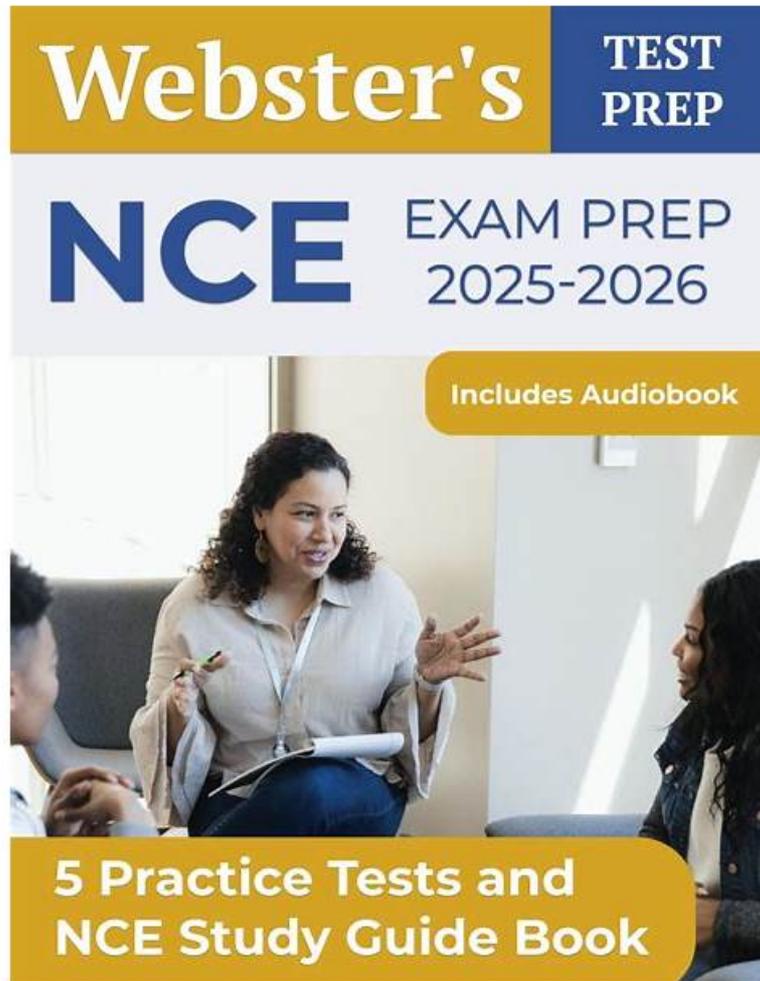


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NBCC National Counselor Examination Sample Questions (Q49-Q54):

NEW QUESTION # 49

Which of the following correlation coefficients represents a complete lack of linear relationship?

- A. Unable to determine
- **B. 0**
- C. +1.00
- D. #1.00

Answer: B

Explanation:

Counselors using assessments must understand basic statistics, including correlation, to interpret test data appropriately. A correlation coefficient (r) ranges from -1.00 to $+1.00$ and reflects the strength and direction of a linear relationship between two variables.

* A correlation of 0 (option A) indicates no linear relationship between the variables-knowing one gives no information about predicting the other in a straight-line fashion.

* -1.00 (B) indicates a perfect negative linear relationship: as one variable increases, the other decreases in a perfectly predictable way.

* $+1.00$ (C) indicates a perfect positive linear relationship: as one variable increases, the other also increases in a perfectly predictable way.

* Unable to determine (D) is incorrect because the coefficient itself does provide this information.

Therefore, 0 represents a complete lack of linear relationship, making A the correct answer.

NEW QUESTION # 50

Which is a primary feature of feminist counseling modalities?

- A. They have been contraindicated for use in couples and family counseling.
- **B. Action is oriented to changing systemic threats to the wellness of the client.**
- C. Their roots lie in the development of solution-focused brief therapy (SFBT).
- D. Practitioners must have moved beyond an androgynous gender role for their effective use.

Answer: B

Explanation:

Feminist counseling approaches highlight the impact of power, social roles, and systemic oppression on client wellness. These modalities place strong emphasis on social justice, advocacy, and empowerment, and they often extend beyond individual intrapsychic change to include action aimed at transforming oppressive systems that affect the client's life.

Option A captures this core feature: feminist counseling actively orients intervention toward changing systemic threats (such as sexism, racism, heterosexism, and other forms of oppression) that harm the client's mental health and overall well-being. This is consistent with counselor work behaviors that stress advocacy, attention to sociocultural context, and the integration of interventions that promote equity and client empowerment.

Why the other options are incorrect:

* B. SFBT roots: Feminist therapy developed from feminist movements and critical perspectives on traditional psychotherapy, not from solution-focused brief therapy.

* C. Contraindicated for couples and families: Feminist approaches are frequently applied to couples and family counseling, especially to examine power imbalances and gendered expectations.

* D. Androgynous gender role requirement: While feminist therapy may explore gender roles and encourage flexibility, it does not require practitioners to "move beyond an androgynous gender role" as a precondition for effective practice.

This aligns with NBCC Counselor Work Behavior Areas, which include using counseling models that acknowledge social, cultural, and systemic influences and incorporating advocacy and systemic change into interventions when appropriate.

NEW QUESTION # 51

What diagnostic criteria would a counselor consider while assessing the severity of intellectual disability of a seven-year-old client?

- A. Genetic factors
- B. Agitation
- C. Pressured speech

- **D. Concept formation**

Answer: D

Explanation:

When assessing intellectual disability, severity is determined primarily by adaptive functioning, particularly in conceptual, social, and practical domains, rather than by etiology or isolated mental status features. For a seven-year-old, the counselor would consider how the child:

- * Understands and uses concepts (e.g., time, quantity, basic academic skills).
- * Solves problems and learns new information appropriate to their developmental level.

Option D. Concept formation aligns with this focus on conceptual functioning, which is central to determining the severity of intellectual disability.

* A. Pressured speech and B. Agitation are more associated with mood or anxiety disorders (e.g., mania, acute distress) rather than severity of intellectual disability.

* C. Genetic factors may help explain the cause of the disability but do not determine its severity.

The NBCC Counselor Work Behavior Areas emphasize accurate use of diagnostic criteria and understanding that severity ratings for intellectual disability are based on everyday functioning in key domains, not just on symptoms or etiology.

NEW QUESTION # 52

What is the appropriate emphasis in career counseling with persons who are vocationally immature?

- **A. Provide occupational information.**
- B. Identify occupational choices.
- C. Evaluate past career-related decisions.
- D. Establish long-term goals.

Answer: A

Explanation:

When clients are described as vocationally immature, they typically lack sufficient awareness of the world of work, have limited understanding of career options, and often have not yet developed realistic views of themselves in relation to occupations. Within the NBCC Counselor Work Behavior Areas, career-focused practice emphasizes meeting clients where they are developmentally and supplying the foundational information and experiences needed before moving into more advanced planning tasks.

For vocationally immature clients, the appropriate emphasis is on providing occupational information- helping them learn about different types of work, training requirements, work environments, typical duties, earnings, and opportunities for advancement. This information reduces confusion, increases readiness for decision-making, and supports later steps like goal setting and occupational choice, making Option B correct.

* Option A (Identify occupational choices) is premature if the client does not yet understand the range of possibilities.

* Option C (Evaluate past career-related decisions) is not central when the person has made few or no meaningful career decisions.

* Option D (Establish long-term goals) is also a later-stage task; vocationally immature clients often struggle with long-range planning until they have more information and self-understanding.

NBCC work expectations related to clinical focus in career counseling stress using developmentally appropriate interventions- building awareness and knowledge first, then progressing toward decision-making and long-term planning.

NEW QUESTION # 53

Which of the following would be the most appropriate approach for the counselor to use to help the client clarify vague descriptions of depression and existential concerns?

- A. Challenge the client to establish a structure with which the client can organize life values.
- B. Generate and discuss possible antecedents of depression for the client to consider and evaluate.
- C. Confront the client's inconsistency between feelings of depression and lack of explanation of those feelings.
- **D. Use active-listening skills to help the client to be more competent in describing the problem.**

Answer: D

Explanation:

When a client presents vague descriptions of depression and existential concerns, the first task is to clarify and deepen understanding of the client's experience. The counselor should use core counseling micro-skills, especially:

- * Attentive listening
- * Reflections of feeling and content
- * Clarification
- * Summarizing

These are all part of active listening, which helps the client find words for internal experiences and feel safe enough to explore more deeply. That is why Option B is the best answer.

Why the other options are less appropriate at this stage:

- * A. Challenge the client to establish a structure for organizing life values. This is more advanced, existential/values work that may be appropriate later, but it is premature when the client's descriptions are still vague and unclear.
 - * C. Generate and discuss possible antecedents of depression. This leans toward a cognitive-behavioral analysis (triggers, thoughts, behaviors). It can be helpful eventually, but it risks imposing explanations before the client has fully expressed and clarified their internal world.
 - * D. Confront inconsistency between feeling depressed and lack of explanation. Confrontation here can feel invalidating or shaming ("you can't explain it, so something is wrong with your story"), and it may shut down rather than open up exploration.
- The NBCC Counselor Work Behavior Areas emphasize that effective counselors rely first on empathic, active listening and clarification to understand the client's subjective experience before moving to more structured or challenging intervention

NEW QUESTION # 54

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