

# VMA問題例、VMAトレーニング資料

## プッシング訓練

- ① 壁や机、椅子の座面を押しながら力を入れる。
- ② 「エイッ」「ヤッ」など声を出す。

目安

1セット×5回



ちなみに、CertShiken VMAの一部をクラウドストレージからダウンロードできます：<https://drive.google.com/open?id=1y00Z4-6UmbPM4yHLwMeAllnlwZuHJTS>

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>>VMA問題例<<

## VMAトレーニング資料、VMA問題集

お客様のさまざまなニーズにお応えするために、VMA試験資料の3つのバージョンを作成しました。もちろん、VMA試験資料の3つのバージョンの内容はまったく同じです。あなたが好きなバージョンを選択できます。VMA試験資料の3つのバージョンの違いがわからない場合は、弊社にご連絡いただきます。また、あなたは弊社のウェブサイト上でVMA試験資料のデモを無料でダウンロードできます。

## SAVE International Value Methodology Associate 認定 VMA 試験問題 (Q42-Q47):

### 質問 # 42

Which is the correct order of steps involved in risk management?

- A. Risk Management Planning, Risk Analysis, Risk Identification, Risk Response Planning, Risk Monitoring and Control
- B. Risk Identification, Risk Management Planning, Risk Analysis, Risk Response Planning, Risk Monitoring and Control
- C. Risk Management Planning, Risk Identification, Risk Response Planning, Risk Analysis, Risk Monitoring and Control

- D. Risk Management Planning, Risk Identification, Risk Analysis, Risk Response Planning, Risk Monitoring and Control

正解: D

解説:

Risk management is a critical aspect of Implementation Planning in Value Methodology (VM), ensuring that VM proposals are feasible and sustainable, as taught in the VMF 1 course (Core Competency #8: Implementation Planning).

According to SAVE International's Value Methodology Standard, risk management in the context of VM follows a standard process aligned with project management best practices, such as those in the Project Management Institute (PMI) framework, which VM adopts for implementation.

The correct order of steps in risk management is:

- \* Risk Management Planning: Define how risks will be managed, including methodologies, roles, and tools.
- \* Risk Identification: Identify potential risks that could impact the VM study or its implementation (e.g., cost overruns, delays).
- \* Risk Analysis: Analyze the likelihood and impact of identified risks (qualitative and quantitative analysis).
- \* Risk Response Planning: Develop strategies to mitigate, avoid, transfer, or accept risks.
- \* Risk Monitoring and Control: Monitor risks throughout implementation and control them as needed.

The VMF 1 course emphasizes this sequence in the Development and Presentation Phases, where risks associated with VM proposals are assessed and mitigated to ensure successful implementation. This order ensures a systematic approach, starting with planning, followed by identification and analysis, then response planning, and finally monitoring.

\* Option A (Risk Management Planning, Risk Analysis, Risk Identification, Risk Response Planning, Risk Monitoring and Control) is incorrect because Risk Identification must precede Risk Analysis- you cannot analyze risks before identifying them.

\* Option B (Risk Identification, Risk Management Planning, Risk Analysis, Risk Response Planning, Risk Monitoring and Control) is incorrect because Risk Management Planning must come first to establish the framework for the process.

\* Option C (Risk Management Planning, Risk Identification, Risk Analysis, Risk Response Planning, Risk Monitoring and Control) is correct, as it follows the standard risk management process.

\* Option D (Risk Management Planning, Risk Identification, Risk Response Planning, Risk Analysis, Risk Monitoring and Control) is incorrect because Risk Analysis must precede Risk Response Planning to inform the response strategies.

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SAVE International, VMF 1 Core Competency #8 (Implementation Planning), which includes risk management as part of developing and implementing VM proposals.

SAVE International, "Value Methodology Standard," section on implementation, referencing risk management steps aligned with project management standards (e.g., PMI's PMBOK).

#### 質問 # 43

In SWOT analysis:

- A. Threats and strengths are harmful attributes.
- B. Strengths and opportunities are internal attributes.
- C. Strengths and weaknesses are helpful attributes.
- D. Opportunities and threats are external attributes.

正解: D

解説:

SWOT analysis (Strengths, Weaknesses, Opportunities, Threats) is a tool sometimes used in Value Methodology, particularly during the Information Phase or Evaluation Phase, to assess the context of a project or product, as taught in the VMF 1 course (Core Competency #3: Value Methodology Job Plan). According to SAVE International's Value Methodology Standard, "SWOT analysis evaluates internal and external factors:

Strengths and Weaknesses are internal attributes of the system or organization, while Opportunities and Threats are external attributes from the environment."

- \* Strengths: Internal, helpful attributes (e.g., strong design team).
- \* Weaknesses: Internal, harmful attributes (e.g., high production costs).
- \* Opportunities: External, helpful attributes (e.g., market demand).
- \* Threats: External, harmful attributes (e.g., regulatory changes).

This framework helps the VM team identify factors that could impact the study's success, such as external opportunities to leverage or threats to mitigate.

\* Option A (Strengths and opportunities are internal attributes) is incorrect because opportunities are external, not internal.

\* Option B (Threats and strengths are harmful attributes) is incorrect because strengths are helpful, not harmful.

\* Option C (Strengths and weaknesses are helpful attributes) is incorrect because weaknesses are harmful, not helpful.

\* Option D (Opportunities and threats are external attributes) is correct, as both are external factors in SWOT analysis.

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SAVE International, VMF 1 Core Competency #3 (Value Methodology Job Plan), noting the use of SWOT analysis to assess internal and external factors.

SAVE International, "Value Methodology Standard," section on analytical tools, defining SWOT analysis and its categories.

#### 質問 # 44

Which of the following is a basic function of a bicycle?

- A. Transport Mass
- **B. Provide Transportation**
- C. Move People
- D. Transport Goods

正解: B

解説:

Function Analysis in Value Methodology involves identifying and classifying functions using verb-noun combinations, as taught in the VMF 1 course (Core Competency #2). The basic function of an item is its primary purpose-what it must do to fulfill its intended use. For a bicycle, the basic function is the most general and essential action it performs. According to SAVE International's Value Methodology Standard, functions should be defined in broad, measurable terms (e.g., verb-noun format) to capture the core purpose.

The basic function of a bicycle is to "provide transportation," as this encompasses its primary role of enabling movement for people or goods.

\* Option A (Transport Mass) is incorrect because "mass" is too vague and not specific to the bicycle's purpose; it could apply to any object being moved.

\* Option B (Move People) is incorrect because, while a bicycle often moves people, this is a secondary function-bicycles can also transport goods (e.g., in cargo bikes), so it's not the most fundamental function.

\* Option C (Provide Transportation) is correct because it captures the bicycle's primary purpose in the broadest sense, covering both people and goods, aligning with VM's focus on defining basic functions at a high level.

\* Option D (Transport Goods) is incorrect because transporting goods is a specific use case, not the bicycle's primary function, which is broader.

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SAVE International, VMF 1 Core Competency #2 (Function Analysis), which includes defining basic functions using verb-noun combinations.

SAVE International, "Value Methodology Standard," section on Function Analysis, emphasizing the identification of basic functions as the core purpose of an item.

#### 質問 # 45

Which of the following best describes a VM study?

- A. An analysis of a completed project design by a VM team
- B. A workshop that applies the VM facilitated by a CVS
- C. An improvement process similar to Lean Six Sigma
- **D. A structured effort by a multidisciplinary team using the VM**

正解: D

解説:

A Value Methodology (VM) study is a core concept in the VMF 1 course (Core Competency #1: Value Methodology Overview). According to SAVE International's Value Methodology Standard, a VM study is defined as "a structured effort by a multidisciplinary team using the Value Methodology to identify the functions of a project or process, establish a worth for each function, and develop alternatives to achieve those functions at the lowest overall cost while maintaining performance." This definition emphasizes the structured nature of the VM Job Plan, the use of a multidisciplinary team (as noted in Question 24), and the focus on improving value through systematic analysis. This aligns with the description in Question 4, where a VM study was described as a structured effort using the VM process, but here the emphasis on a multidisciplinary team is key.

\* Option A (An analysis of a completed project design by a VM team) is incorrect because VM studies are not limited to completed designs; they can be applied at any stage of the project lifecycle, with the greatest impact early on (as noted in Questions 21 and 25).

\* Option B (An improvement process similar to Lean Six Sigma) is incorrect because, while VM shares goals with Lean Six Sigma

(e.g., improving efficiency), it is a distinct methodology focused on function analysis and value optimization, not process variation reduction.

\* Option C (A workshop that applies the VM facilitated by a CVS) is incorrect because, while VM studies are often conducted as workshops and may be facilitated by a Certified Value Specialist (CVS), a CVS is not required (as clarified in Question 4), and "workshop" is too narrow a description for a VM study.

\* Option D (A structured effort by a multidisciplinary team using the VM) is correct, as it best captures the essence of a VM study per SAVE International's definition, emphasizing the structured process and multidisciplinary team.

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SAVE International, "Value Methodology Standard and Body of Knowledge," available at <https://www.value-eng.org>, defining a VM study as a structured effort by a multidisciplinary team.

SAVE International, VMF 1 Core Competency #1 (Value Methodology Overview), emphasizing the structured, team-based nature of VM studies (consistent with Question 4).

#### 質問 # 46

What is the correct sequence of the last four phases of the Value Methodology Job Plan?

- A. Evaluation, Development, Presentation, and Implementation
- B. Development, Presentation, Evaluation, and Implementation
- C. Development, Evaluation, Presentation, and Implementation
- D. Evaluation, Development, Implementation, and Presentation

正解: A

#### 質問 # 47

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VMAトレーニング資料: <https://www.certshiken.com/VMA-shiken.html>

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これでもう俺だけのものだ、ってやってればいいじゃないですか だけど絵も描けなVMAくなる、私たちの唯一の目的は、あなたが簡単に試験に合格させることです、我々社はValue Methodology Associate勉強資料をリリースされる以来、たくさんの好評を博しました。

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