

NCE-ABE Exam Answers - NCE-ABE Exam Assessment

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NCE Exam (Assessment) Questions And Answers | Latest 2025 | Guaranteed Pass

Assessment - Answer✓ Refers to the systematic process of gathering and documenting information regarding a client's knowledge, skills, attitudes, and/or beliefs.

Evaluative procedures used in counseling: - Answer✓-Clinical interviewing: Structured, semi-structured, unstructured

-Informal assessment: Observation of behavior, rating scales, classification techniques, records, personal documents

-Personality assessment: Standardized tests (e.g., MMPI), projective tests (e.g., TAT), interest inventories (e.g., Strong interest inventory)

-Ability assessment: Achievement tests (e.g., WRAT), aptitude tests (e.g., SAT), intelligence tests (e.g., WISC)

Jean Esquirol - Answer✓ Used language development to identify varying levels of intelligence. His work is considered a forerunner of verbal IQ. He is credited with recognizing that mental retardation was related to developmental deficiencies rather than mental illness.

Edouard Seguin - Answer✓ Developed the form board, which improved the motor skills of individuals with mental retardation. The form board is considered a predecessor to performance IQ testing.

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NBCC National Counselor Examination Sample Questions (Q90-Q95):

NEW QUESTION # 90

A counselor who believes that most thoughts and behaviors are learned and subject to change, and that the procedures employed with a client can be specifically designed to help the individual in solving a particular problem, has which theoretical orientation?

- A. Trait-and-factor counseling
- B. Person-centered counseling
- C. Existential counseling
- D. Cognitive behavioral counseling

Answer: D

Explanation:

Within the CACREP core area Counseling and Helping Relationships, counselors are expected to understand major counseling theories, including cognitive-behavioral approaches. Cognitive-behavioral counseling is based on the assumption that thoughts and behaviors are learned and therefore can be changed through structured interventions. It is:

- * Problem-focused and goal-oriented
- * Time-limited and highly structured
- * Emphasizes specific techniques that directly target the client's presenting issue. This matches the description in the question: the counselor believes (1) most thoughts and behaviors are learned and changeable, and (2) specific procedures can be designed to help solve a particular problem.
- * Existential counseling (B) focuses on meaning, freedom, choice, and responsibility, not mainly on learned behaviors and structured techniques.
- * Person-centered counseling (C) emphasizes unconditional positive regard, empathy, and congruence, with a non-directive stance rather than specifically designed problem-solving procedures.
- * Trait-and-factor counseling (D) is associated with career counseling, focusing on matching traits to occupational factors, not on changing learned thoughts and behaviors.

Thus, the orientation described is cognitive behavioral counseling (A).

NEW QUESTION # 91

Which Holland personality type should be assigned to a person who enjoys engaging in verbal persuasion to gain power and social status?

- A. Realistic
- B. Social
- C. Enterprising
- D. Conventional

Answer: C

Explanation:

Holland's theory of vocational personalities describes the Enterprising type as someone who enjoys leading, persuading, selling, influencing others, and seeking status or power. These individuals often gravitate toward roles involving management, politics, sales, or entrepreneurship.

Option A (Enterprising) matches the description of a person who enjoys verbal persuasion to gain power and social status.

- * Realistic (B) types prefer hands-on, practical activities.
- * Conventional (C) types prefer structured, orderly, detail-oriented tasks.
- * Social (D) types enjoy helping, teaching, and supporting others more than seeking power or status.

Understanding Holland's types is part of career and vocational conceptualization, which falls under Areas of Clinical Focus in the NBCC Counselor Work Behavior Areas.

NEW QUESTION # 92

Attention-deficit/hyperactivity disorder can be characterized as predominately hyperactive/impulsive, combined, or which other presentation?

- A. Disorganized
- B. Interpersonal
- C. Aggressive
- D. Inattentive

Answer: D

Explanation:

Within the Assessment and Testing core area, counselors are expected to know the basic diagnostic classification of common disorders, including ADHD, as described in widely used diagnostic systems.

ADHD is described as having three primary presentations:

- * Predominantly inattentive
- * Predominantly hyperactive/impulsive
- * Combined presentation

The inattentive presentation is characterized by symptoms such as difficulty sustaining attention, being easily distracted, forgetfulness, and problems with organization. "Aggressive," "disorganized," and "interpersonal" are not formal diagnostic presentations of ADHD. Therefore, the correct answer is C. Inattentive.

NEW QUESTION # 93

What is a characteristic of a group-centered leader?

- A. Being pessimistic about human nature
- B. Seeing people as basically positive in their intentions
- C. Seeing people as reactive to their environments
- D. Being focused on redirecting negative impulses

Answer: B

Explanation:

In the Group Counseling and Group Work core area, CACREP includes knowledge of group leadership styles, including approaches grounded in person-centered (client-centered / group-centered) theory.

A group-centered leader, drawing from person-centered principles, typically:

- * Holds a positive view of human nature,
- * Believes members have an innate tendency toward growth and self-actualization,
- * Trusts that, given the right conditions (empathy, genuineness, unconditional positive regard), people will move in constructive directions.

This matches D: seeing people as basically positive in their intentions.

Why the others are not best:

- * A (pessimistic about human nature): More consistent with some strictly psychoanalytic or control- oriented approaches, not group-centered leadership.
- * B (seeing people as reactive to their environments): Sounds more like behavioral or social learning perspectives, not specifically group-centered.
- * C (focused on redirecting negative impulses): Implies a directive, control-focused stance, rather than the non-directive, facilitative stance of a group-centered leader.

Therefore, the characteristic that best fits a group-centered leader is D. Seeing people as basically positive in their intentions.

NEW QUESTION # 94

A counselor conducting group counseling for retired persons should

- A. Increase use of purpose-specific, structured group activities
- B. Avoid use of pre-group screening interviews to select group members
- C. Focus on personal reminiscences by group members
- D. Focus on development of new, humanistic interpersonal coping skills

Answer: C

Explanation:

With retired and older adults, group counseling often benefits from life review and reminiscence, where members share and process past experiences, roles, accomplishments, regrets, and transitions. This helps with identity integration, meaning-making, grief, and adjustment to retirement, so a primary focus on personal reminiscences is particularly appropriate. Thus, Option D is correct.

* Option A (more structured activities) can be useful, but structure alone is not the central developmental task for retired individuals; the question asks what the counselor should do, pointing to primary focus, not just a technique.

* Option B is contrary to good practice: pre-group screening is recommended for most counseling groups, including those with older adults, to ensure appropriate membership and fit.

* Option C (developing new humanistic coping skills) is not wrong in spirit, but it is overly vague and does not highlight the unique value of life review and reminiscence in later-life group counseling.

NBCC Counselor Work Behavior Areas emphasize that effective group interventions are adapted to the developmental stage and life tasks of the population served. For retired persons, structured reminiscence and life review are evidence-based, developmentally appropriate group foci.

NEW QUESTION # 95

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