated Intravascular Coagulation (DIC) is a complex, diffuse response to systemic activation of the coagulation system. It is triggered by disease states or conditions systemically activating the coagulation system, resulting in the formation of micro-clots.

These micro-clots obstruct the capillaries of organs and tissues, which initiates a series of events which result in both bleeding and thrombosis. It most commonly occurs in critically ill patients acutely due to sepsis, but can also occur in chronic forms with cancer. It can additionally be seen with traumatic injury and extensive surgery, and in obstetrical states such as eclampsia and preeclampsia, amniotic fluid embolism, and abortion.

NEW QUESTION # 697

The spouse of a critically ill patient is indecisive, withdrawn, and tells the nurse, "I feel so helpless." Appropriate nursing interventions include

- A. encouraging other family members to make necessary decisions.
- **B. identifying and reinforcing the spouse's support systems.**
- C. providing reassurance that visiting is not always necessary.
- D. offering solutions to problems identified by the spouse.

Answer: B

Explanation:

When dealing with a spouse who feels helpless, the most effective nursing intervention is to identify and reinforce their support systems. This helps the spouse feel less isolated and more empowered. Offering solutions to problems, encouraging other family members to make decisions, or providing reassurance that visiting is not necessary do not directly address the spouse's feelings of helplessness and may even contribute to feelings of exclusion or inadequacy. References: = CCRN Exam Handbook, AACN Adult CCRN Certification Review Course

NEW QUESTION # 698

Who is Post-Intensive Care Syndrome (PICS) MOST LIKELY to affect?

- **A. Survivors and patients' families**
- B. Survivors and nursing staff
- C. Survivors
- D. Nursing staff

Answer: A

Explanation:

Post-Intensive Care Syndrome (PICS) is a type of Post-Traumatic Stress Disorder (PTSD) that occurs following hospitalization in an intensive care unit. This syndrome can affect both patients who survive their hospitalization and the families of those who were hospitalized, regardless of whether they survived or not. While PTSD may affect nursing staff, PICS, specifically, is related to the time being hospitalized and does not affect nursing staff.

NEW QUESTION # 699

Which of the following Arterial Blood Gas (ABG) results would be expected in the initial stages of an acute asthma attack?

- A. pH: 7.25, PaCO₂: 26, PaO₂ 95, HCO₃: 19
- **B. pH: 7.50, PaCO₂: 33, PaO₂: 75, HCO₃: 25**
- C. pH: 7.30, PaCO₂: 54, PaO₂: 50, HCO₃: 28
- D. pH: 7.40, PaCO₂: 60, PaO₂: 70, HCO₃: 33

Answer: B

Explanation:

Initial Arterial Blood Gas (ABG) findings will likely reveal a respiratory alkalosis, in which pH is above 7.45 and PaCO₂ is below 35 mm Hg. In addition, mild to moderate hypoxia is present, as the patient is hyperventilating and not effectively oxygenating due to uncontrolled airway inflammation. If left untreated, findings may progress to metabolic acidosis (pH less than 7.35 and PaCO₂ greater than 50) as the body "tires out" from breathing too hard for too long.

NEW QUESTION # 700

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