

CPRP Accurate Answers | CPRP Valid Exam Review

CPRP Exam Questions and Correct Answers {2024/2025} (Detailed Answers)

Incident Report
A report submitted for a vandalized sign
Establishment of maintenance standards
A park and recreation agency identifies the level of maintenance that is acceptable through
Guarantee patron safety
The best reason for conducting routine facility inspections
Master Plan
Document that provides an inclusive framework for orderly planning
Discuss them at in-service training sessions
The best way to communicate work rules and policies
Provide factual details
The most important reason for the park and recreation supervisor to document the need for disciplinary action
Misfeasance
Conduct that is lawful but inappropriate
Promotions
A short-term method to stimulate use of a service or purchase of a product
News Releases
These garner positive publicity for the agency by providing information about upcoming programs, events, and activities
Request for proposal
A negotiated contract for goods and services with the vendor, which details what they will do and at what cost
Real Property Taxes
Taxes derived from the legally assessed value of a property
Alliances
High-level commitment that share authority and decision making

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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">• Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.
Topic 2	<ul style="list-style-type: none">• Interpersonal Competencies: This section of the CPRP exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on establishing effective, respectful, and empathetic communication with clients. It covers active listening, trust-building, conflict resolution, and maintaining professional boundaries to support individuals in their recovery journey.

Topic 3	<ul style="list-style-type: none"> Strategies for Supporting Recovery: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on implementing practical and evidence-based methods to promote recovery. It includes empowering clients, fostering motivation, teaching coping skills, and providing support that aligns with person-centered recovery principles.
Topic 4	<ul style="list-style-type: none"> Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.
Topic 5	<ul style="list-style-type: none"> Supporting Health and Wellness: This final domain of the exam measures the skills of Psychiatric Rehabilitation Specialists and focuses on promoting overall well-being alongside recovery. It includes supporting physical health, stress management, lifestyle improvement, and access to wellness resources to enhance long-term recovery outcomes.

>> CPRP Accurate Answers <<

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Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q75-Q80):

NEW QUESTION # 75

A practitioner asks an individual to "list ten things in life you think are important." The practitioner then asks the individual to rank them in order of importance. The next step involves asking the individual to eliminate all except three of these. This is an example of a/an

- A. values clarification activity.
- B. functional assessment.
- C. overall rehabilitation goal selection.
- D. skills development programming

Answer: A

Explanation:

The described exercise focuses on identifying and prioritizing an individual's values to guide person-centered planning. The CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes) includes assessing personal values and preferences as part of readiness and goal-setting processes to ensure goals align with what matters most to the individual (Task IV.A.2: "Assess individual's stage of change and readiness for goal-setting"). Option D (values clarification activity) aligns with this, as the process of listing, ranking, and narrowing down important life aspects helps the individual clarify their core values (e.g., family, independence, creativity), which informs the development of meaningful rehabilitation goals.

Option A (functional assessment) evaluates skills and deficits, not values. Option B (overall rehabilitation goal selection) is a subsequent step that builds on clarified values. Option C (skills development programming) involves teaching specific abilities, not exploring values. The PRA Study Guide emphasizes values clarification as a key activity for aligning goals with personal priorities, supporting Option D.

CPRP Exam Blueprint (2014), Domain IV: Assessment, Planning, and Outcomes, Task IV.A.2.

PRA Study Guide (2024), Section on Values Clarification in Planning.

CPRP Exam Preparation & Primer Online 2024, Module on Assessment, Planning, and Outcomes.

NEW QUESTION # 76

A practitioner is providing service to an individual who discusses experiences of repeated trauma. The practitioner would

- A. explore resources for trauma-specific care.
- B. conduct a functional assessment.
- C. provide cognitive behavioral treatment.
- D. attend training in trauma-informed care.

Answer: A

Explanation:

When an individual discloses experiences of repeated trauma, practitioners must respond with interpersonal competencies that prioritize sensitivity, ethical practice, and appropriate referrals. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes identifying when specialized services are needed and connecting individuals to appropriate resources (Task I.C.2: "Identify and refer individuals to appropriate services based on their needs"). Option D (explore resources for trauma-specific care) aligns with this, as trauma-specific care (e.g., trauma-focused cognitive behavioral therapy or EMDR) requires specialized expertise, and the practitioner's role is to facilitate access to qualified professionals or programs tailored to trauma recovery.

Option A (provide cognitive behavioral treatment) is outside the scope of most psychiatric rehabilitation practitioners, who are not typically licensed to deliver specialized therapies. Option B (attend training in trauma-informed care) is valuable for professional development but does not directly address the individual's immediate need for trauma-specific intervention. Option C (conduct a functional assessment) may be part of planning but is not the most immediate response to trauma disclosures. The PRA Study Guide and Code of Ethics emphasize referring trauma-related issues to specialists, supporting Option D.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.C.2.

PRA Study Guide (2024), Section on Trauma-Informed Care and Referrals.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 77

An individual identifies that she would like to cut down on time spent at the rehabilitation program in order to attend training for volunteers at her church. The practitioner modifies her schedule at the program. This is an example of

- A. minimizing the use of program services.
- B. performing an assessment across life domains.
- C. providing relapse prevention planning.
- D. maximizing the use of natural supports.

Answer: D

Explanation:

Community integration involves connecting individuals with natural supports—such as community activities, faith-based organizations, or volunteer roles—to enhance their recovery and reduce reliance on formal services. The CPRP Exam Blueprint (Domain III: Community Integration) emphasizes facilitating access to natural supports to promote community participation and meaningful roles (Task III.C.2: "Promote the use of natural supports to enhance community integration"). Option A (maximizing the use of natural supports) aligns with this, as modifying the rehabilitation program schedule to accommodate church volunteer training enables the individual to engage with a community-based, faith-oriented support system, fostering social inclusion and personal fulfillment.

Option B (providing relapse prevention planning) is unrelated, as the scenario focuses on scheduling to support community engagement, not crisis prevention. Option C (minimizing the use of program services) is a secondary effect but not the primary intent, which is to support the individual's community role. Option D (performing an assessment across life domains) is not indicated, as the action is schedule modification, not assessment. The PRA Study Guide highlights natural supports, such as faith communities, as critical for community integration, supporting Option A.

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CPRP Exam Blueprint (2014), Domain III: Community Integration, Task III.C.2.

PRA Study Guide (2024), Section on Natural Supports and Community Integration.

CPRP Exam Preparation & Primer Online 2024, Module on Community Integration.

NEW QUESTION # 78

An individual with a psychiatric disability complains that her medication is making her too drowsy, even though it stops the distressing voices she hears. When using self-disclosure, the practitioner should:

- A. Talk about his family's demands upon him and how difficult it is for him to cope.
- B. Share that he always takes his medications exactly as prescribed because he feels that his doctor knows what is best for him.
- C. Talk about the time he stopped taking antibiotics without completing the entire course and then had a recurrence of his infection.
- D. **Describe a time when he injured his back and had to work closely with his doctor to get the medicine adjusted so that it did not make him dizzy.**

Answer: D

Explanation:

This question falls under Domain I: Interpersonal Competencies, which emphasizes person-centered communication, including the appropriate use of self-disclosure to build therapeutic relationships. The CPRP Exam Blueprint specifies that self-disclosure should be "relevant, purposeful, and aimed at fostering hope, empathy, or collaboration, while maintaining professional boundaries." In this scenario, the individual is struggling with medication side effects (drowsiness), and the practitioner's self-disclosure should relate to this experience to validate her concerns and encourage collaboration with healthcare providers.

* Option A: Describing a personal experience of adjusting medication with a doctor due to side effects (dizziness) is relevant to the individual's situation. It validates her experience, models collaboration with a healthcare provider, and fosters hope that side effects can be managed, aligning with recovery-oriented communication.

* Option B: Discussing stopping antibiotics is unrelated to psychiatric medication or side effects and focuses on non-adherence, which could imply judgment and is not therapeutic in this context.

* Option C: Sharing strict adherence to medication due to trust in a doctor may dismiss the individual's valid concerns about side effects, potentially alienating her and undermining person-centered communication.

* Option D: Talking about family demands is irrelevant to the individual's medication concerns and risks shifting focus to the practitioner's personal issues, violating professional boundaries.

Extract from CPRP Exam Blueprint (Domain I: Interpersonal Competencies):

"Tasks include: 1. Establishing and maintaining a therapeutic relationship with individuals. 2. Using self-disclosure purposefully to foster hope, empathy, or collaboration, while maintaining professional boundaries."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 2 - Interpersonal Competencies.

Rogers, C. R. (1951). Client-Centered Therapy. Houghton Mifflin (influential in PRA's person-centered approach, supports purposeful self-disclosure).

NEW QUESTION # 79

During a discussion with his practitioner, an individual reports that a recently formed relationship has helped him feel better in general. This is an example of

- A. **friendship as a component of a healthy lifestyle.**
- B. independent living.
- C. positive reinforcement contributing to a healthy lifestyle.
- D. co-dependence.

Answer: A

Explanation:

Social relationships are a key component of health and wellness in psychiatric rehabilitation, contributing to emotional well-being and recovery. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) emphasizes promoting social connections as part of a healthy lifestyle (Task VII.B.1: "Support the development of social and interpersonal skills"). Option B (friendship as a component of a healthy lifestyle) directly aligns with this task, as the individual's new relationship is described as improving his general well-being, reflecting the positive impact of social support and friendship on mental and emotional health.

Option A (independent living) relates to community integration (Domain III) but does not specifically address the emotional benefits of relationships. Option C (co-dependence) is incorrect, as the question does not suggest an unhealthy reliance on the relationship, and co-dependence is not a recovery-oriented concept.

Option D (positive reinforcement contributing to a healthy lifestyle) is less precise, as the relationship itself is the direct contributor to well-being, not an external reinforcement mechanism. The PRA Study Guide highlights social relationships as a pillar of wellness, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.B.1.

PRA Study Guide (2024), Section on Social Support and Wellness.

NEW QUESTION # 80

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