

New CPCE Exam Pattern & New CPCE Test Topics

CPCE Practice Exam | 160 Actual Questions and Answers | Updated 2024

C - Answer Self concepts are individuals' perception of who they are, their attributes and traits. Stabilization of one's self concept
a. typically occurs during the pre school years
b. is completed by early adolescence
c. may be influenced by cultural and family factors
d. seldom stabilizes in one's lifetime

D - Answer Which of the following is NOT a neurotransmitter which facilitates messages between neurons?
a. dopamine
b. serotonin
c. acetylcholine
d. atropine

A - Answer The view that children begin their development as a blank slate has been identified by John Locke as...
a. tabula rasa
b. plasticity
c. resiliency
d. genotype

D - Answer According to Erikson, young adults seek close relationships with others but fear that doing so would mean giving up independence. Erikson called this tension
a. adaptation vs. accommodation
b. formal vs. concrete development
c. autonomy vs. shame and doubt
d. intimacy vs. isolation

C - Answer Justin's family moved to a new school district in October of the school year. His teacher noticed that although his verbal skills were well developed, he was not particularly interested in interacting and playing with other children his age. Justin seemed preoccupied with anything with wheels and would try to

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CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q113-Q118):

NEW QUESTION # 113

Appropriate questioning on the part of a group leader might include asking questions

- **A. using the words what and how.**
- B. that focus on details of discussion.
- C. that focus on content rather than feelings.

Answer: A

Explanation:

Effective group leaders use "what" and "how" questions to promote deeper exploration and encourage members to focus on experiences, actions, and feelings, rather than yes/no or content-based responses. This technique facilitates openness and insight within the group.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

NEW QUESTION # 114

A mother strictly enforces rules and expects compliance without room for discussion. What type of parenting style is this mother demonstrating?

- **A. authoritarian**
- B. authoritative
- C. permissive

Answer: A

Explanation:

An authoritarian parenting style is characterized by high demands and low responsiveness. Parents set strict rules, expect obedience, and provide little open dialogue. "Authoritarian parents are rigid, expect strict adherence to rules, and allow little room for negotiation." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling: A Comprehensive Profession (8th Edition).

NEW QUESTION # 115

What credential regulates the practice of professional counseling?

- **A. licensure**
- B. graduation
- C. accreditation

Answer: A

Explanation:

Licensure is the credential that regulates the practice of professional counseling. State boards grant licensure to ensure that only qualified individuals may practice as professional counselors. Accreditation refers to programs or institutions, and graduation simply means completing a degree program. Only licensure grants the legal right to practice independently.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; American Counseling Association (ACA) Code of Ethics (2014).

NEW QUESTION # 116

Which is most accurate in how social media impacts counseling relationships?

- A. The use of social media in counseling should be avoided as an ethical imperative.
- **B. Clients can feel empowered in ways that traditional face-to-face interactions cannot achieve.**
- C. The convenience and accessibility of social media outweighs negative effects.

Answer: B

Explanation:

While there are ethical considerations and potential pitfalls, social media and technology can empower clients by providing access, flexibility, and new forms of engagement not possible in traditional settings. Counselors must maintain ethical boundaries and confidentiality, but online interaction can facilitate unique opportunities for client empowerment and outreach.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; American Counseling Association (ACA) Code of Ethics.

NEW QUESTION # 117

The set of statistical analyses used to predict the characteristics of a population from the characteristics of a sample are collectively known as

- A. descriptive statistics.
- B. correlational statistics.
- **C. inferential statistics.**

Answer: C

Explanation:

Inferential statistics are a set of analyses that allow researchers to make generalizations or predictions about a population based on data collected from a sample. Unlike descriptive statistics, which summarize data, inferential statistics allow for hypothesis testing and estimation. "Inferential statistics provide the tools for making inferences or predictions about a population from sample data."

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Royse, D., Thyer, B. A., & Padgett, D. K. (2016). Program Evaluation: An Introduction.

NEW QUESTION # 118

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