# **CCRN-Adult Examinations Actual Questions, CCRN-Adult Valid Test Sims**

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# **AACN CCRN-Adult Exam Syllabus Topics:**

Topic	Details
Topic 2	CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.
Topic 3	PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 5	Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.
Торіс 7	In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.

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# AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q13-Q18):

#### **NEW QUESTION #13**

As an experienced ICU nurse, you are tasked with the orientation of a group of newly graduated nurses.

You observe that they are finding it hard to integrate theory into practice. What would be the BEST approach to facilitate their learning?

- A. Encourage them to figure it out on their own as they begin clinical practice in a real-world environment
- B. Understand that until they begin providing clinical practice on their own, they will likely be unable to fully understand how to integrate theory into practice
- C. Emphasize that they should review the materials they have learned in school and think about how to apply them
- D. Use a practical approach, providing case examples and hands-on experiences

#### Answer: D

#### Explanation:

Using a practical approach that includes case examples and hands-on experiences provides the new nurses with practical, real-life examples and helps bridge the gap between theory and practice.

Emphasizing that they should review the materials they have learned in school and think about how to apply them does not actively support their development or address the core issue. Encouraging them to figure it out on their own as they begin clinical practice in a real-world environment might lead to confusion and a slower learning process. There is an extent to which it may be true that until they begin providing clinical practice on their own, they may be unable to fully understand how to integrate theory into practice. This should not, however, keep the nurse from promoting and facilitating their learning.

#### **NEW QUESTION #14**

Which of the following is a sign of splenic injury and diaphragmatic irritation?

- A. tachypnea
- B. flank pain
- C. left shoulder pain
- D. hiccoughs

#### Answer: C

#### Explanation:

Left shoulder pain, also known as Kehr sign, is a sign of splenic injury and diaphragmatic irritation. It is caused by the irritation of the phrenic nerve, which innervates both the diaphragm and the shoulder, by blood or other fluids in the left upper quadrant. Tachypnea, flank pain, and hiccoughs are not specific signs of splenic injury or diaphragmatic irritation.

#### References:

- \* Splenic trauma | Radiology Reference Article | Radiopaedia.org
- \* Recognition and management of diaphragmatic injury in adults
- \* Reference Guide for CCRN (Adult), page 14.

## **NEW QUESTION #15**

Another name for the Billroth II procedure is:

- A. cholangiogram
- B. gastrojejunostomy
- C. cholecystogram
- D. gastroduodenostomy

#### Answer: B

#### Explanation:

Surgical therapies for Peptic Ulcer Disease (PUD) or stress ulcers include gastric resections such as antrectomy, gastrectomy, vagotomy, or combination procedures. A Billroth II, also called a gastrojejunostomy, is a combination procedure consisting of a vagotomy (decreases acid secretion in the stomach by dividing the vagus nerve along the esophagus), resection of the antrum, and anastomosis of the stomach to the jejunum. The Billroth II is preferred over the Billroth I (gastroduodenostomy) because it does not present the risk for dumping syndrome.

#### **NEW QUESTION #16**

A 19-year-old male is brought into the emergency department via ambulance after a severe Motor Vehicle Accident (MVA). The

critical care nurse knows the primary survey is vital in revealing immediate life-threatening injuries, and its mnemonic is "ABCDE." What does the "D" in this mnemonic stand for?

- A. Disability
- B. Data
- C. Diagnostic criteria
- D. Decreased Level of Consciousness (LOC)

#### Answer: A

#### Explanation:

The primary and secondary surveys in critically ill trauma patients reveal immediate life-threatening injuries and direct the trauma team toward an individualized plan of care. The primary survey of

"ABCDE" stands for:

- \* Airway and c-spine (assess patency and airway obstruction; maintain c-spine alignment)
- \* Breathing (assess respiratory rate and depth)
- \* Circulation (identify source of hemorrhage; assess vital signs)
- \* Disability (assess neurological status to include mental status, pupillary size and response)
- \* Exposure (Completely disrobe patient but avoid hypothermia)

#### **NEW QUESTION #17**

Which of the following is MOST important for a patient who develops Transfusion-Related Acute Lung Injury (TRALI) during a blood transfusion?

- A. Administering a diuretic and limiting fluid intake
- B. TRALI will not occur in patients who are receiving blood transfusions
- C. Providing aggressive respiratory support
- D. Administering antibiotics

#### Answer: C

#### Explanation:

Transfision-Related Acute Lung Injury (TRALI) is caused by an immune reaction to a transfision and results in hypoxia and noncardiogenic pulmonary edema. The correct response to this reaction is to provide aggressive respiratory support. Administering antibiotics is only important if the patient is developing an infection. Administering a diuretic and limiting fluid intake is important in patients experiencing a Transfision-Associated Circulatory Overload (TACO), as this reaction is due to excesses fluid. While a TRALI may cause pulmonary edema, this pulmonary edema will be more due to the immune reaction and will respond better to aggressive respirator support than it will to diuretics.

## **NEW QUESTION #18**

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Do you often envy the colleagues around you can successfully move to a larger company to achieve the value of life? Are you often wondering why your classmate, who has scores similar to yours, can receive a large company offer after graduation and you are rejected? In fact, what you lack is not hard work nor luck, but CCRN-Adult Guide question. With CCRN-Adult question torrent, you will suddenly find the joy of learning and you will pass the professional qualification exam very easily.

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