

# CCRN-Adult Authorized Test Dumps, Exam CCRN-Adult Exercise

## CCRN Adult exam questions with answers

S1 "lub"

✓ closure of AV (mitral and tricuspid) valves  
marks the end of diastole and the beginning of systole

SYSTOLE

S2 "dub"

✓ closure of the seminar (pulmonic and aortic) valves  
marks the end of systole and the beginning of diastole

DIASTOLE

systolic murmur  
"lub.... shhhhb.....dub"

✓ semilunar valves are OPEN during systole  
- aortic stenosis  
- pulmonic stenosis

AV valves are CLOSED during systole  
- mitral insufficiency (will causes large, giant V-waves on the pulmonary artery occlusion pressure tracing if the patient has a pulmonary artery catheter)  
- tricuspid insufficiency

diastolic murmur  
"lub..... dub.....shhhhb"

✓ semilunar valves are CLOSED during diastole  
- aortic insufficiency  
- pulmonic insufficiency

AV valves are OPEN during diastole  
- mitral stenosis (associate with atrial fibrillation due to atrial enlargement that occurs over time)  
- tricuspid stenosis

when are the AV valves OPEN and semilunar valves CLOSED

✓ diastole

when are the AV valves CLOSED and the semilunar valves OPEN

✓ systole

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## **AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q638-Q643):**

### **NEW QUESTION # 638**

A left-field visual loss would indicate damage to which cranial nerve?

- A. Cranial nerve VI (Abducens)
- B. Cranial nerve III (Oculomotor)
- **C. Cranial nerve II (Optic)**
- D. Cranial nerve IV (Trochlear)

**Answer: C**

Explanation:

The optic nerve (cranial nerve II) is responsible for visual fields and visual acuity. Thus, left-field visual loss indicates damage to the optic nerve. Assessing pupil size and reaction to light provides information about the function of the optic nerve and oculomotor (cranial nerve III) nerves. Both eyes should be tested for direct and consensual response. A normal direct pupillary response is brisk constriction of the pupil followed by dilation when a bright light is shone directly into one eye, and a consensual pupillary response is when the opposite eye constricts then dilates similarly to the eye being tested. Assessing both of these responses provides information about which cranial nerve (optic or oculomotor, left or right) is affected. The oculomotor nerve is responsible for extraocular eye movements, as well as contraction of the iris in response to light. The trochlear nerve (cranial nerve IV) is responsible for eye movement down and toward the nose, and Cranial nerve VI (abducens) is responsible for lateral eye movement.

### **NEW QUESTION # 639**

To maintain adequate pain control in a post-surgical patient addicted to heroin, a nurse should plan to

- A. administer PCA opioids with on-demand dosing only.
- **B. administer PCA with continuous and on-demand opioid delivery.**
- C. administer oral opioids only as needed.
- D. avoid administering any intravenous pain medication.

**Answer: B**

Explanation:

For a post-surgical patient with a history of heroin addiction, a PCA (patient-controlled analgesia) with both continuous and on-demand opioid delivery ensures consistent pain control and addresses both baseline pain and breakthrough pain. This approach helps manage pain more effectively and can prevent withdrawal symptoms in patients with opioid tolerance. References: = AACN Certification and Core Review for High Acuity and Critical Care, 7th Edition, AACN Handbook for CCRN Certification, pp. 88-90.

### **NEW QUESTION # 640**

Which of the following is a classic finding in cardiac tamponade?

- **A. Beck's triad**
- B. Cushing's triad
- C. Brudzinski's sign
- D. Kernig's sign

**Answer: A**

Explanation:

Beck's triad is a classic finding in cardiac tamponade. Beck's triad includes:

\* Hypotension

\* Muffled heart tones

\* Jugular venous distention

Other signs and symptoms of tamponade include tachycardia, shortness of breath, anxiety, decreased level of consciousness, and paradoxus.

Brudzinski's sign and Kernig's sign are both associated with meningeal irritation. Cushing's triad is a sign of increased intracranial pressure. It is the triad of hypertension, bradycardia, and irregular respirations.

Some sources describe widened pulse pressure (increasing difference between systolic and diastolic BP) as the third component of the triad, rather than irregular respirations.

#### NEW QUESTION # 641

How is Cardiac Index (CI) calculated?

- A. By dividing the cardiac output by the patient's BSA
- B. By dividing the cardiac output by the patient's MAP
- C. By dividing the cardiac output by the patient's PCWP
- D. By dividing the cardiac output by the patient's weight

**Answer: A**

Explanation:

Cardiac Index (CI) is a hemodynamic parameter that relates the Cardiac Output (CO) from the left ventricle in one minute to Body Surface Area (BSA), thus relating heart performance to the size of the individual. The unit of measurement is liters per minute per square meter (L/min/m<sup>2</sup>).

Normal Cardiac Index (CI) is 2.5 to 4.3 liters/minute/m<sup>2</sup>.

$(CO/BSA) / 1000 = CI$

#### NEW QUESTION # 642

Which of the following findings is NOT part of the trauma triad, also called the triangle of death?

- A. Coagulopathy
- B. Hypotension
- C. Hypothermia
- D. Acidosis

**Answer: B**

Explanation:

The trauma triad, also called the triangle of death, is a combination of disorders that build on each other and result in death. The trauma triad consists of hypothermia, coagulopathy, and acidosis. Mortality can be over 90% if this combination of disorders is not successfully treated.

#### NEW QUESTION # 643

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