

Dumps CPCE Guide & Free Sample CPCE Questions

NCE And CPCE Study Guide With Complete Solution 2023

What does CACREP stand for? - Correct answer-the Council for the Accreditation and Counseling Related Educational Programs

What does CCE stand for? - Correct answer-Center for Credentialing and Education, inc

What does REBT stand for and who is the main theorist associated with it? - Correct answer-Rational Emotive Behavioral Therapy; Ellis.

Name Freud's Psychosexual stages of development. - Correct answer-Oral, Anal, Phallic, Latent, and Genital. (Mnemonic device: Oh, Anthony, Please Let's Go!)

Describe Erik Erikson's stages. - Correct answer-Erik Erikson is an Ego psychologist and a disciple of Freud. His 8 stages focus on social relationships, therefore they are called psychosocial. Each stage has a crisis that must be overcome in order to move on to the next stage. His stages are Trust v. Mistrust; Autonomy v. Shame/doubt; Industry v. Inferiority; Initiative vs. Guilt; Identity v. Role confusion; Intimacy v. Isolation; Generativity vs. Stagnation; Integrity vs. Despair. (Mnemonic device: The Air In Iceland Is Icy, Greenland Isn't.)

define psychometric. - Correct answer-pertaining to mental testing and measurement

define psychodiagnostic - Correct answer-the study of personality through interpretation of behavior and non-verbal cues; or labeling a client in a diagnostic category.

define psychopharmacology - Correct answer-the study of the effects drugs have on psychological functions.

What is the id? - Correct answer-the basic instinct principle in Freudian theory. It is the seat of aggression and sexual impulse. It is devoid of logic and time orientation. It is chaotic and bodily focused.

What is the ego? - Correct answer-this is the reality principle in Freudian theory. It indicates power of reasoning and control over behavior. It helps keep the impulses of the id in check.

What is the superego? - Correct answer-the superego is the moralistic and idealistic principle in the Freudian theory.

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CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q86-Q91):

NEW QUESTION # 86

Counselors who are not effective in counseling members of minoritized groups typically

- **A. rely on rigid use of techniques and activities.**
- B. emphasize both individual and group differences.
- C. use a variety of verbal and nonverbal communication styles.

Answer: A

Explanation:

Ineffective counselors working with clients from minoritized groups often rely on rigid, inflexible use of counseling techniques and activities. This approach does not take into account cultural values, beliefs, and communication styles unique to diverse populations, resulting in poor rapport and outcomes. Effective multicultural counselors adapt their methods and understand the importance of cultural context.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Sue, D. W. & Sue, D. (2016). Counseling the Culturally Diverse.

NEW QUESTION # 87

A flat profile is the term used to describe assessment results in which the scores

- A. indicate average responding.
- **B. have low differentiation.**
- C. show low client motivation.

Answer: B

Explanation:

A flat profile in assessment refers to results where the scores across subtests or scales are very similar, indicating low differentiation. This means there are no marked highs or lows, and the individual's performance does not vary significantly across the measured domains.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Cohen, R. J., & Swerdlik, M. E. (2018). Psychological Testing and Assessment.

NEW QUESTION # 88

A counselor administers a test twice to the same client and obtains very similar scores. This is an example of

- **A. Test-retest reliability**
- B. Validity
- C. Inter-rater reliability

Answer: A

Explanation:

Test-retest reliability refers to the consistency of a test over time; when a test is administered to the same person on two different occasions and yields similar results, it demonstrates high test-retest reliability. This indicates stability of measurement across time.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Groth-Marnat, G. (2009). Handbook of Psychological Assessment.

NEW QUESTION # 89

In good program planning, the type of research used to determine the ways the program can be most responsive and helpful to the program participants is called

- A. program evaluation.
- B. input evaluation.
- C. needs assessment.

Answer: C

Explanation:

A needs assessment is a systematic process used to determine and address gaps between current conditions and desired conditions or needs. In program planning, this research ensures that programs are designed to be most responsive and helpful to participants.

"Needs assessment identifies the needs of a population so that programs can be tailored to effectively address those needs."

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Roysse, D., Thyer, B. A., & Padgett, D. K. (2016). Program Evaluation: An Introduction.

NEW QUESTION # 90

The difference between a resistant and a reluctant client is that a reluctant client

- A. does not approach their problem situation passively.
- B. is confronting the difficulties of managing life better.
- C. assumes that the counseling relationship is coercive.

Answer: C

Explanation:

A reluctant client is one who does not actively seek counseling and may enter the process due to external pressure or a perception that the relationship is coercive or not their choice. In contrast, resistant clients actively oppose or block the counseling process, often as a defense against change. "Reluctant clients tend to assume that counseling is being imposed upon them, often due to outside influence or pressure, and may be apprehensive about participating." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Egan, G. (2014). The Skilled Helper (10th Edition).

NEW QUESTION # 91

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Studying for attending Counselor Preparation Comprehensive Examination (CPCE) exam pays attention to the method. The good method often can bring the result with half the effort, therefore we in the examination time, and also should know some test-taking skill. The CPCE quiz guide on the basis of summarizing the past years, found that many of the questions, the answers have certain rules can be found, either subjective or objective questions, we can find in the corresponding module of similar things in common. To this end, the Counselor Preparation Comprehensive Examination (CPCE) exam dumps have summarized some types of questions in the qualification examination, so that users will not be confused when they take part in the exam, to have no emphatic answers. It can be said that the template of these questions can be completely applied. The user only needs to write out the routine and step points of the CPCE test material, so that we can get good results in the exams.

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