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Quiz NBCC NCE-ABE Unparalleled Dumps Reviews

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NBCC National Counselor Examination Sample Questions (Q80-Q85):

NEW QUESTION # 80

What is an appropriate reason for a counselor to consult with another professional counselor?

- A. To gather instructions in lieu of professional development
- **B. To seek assistance with ethical obligations or professional practice**
- C. To engage peers in building a supportive professional community
- D. To share professional frustrations with a trusted colleague

Answer: B

Explanation:

In the Professional Counseling Orientation and Ethical Practice core area, counselors are expected to recognize that consultation with colleagues is an important part of maintaining ethical and competent practice. Ethical guidelines emphasize that counselors:

- * Seek consultation or supervision when facing ethical dilemmas,
- * Seek consultation when a client's needs are beyond their current competence,
- * Use consultation to improve the quality of client care.

While collegial support (options A and D) can be helpful, CACREP-aligned ethical standards specifically highlight consultation as a means to clarify and uphold ethical responsibilities and strengthen clinical decision-making, not simply to vent or replace formal professional development. Thus, the best answer is C.

To seek assistance with ethical obligations or professional practice.

NEW QUESTION # 81

To elicit strengths that might improve the likelihood of goal attainment, a counselor might ask the client which of the following?

- A. "What resources do you wish you had?"
- B. "How have you been able to stop the problem from getting worse?"
- C. "What is your most positive memory from childhood?"
- D. "What is the worst part about having this problem?"

Answer: B

Explanation:

In treatment planning, counselors are expected to identify and incorporate client strengths, resources, and existing coping strategies to increase the likelihood of successful goal attainment. Option A is a strengths- focused question because it:

- * Directs attention to what the client is already doing that is working, even partially.
- * Helps uncover existing skills, strategies, supports, or internal resources the client uses to prevent the situation from deteriorating.
- * Allows those strengths to be built into the treatment plan as intentional interventions.

The other options are less directly focused on usable strengths for goal attainment:

- * B. "What is the worst part about having this problem?" explores distress and problem impact, not strengths.
- * C. "What resources do you wish you had?" can be useful, but it focuses on missing or external resources, not current strengths the client already possesses.
- * D. "What is your most positive memory from childhood?" might be helpful for rapport or narrative work, but it does not necessarily elicit current, goal-relevant strengths.

NBCC Counselor Work Behavior Areas related to treatment planning emphasize using client resilience, skills, and successes as part of collaborative goal setting and intervention design. Asking about how the client has kept the problem from becoming worse, as in Option A, directly aligns with that strengths-based, change- oriented approach.

NEW QUESTION # 82

Which of the following is least desirable in group counseling?

- A. A client learns responsibility to self and others.
- B. A client listens to others in the group and maintains personal anonymity.
- C. A client develops positive, natural relationships with others through group interactions.
- D. A client explores personal issues when group support is provided.

Answer: B

Explanation:

Within group counseling, counselors are expected to foster participation, interaction, self-exploration, and mutual responsibility.

Effective group work typically involves:

- * Building authentic relationships among members
- * Encouraging appropriate self-disclosure
- * Supporting members in exploring personal issues
- * Promoting responsibility for self and sensitivity to others

Options B, C, and D all reflect desired therapeutic outcomes in groups:

- * B: Developing positive, natural relationships is a core benefit of group interaction.
- * C: Exploring personal issues within a supportive group is central to group counseling's therapeutic power.
- * D: Learning responsibility to self and others aligns with group norms and interpersonal learning.

In contrast, A describes a client who only listens and stays anonymous, avoiding meaningful participation or self-disclosure. While some initial caution is normal, maintaining anonymity throughout the group undermines the interactive and experiential nature of group counseling and is therefore least desirable.

So the correct answer is A.

NEW QUESTION # 83

Which of the following factors would be most salient in the treatment of a client who grew up in an urban neighborhood and is currently unemployed?

- A. Economic and class experiences

- B. Family background and history
- C. Cultural identity
- D. Psychological maturity and development

Answer: A

Explanation:

The question highlights two contextual details:

- * The client grew up in an urban neighborhood.
- * The client is currently unemployed.

These details point strongly toward socioeconomic conditions, access to resources, exposure to systemic barriers, and the impact of poverty or underemployment—all of which are captured in economic and class experiences.

Therefore, Option C is the most salient factor for treatment planning in this scenario. Understanding economic and class realities helps the counselor:

- * Conceptualize stressors such as financial strain, housing instability, neighborhood safety, and limited opportunity.
- * Avoid pathologizing reactions that may be understandable responses to systemic and structural inequities.
- * Integrate advocacy, resource referral, and practical support into the plan when appropriate.⁴ Why the other options are less salient given the specific prompt:

* A. Cultural identity - Always important, but the question specifically emphasizes urban upbringing and unemployment, which more directly point to class and economic context. Cultural identity may or may not be the central driver in this particular description.

* B. Family background and history - Relevant to any case conceptualization, but not as clearly tied to the urban and unemployed descriptors given in the stem.

* D. Psychological maturity and development - Also important, but the vignette does not supply information about developmental maturity; instead, it highlights environmental and economic context.

In the Treatment Planning work behavior area, NBCC emphasizes integrating contextual, socioeconomic, and environmental factors into goals and interventions, particularly when clients are affected by unemployment, neighborhood conditions, or social class pressures.⁴ Top of Form Bottom of Form

NEW QUESTION # 84

Which is an example of a nonjudgmental stance?

- A. "Tell me more about your experience from that day."
- B. "I do not think that you should stay with your partner."
- C. "You speak English so well to be from another country."
- D. "We first need to address your sexual orientation."

Answer: A

Explanation:

In the Counseling and Helping Relationships core area, CACREP emphasizes the importance of:

- * A nonjudgmental, empathetic stance,
- * Respect for client autonomy,
- * Use of open-ended, client-centered questions.

Option A is an open invitation for the client to share more, without evaluation, criticism, or assumptions. It:

- * Centers the client's experience,
- * Avoids imposing values,
- * Demonstrates respect and curiosity, not judgment.

By contrast:

- * B is a microaggressive statement implying surprise at competence due to nationality.
- * C imposes the counselor's values and directs the client's personal decision.
- * D suggests that sexual orientation is a "problem" to be "addressed," which is pathologizing and judgmental.

Therefore, A is the example that aligns with a nonjudgmental counseling stance.

NEW QUESTION # 85

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