

# PMHNP Reliable Dumps Pdf | New PMHNP Exam Question

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## PMHNP Comprehensive Exam with complete solution(This test consists of frequently tested questions and answers)

AIMS - answers>>>Abnormal Involuntary Movement Scale for 8 and older  
12 item tool to assess symptoms of tardive dyskinesia for patients taking antipsychotics  
Rating 0-4, >2 to diagnose TD and reduce dose

BARS - answers>>>Barnes Akathisia Rating Scale for 8 and older  
4 item tool to assess objective and subjective symptoms of akathisia with antipsychotics and/or SSRIs

CRS-R - answers>>>Conners Rating Scales - Revised for 3-17  
ADHD Parent (80 items) and Teacher Scales (59 items)  
Low T-score of 61= mildly atypical; >70 = markedly atypical  
Subscales for Oppositional Behaviors, Cognitive Problems, Hyperactivity, ADHD Index, Anxious-Shy, Perfectionism, Social Problems, DSM-IV Subscales and Conners' Global Index

Vanderbilt ADHD Parent and Teacher - answers>>>55 parent, 43 teacher items for 6-12  
Initial assessment rates symptoms and impairment in academic and behavioral performance

ASRS-1 - answers>>>Adult ADHD Self-Report Scale, 16 and older  
Two-part Screening  
Part A: 6 questions, 4 symptoms suggest ADHD  
Part B: 12 questions to clarify and quantify

AUDIT-C - answers>>>Alcohol Use Disorders Identification Test - Consumption, > 13  
Documents use and frequency in prior year  
0-4, F >3 = positive, M >4 = positive, >8 = hazardous drinking

CAGE-AID - answers>>>ID's problem drinking or drugging, 13 and older  
(C=cut down, A=annoy, G=guilty, E=Eye-opener, AID=altered to include drugs)

CRAFFT - answers>>>6-item screen for alcohol or drugs in adolescents, 14-18  
(C=car, R=relax, A=alone, F=forget, F= family or friends, T= trouble)

BAI - answers>>>Beck Anxiety Inventory, 17 and older  
Assesses 21 symptoms of anxiety, 0-36 scores

HAM-A - answers>>>Hamilton Anxiety Scale, most commonly used  
14 domains, 14=mild, 18-24= moderate, 25-30=severe

LSAS-CA - answers>>>Liebowitz Social Anxiety Scale-Child/Adolescent Version, 7 and older  
24 items, social and performance

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## College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q404-Q409):

### NEW QUESTION # 404

According to Erik Erikson, during which psychosocial stage would you expect a person to develop a sense of satisfaction when reflecting on life's accomplishments?

- A. Generativity vs. Stagnation
- B. Integrity vs. Despair
- C. Identity vs. Role Confusion
- D. Initiative vs. Guilt

**Answer: B**

Explanation:

Ego Integrity vs. Despair is the final stage of psychosocial development. Successful resolution of this stage is characterized by a sense of unity in life's accomplishments. Failure to resolve this stage leads to regret over lost opportunities in life.

Erik Erikson's stages of psychosocial development:

- \* Trust vs. Mistrust: birth to 12-18 months
- \* Autonomy vs. Shame and Doubt: 12-18 months to 3 years
- \* Initiative vs. Guilt: 3 to 5-6 years
- \* Industry vs. Inferiority: 5-6 years to adolescence
- \* Identity vs. Role Confusion: adolescence to adulthood
- \* Intimacy vs. Isolation: adulthood
- \* Generativity vs. Stagnation: middle adulthood
- \* Integrity vs. Despair: late adulthood

### NEW QUESTION # 405

People who have inhabited a country for thousands of years such as Australian aborigines, American natives and New Zealand Maoris are referred to by which of the following terms?

- A. indigenous culture
- B. emigration culture
- C. diverse culture
- D. refugees

**Answer: A**

Explanation:

The question is asking what term is used to refer to groups of people who have lived in a certain area or country for thousands of years. Examples given include Australian Aborigines, American natives, and New Zealand Maoris. The correct answer among the options provided is "indigenous culture".

"Indigenous culture" is a term used to describe the customs, practices, languages, values and worldviews of indigenous people.

These are groups who, according to international or national legislation, were inhabitants of a country at the time when people of different cultures or ethnic origins arrived. The new arrivals later became dominant through conquest, occupation, settlement or other means.

These indigenous groups, such as Australian Aborigines, American natives, and New Zealand Maoris, have lived in their respective regions for thousands of years. They have a deep connection with their lands and their cultures are often closely tied to their natural environments. They also often hold unique views on the relationship between humans and the natural world that can significantly differ from Western perspectives.

The term "indigenous culture" is not to be confused with "refugees", "emigration culture", or "diverse culture". Refugees are individuals who are forced to flee their home country due to conflict or persecution. Emigration culture refers to the customs and practices of people who have left their home country to live elsewhere. Diverse culture implies a mixture of different cultural or ethnic groups within a society. None of these terms accurately describe groups like Australian Aborigines, American natives, or New Zealand

Maoris who have inhabited their lands for millennia.

**NEW QUESTION # 406**

Dopamine is a major neurotransmitter that can affect psychiatric disorders when imbalanced. Which of the following psychiatric findings is suspected when dopamine deficit is a contributor?

- A. Stereotypical behaviors
- B. Disordered thinking and improved spatiality
- C. Decreased prolactin levels
- **D. Endocrine alterations and movement disorders such as Parkinson's disease**

**Answer: D**

Explanation:

Dopamine's general functions impact thinking, decision-making, reward-seeking, fine muscle action, and integrated cognition. Increases in dopamine would produce an increase in fine movement disorders such as tics, stereotypical behaviors, and disordered thinking, including loose associations.

A drop in dopamine can dull thinking processes and contribute to endocrine abnormalities and movement disorders. Dopamine is instrumental in curbing prolactin, so a decrease in dopamine levels can impact prolactin. Some patients are monitored for breast development when prescribed antipsychotic medication, as it can impact dopamine levels in the body.

**NEW QUESTION # 407**

What is the most commonly used therapy modality for clients suffering from post-traumatic stress disorder?

- A. Cognitive behavioral therapy (CBT)
- **B. Eye movement desensitization and reprocessing (EMDR)**
- C. Interpersonal therapy
- D. Dialectical behavior therapy (DBT)

**Answer: B**

Explanation:

EMDR, proposed by Francine Shapiro, is a form of exposure therapy meant to help the patient address past trauma and work through it for long-term stabilization.

CBT, DBT, and interpersonal therapy are all less likely to be used as a therapy modality for those suffering from posttraumatic stress disorder.

**NEW QUESTION # 408**

In common psychiatric disorders, neurotransmitters are implicated in the complex pathophysiology of certain disease processes. A decrease in acetylcholine is most likely to be associated with which disorder?

- A. Schizophrenia
- B. Parkinsonian symptoms
- **C. Impaired memory and/or Alzheimer's disease**
- D. Psychosis from ischemic neurotoxicity or excessive pruning

**Answer: C**

Explanation:

Patients suffering from impaired memory or Alzheimer's disease present with a decrease in acetylcholine.

Patients suffering from Parkinsonian symptoms present with an increase in acetylcholine.

Patients suffering from schizophrenia present with an increase in dopamine.

Patients suffering from psychosis due to ischemic neurotoxicity or excessive pruning present with an increase in glutamate.

**NEW QUESTION # 409**

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