

CPRP Online Exam, Latest CPRP Dumps Questions

CPRP Practice Exam Questions

2023 – 2024(Verified)

1. To best understand the internal and external situation the agency is operating in requires a situational analysis. What is the main element of the situational analysis that looks at internal operations and external environments ☐ SWOT analysis
2. Your agency is updating its logo and developing a marketing plan to showcase the new logo and make it recognizable by the entire community when they see it. The agency is doing what ☐ Branding the agency
3. When developing an emergency action plan, what should the parks and recreation professional do first ☐ Identify potential threats
4. Your supervisor has asked you to identify a financially feasible solution to an ongoing problem occurring at a park that is used during the community's annual summer celebration. In particular, your supervisor wants to more easily control and direct pedestrian traffic to key park locations while limiting traffic within dark and hazardous areas. Based on your supervisors request, which of the following would be the most appropriate solution ☐ Work with the park maintenance department to construct temporary fencing to direct traffic and control access to hazardous area
5. When determining night lighting needs for athletic fields which of the following factors is true ☐ Higher light levels are needed for increased (player) skill levels (higher light levels needed for competitive play fields compared to recreational play fields)
6. Your current definition of a capital inventory item, developed in 1988, is

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>> CPRP Online Exam <<

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Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q30-Q35):

NEW QUESTION # 30

An individual with a psychiatric disability meets with the service team quarterly to review progress toward rehabilitation plan objectives. For the last two reviews, no notable progress has been identified. The best response of the service team is to:

- **A. Reassess the objectives to match more closely the individual's current goals**
- B. Offer encouragement to assure the individual that progress is often slow but will come with time
- C. Discuss the individual's level of motivation toward making progress
- D. Refer the individual to the psychiatrist to assess the impact of symptoms on rehabilitation progress

Answer: A

Explanation:

This question pertains to Domain IV: Assessment, Planning, and Outcomes, which includes evaluating and revising rehabilitation plans to ensure they remain relevant and effective. The CPRP Exam Blueprint states that practitioners must "periodically reassess rehabilitation objectives to ensure they align with the individual's current needs, goals, and circumstances." When no progress is observed, the best practice is to reassess the plan's objectives to ensure they are realistic, relevant, and aligned with the individual's current priorities.

* Option B: Reassessing the objectives to match the individual's current goals ensures the rehabilitation plan remains person-centered and relevant. Lack of progress may indicate that the objectives are misaligned with the individual's current needs, abilities, or priorities, and reassessment is a proactive, recovery-oriented response.

* Option A: Referring to a psychiatrist assumes symptoms are the primary barrier without first evaluating the plan's appropriateness, which is premature and not person-centered.

* Option C: Discussing motivation may be relevant later but risks blaming the individual without first ensuring the objectives are appropriate, which is not aligned with recovery principles.

* Option D: Offering encouragement without addressing the lack of progress is passive and fails to adjust the plan to support the individual's recovery effectively.

Extract from CPRP Exam Blueprint (Domain IV: Assessment, Planning, and Outcomes):

"Tasks include: 4. Evaluating progress toward rehabilitation objectives and revising plans as needed. 5.

Ensuring rehabilitation objectives align with the individual's current goals and circumstances."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 5 - Assessment, Planning, and Outcomes.

Cohen, M., Farkas, M., & Anthony, W. A. (2008). Psychiatric Rehabilitation Training Technology. Boston University Center for Psychiatric Rehabilitation (emphasizes reassessment in planning).

NEW QUESTION # 31

During a discussion with his practitioner, an individual reports that a recently formed relationship has helped him feel better in general. This is an example of

- A. independent living.
- B. co-dependence.
- C. positive reinforcement contributing to a healthy lifestyle.
- **D. friendship as a component of a healthy lifestyle.**

Answer: D

Explanation:

Social relationships are a key component of health and wellness in psychiatric rehabilitation, contributing to emotional well-being and recovery. The CPRP Exam Blueprint (Domain VII: Supporting Health & Wellness) emphasizes promoting social connections as part of a healthy lifestyle (Task VII.B.1: "Support the development of social and interpersonal skills"). Option B (friendship as a component of a healthy lifestyle) directly aligns with this task, as the individual's new relationship is described as improving his general well-being, reflecting the positive impact of social support and friendship on mental and emotional health.

Option A (independent living) relates to community integration (Domain III) but does not specifically address the emotional benefits

of relationships. Option C (co-dependence) is incorrect, as the question does not suggest an unhealthy reliance on the relationship, and co-dependence is not a recovery-oriented concept. Option D (positive reinforcement contributing to a healthy lifestyle) is less precise, as the relationship itself is the direct contributor to well-being, not an external reinforcement mechanism. The PRA Study Guide highlights social relationships as a pillar of wellness, supporting Option B.

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CPRP Exam Blueprint (2014), Domain VII: Supporting Health & Wellness, Task VII.B.1.

PRA Study Guide (2024), Section on Social Support and Wellness.

CPRP Exam Preparation & Primer Online 2024, Module on Supporting Health & Wellness.

NEW QUESTION # 32

An individual is frequently hospitalized in a locked unit after expressing suicidal thoughts to staff in her residential facility. As a result, she runs away when becoming symptomatic. This is an example of

- A. attention-seeking behavior.
- **B. avoiding re-traumatization.**
- C. the breakdown of the therapeutic relationship.
- D. the effects of learned helplessness.

Answer: B

Explanation:

The individual's pattern of running away when symptomatic, following repeated hospitalizations in a locked unit, suggests a response to potentially traumatic experiences. The CPRP Exam Blueprint (Domain I:

Interpersonal Competencies) emphasizes trauma-informed care, which recognizes that institutional settings like locked units can re-traumatize individuals, prompting avoidance behaviors (Task I.A.4: "Apply trauma-informed principles in service delivery"). Option A (avoiding re-traumatization) aligns with this, as the individual's running away likely reflects an attempt to avoid the distress and loss of autonomy associated with involuntary hospitalizations, which can feel re-traumatizing, especially for someone with a history of mental health challenges.

Option B (breakdown of the therapeutic relationship) is possible but not directly supported, as the scenario focuses on hospitalization, not staff interactions. Option C (attention-seeking behavior) is a stigmatizing assumption that contradicts recovery-oriented care. Option D (learned helplessness) implies passivity, not the proactive avoidance behavior described. The PRA Study Guide highlights avoidance as a trauma-informed response to re-traumatizing settings, supporting Option A.

CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.A.4.

PRA Study Guide (2024), Section on Trauma-Informed Care and Re-Traumatization.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 33

Wellness Recovery Action Plan (WRAP) is most useful for which of the following?

- A. Increasing adherence to treatment.
- B. Replacing advance directives.
- **C. Providing tools to handle stress.**
- D. Adapting 12-step programs to address symptoms.

Answer: C

Explanation:

The Wellness Recovery Action Plan (WRAP), developed by Mary Ellen Copeland, is a self-directed, recovery-oriented framework that empowers individuals to manage their mental health and wellness. The CPRP Exam Blueprint (Domain V: Strategies for Facilitating Recovery) highlights WRAP as a tool for developing self-management skills, particularly for managing stress and preventing crises (Task V.B.2:

"Facilitate the development of self-management skills"). Option B (providing tools to handle stress) aligns with WRAP's core components, which include identifying triggers, creating a wellness toolkit (e.g., coping strategies like mindfulness or exercise), and developing action plans to manage stress and symptoms effectively.

Option A (adapting 12-step programs) is incorrect, as WRAP is a distinct, personalized recovery model, not an adaptation of 12-step programs, which focus on addiction recovery. Option C (increasing adherence to treatment) may be an indirect benefit but is not WRAP's primary purpose, which emphasizes self-empowerment over compliance. Option D (replacing advance directives) is incorrect, as WRAP complements, but does not replace, legal documents like advance directives, which are addressed separately

(Task V.C.3).

The PRA Study Guide emphasizes WRAP's role in fostering resilience and stress management, supporting Option B.

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CPRP Exam Blueprint (2014), Domain V: Strategies for Facilitating Recovery, Task V.B.2.

PRA Study Guide (2024), Section on WRAP and Recovery Tools.

CPRP Exam Preparation & Primer Online 2024, Module on Strategies for Facilitating Recovery.

NEW QUESTION # 34

An individual has been a resident of a new country for six months. The individual is currently seeking services. Which of the following BEST exemplifies culturally competent services?

- A. Practitioners need to acculturate the individual through education, role-modeling, and social skills training.
- B. Practitioners' services are augmented by interpreters to address cultural barriers and beliefs.
- C. Practitioners of the same cultural background are assigned to the individual to ensure understanding.
- **D. Practitioners' services must be compatible with cultural health beliefs, practices, and language.**

Answer: D

Explanation:

Cultural competence is a core interpersonal competency that ensures services respect and align with an individual's cultural context. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes delivering services that are responsive to cultural health beliefs, practices, and language (Task I.A.2:

"Demonstrate cultural competence in service delivery"). Option B (practitioners' services must be compatible with cultural health beliefs, practices, and language) aligns with this by prioritizing culturally responsive care, such as adapting interventions to respect the individual's cultural values, health beliefs, and preferred language, which is critical for a recent immigrant.

Option A (acculturate the individual) is inappropriate, as it implies assimilating the individual into the dominant culture, contradicting recovery-oriented, culturally competent principles. Option C (assigning practitioners of the same cultural background) is not always feasible or necessary and may limit access to services. Option D (using interpreters) is a useful tool but narrower than Option B, which encompasses broader cultural compatibility beyond language. The PRA Study Guide and Code of Ethics emphasize culturally responsive care as essential for effective service delivery, supporting Option B.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.A.2.

PRA Study Guide (2024), Section on Cultural Competence.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 35

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