

PMHN-BC基礎問題集、PMHN-BC関連日本語内容

PMHN-BC Pharmacology Test Questions With Complete Solution

- What class of drugs is atropine in? - Answer Anticholinergic
- What class of drugs is cogentin (benztropine mesylate) in? - Answer anticholinergic
- What class of drugs is dicyclomine (bentyl) in? - Answer anticholinergic
- What are the side effects of anticholinergics? - Answer dry out, blurred vision, dry eyes, constipation, urinary retention, postural hypertension, confusion, heart rhythm disturbance
- Why prescribe anticholinergics? - Answer ordered to reduce EPS caused by antipsychotics
- What class of drugs is chlorpromazine (thorazine) in? - Answer first generation antipsychotics
- What class of drugs is perphenazine (trilafon) in? - Answer first generation antipsychotics
- What class of drugs is haloperidol (haldol) in? - Answer first gen antipsychotics
- What are some side effects of antipsychotics? - Answer weight gain, hyperglycemia, EPS (dystonia, akathisia, tar dive dyskinesia)
- Neuroleptic malignant syndrome: high fever, tachycardia, increased respiratory rate, AMS, muscle rigidity, high and low BP
- What class of drugs is Clozapine (Clozaril) in? - Answer 2nd generation antipsychotics
- What class of drugs is risperidone (risperdal) in? - Answer 2nd generation antipsychotics
- What class of drugs is olanzapine (zyprexa) in? - Answer 2nd generation antipsychotics
- What class of drugs is quetiapine (seroquel) in? - Answer 2nd generation antipsychotics

P.S. Fast2testがGoogle Driveで共有している無料かつ新しいPMHN-BCダンプ: https://drive.google.com/open?id=1ePEHOwA3t_hMhsf8COQqf8-Oezxo3p0

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>> PMHN-BC基礎問題集 <<

信頼的なPMHN-BC基礎問題集試験-試験の準備方法-有効的なPMHN-BC関連日本語内容

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Nursing ANCC Psychiatric–Mental Health Nursing Certification (PMHN-BC) 認定 PMHN-BC 試験問題 (Q98-Q103):

質問 # 98

When your client is inducing an illness in order to receive attention this is called:

- A. **factitious disorder**
- B. masochistic disorder
- C. anxiety disorder
- D. malingering

正解: A

解説:

Factitious disorder is a mental disorder in which a person acts as if they have an illness by deliberately producing, feigning, or exaggerating symptoms, purely to attain (often medical) attention or sympathy. This disorder is distinct from hypochondriasis as these individuals are aware that they are exaggerating, but do it for psychological reasons rather than for personal gain.

In contrast to malingering, where the individual pretends to be ill for material gain (such as financial compensation, avoidance of work, or access to drugs), those with factitious disorder are driven by a deep-seated need for attention and sympathy. The primary motivation is to assume the "sick role" to receive care and concern, not external incentives.

The behaviors in factitious disorder may involve falsifying medical history, tampering with medical tests (for example, contaminating a urine sample), harming oneself to produce symptoms, or by exacerbating existing medical problems. These actions are often very harmful to the person's health, yet driven by an uncontrollable psychological need.

Diagnosis and treatment of factitious disorder are challenging. Healthcare providers must carefully gather a patient's medical and psychological history for inconsistencies without damaging the trust in the therapeutic relationship. Treatment typically involves managing any underlying psychiatric conditions, such as depression or personality disorders, and addressing the relationship between the patient and healthcare providers to avoid unnecessary procedures.

Understanding factitious disorder and distinguishing it from other similar conditions, like malingering or somatic symptom disorder, is crucial for providing appropriate care and avoiding unnecessary medical interventions.

質問 # 99

Involving family members in teaching clients is essential for which of the following reasons?

- A. They may feel isolated if not included.
- B. The family may have cultural needs to be met.
- C. The family can let you know how the patient is complying with instructions.
- D. **The chances that instruction for the patient will be utilized increases.**

正解: D

解説:

Involving family members in teaching clients is essential for several reasons. First, including family members can prevent them from feeling isolated from the care process. When family members are not involved, they may feel disconnected and unsure about how to support the patient effectively. Including them in educational sessions ensures they understand the patient's condition, the required care, and the reasons behind specific treatments or procedures. This inclusion can help build a supportive environment around the patient.

Secondly, involving family members significantly increases the likelihood that the instructions given to the patient will be utilized effectively. Family often plays a crucial role in the patient's day-to-day care, especially in cases where patients are dealing with long-term illnesses or disabilities. By educating the family, healthcare providers can ensure that there is a consistent and informed approach to the patient's care regimen, which can improve health outcomes. Family members who understand the care plan are better equipped to assist and encourage the patient, reinforcing the instructions given by healthcare professionals.

Additionally, involving family members in patient education addresses cultural needs. Families may have specific cultural practices or beliefs that influence how they perceive illness and medical care. Acknowledging and incorporating these cultural needs into the care plan can make the medical advice more acceptable and easier to integrate into their daily lives. This cultural competence by

healthcare providers can enhance the effectiveness of the treatment and increase patient and family satisfaction with the care received.

Lastly, family involvement is crucial for monitoring patient compliance with medical instructions. Family members who understand the care instructions are more likely to notice if the patient is not following the treatment plan correctly and can notify healthcare providers about non-compliance. They can also provide valuable feedback to healthcare providers about what parts of the care plan are working or not, which can be essential for adjusting the treatment to better suit the patient's needs.

In conclusion, involving family members in teaching clients is fundamental not only for ensuring that they do not feel isolated but also for increasing the likelihood that the patient will follow through with treatments. It helps meet cultural needs and provides a system of monitoring and feedback that is crucial for the patient's health management. These factors collectively contribute to more effective healthcare delivery and better patient outcomes.

質問 # 100

Displaying one type of emotion, usually serious or somber is referred to as

- A. broad affect
- B. inappropriate affect
- C. restricted affect
- D. blunted affect

正解: C

解説:

When a person displays a consistent type of emotion, particularly one that is serious or somber, this emotional expression is commonly referred to as "restricted affect." This term is often used in the context of psychological evaluations and mental health discussions. Restricted affect indicates a limitation in the range or intensity of emotional expressions a person shows. It's not that other emotions are absent, but they are less likely to be expressed visibly.

Restricted affect can be observed in various psychological conditions and is not uncommon in individuals dealing with depression, schizophrenia, or post-traumatic stress disorder (PTSD). In clinical settings, this affective presentation is significant as it helps in diagnosing and understanding the emotional restrictions that may be impacting an individual's life. It is important to note that while someone with a restricted affect might predominantly show seriousness or somberness, this does not entirely preclude the presence of other emotions, which might be felt internally but not expressed outwardly.

As the severity of affect restriction increases, mental health professionals might use terms like "blunted affect" or even "flat affect" to describe even more severe reductions in emotional expression. Blunted affect refers to a significant reduction in the emotional expression, while flat affect describes a near-total absence of emotional expressions. These are more extreme than restricted affect and indicate deeper or more severe affective disturbances.

In contrast, terms like "inappropriate affect" and "broad affect" describe different affective states. Inappropriate affect means the individual's emotional expression is incongruent with the situation or context (e.g., laughing during a sad event). Broad affect, conversely, refers to a wide range of emotional expressions, indicating flexibility and responsiveness in emotional expression. Understanding these nuances in affective presentation is crucial in the field of mental health, as they provide insights into the emotional and psychological state of an individual, guiding both diagnosis and treatment planning.

質問 # 101

In terms of group therapy, when members learn to accept painful aspects of life that affect everyone, this is known as which of the following?

- A. instillation of hope
- B. existential resolution
- C. catharsis
- D. universality

正解: B

解説:

Existential resolution is a concept in group therapy where members come to accept the universal, often painful aspects of human existence, such as death, freedom, isolation, and meaninglessness. This form of resolution is crucial as it helps individuals confront and integrate these existential realities into their lives, thereby reducing anxiety and fostering a more authentic existence.

In contrast, other terms mentioned relate to different therapeutic dynamics: - **Catharsis** involves the process of releasing, and thereby providing relief from, strong or repressed emotions. It's common in therapy when individuals share their emotional struggles and experiences, leading to a sense of relief. - **Universality** is the realization among group members that they are not alone in

their experiences and struggles. This recognition can provide comfort and support, as members understand that their problems are also faced by others. - ****Instillation of hope**** involves fostering optimism within the therapy group. This often happens when the therapist or group leader shares success stories and when members observe positive changes in others within the group, fostering a belief in the possibility of improvement.

Thus, while all these elements are important in the context of group therapy, it is existential resolution that specifically refers to the acceptance of life's inherent challenges and existential truths by group members. This acceptance is pivotal in helping individuals live more fulfilling lives despite these unavoidable aspects.

質問 # 102

The average degree of skill, care, and diligence exercised by members of the same profession under the same or similar circumstances is termed which of the following?

- A. standard of care
- B. scope of practice
- C. code of ethics
- D. comprehensive accreditation

正解: A

解説:

The term "standard of care" refers to the level of proficiency and attention that a healthcare professional, such as a doctor, nurse, or therapist, is expected to provide under similar circumstances. This concept is crucial in the healthcare industry as it establishes the benchmark against which the services provided by medical professionals are measured. The standard of care is a dynamic measure that can change with advancements in technology, new research findings, and updates in clinical practice guidelines.

Standards of care are essential because they help ensure that patients receive a universally accepted level of medical attention and treatment, regardless of where they are treated. These standards are developed through consensus among professionals and are often guided by findings in medical research, opinions of experts, and professional organizations' guidelines. In legal terms, the standard of care is used to evaluate the quality of care for the purposes of determining medical negligence or malpractice. If the care provided falls below the accepted standard, the practitioner may be held legally liable.

It is important to differentiate the standard of care from other related concepts such as scope of practice, code of ethics, and comprehensive accreditation. Scope of practice defines the procedures, actions, and processes that a healthcare practitioner is permitted to undertake in keeping with the terms of their professional license. A code of ethics, on the other hand, refers to the moral principles that govern the behavior of individuals within the profession. Comprehensive accreditation involves a formal review process by which an organization evaluates and recognizes a program of study or an institution as meeting certain predetermined criteria.

In summary, the standard of care is a fundamental concept in the healthcare field that dictates the minimum level of care one should expect from medical professionals. It serves as a critical measure for ensuring quality and safety in healthcare delivery, and it forms the basis for legal assessment in cases of professional negligence or malpractice.

質問 # 103

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PMHN-BC関連日本語内容: <https://jp.fast2test.com/PMHN-BC-premium-file.html>

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