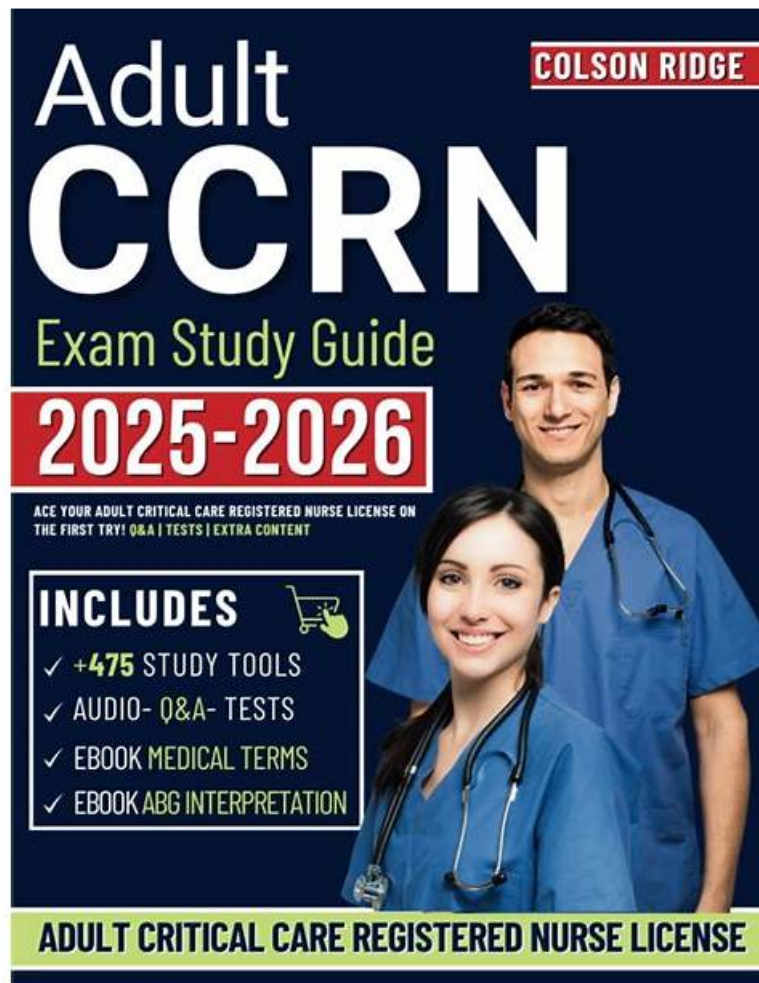


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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">• CLINICAL JUDGMENT: This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.

Topic 2	<ul style="list-style-type: none"> • In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
Topic 3	<ul style="list-style-type: none"> • PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 4	<ul style="list-style-type: none"> • Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.

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AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q954-Q959):

NEW QUESTION # 954

A caloric irrigation test of the oculovestibular reflex is performed on a patient who is comatose following a hypoxic brain injury. When cold water is introduced into the left ear, nystagmus occurs with slow deviation of the eyes toward the left, followed by faster eye deviation to the right. This pattern is indicative of a

- A. brain-stem infarction.
- B. third cranial nerve palsy.
- C. persistent vegetative state.
- **D. normal response.**

Answer: D

Explanation:

The caloric irrigation test, also known as the oculovestibular reflex test, is used to assess brainstem function in patients, especially those who are comatose. In this test, cold water is introduced into the ear canal, which should induce a predictable response if the brainstem is intact. The normal response to cold water irrigation is nystagmus with slow deviation of the eyes toward the side of the cold water (in this case, the left) and a fast phase of eye movement (nystagmus) away from the side of the cold water (to the right). This indicates that the brainstem pathways are functioning properly. References: =

* American Association of Critical-Care Nurses (AACN). (2024). CCRN Exam Handbook. Retrieved from AACN CCRN Exam Handbook

* Adult CCRN/CCRN-E/CCRN-K Certification Review Course Online. AACN

NEW QUESTION # 955

Analyze and interpret the following ABG results:

- * pH: 7.30
- * PaCO₂: 68 mmHg

* HCO₃: 28 mEq/L

- A. Partially compensated respiratory acidosis
- B. Partially compensated metabolic acidosis
- C. Acute (uncompensated) metabolic alkalosis
- D. Acute (uncompensated) respiratory acidosis

Answer: A

Explanation:

Normal pH ranges from 7.35-7.45. Since this patient's pH is below 7.45, the patient is experiencing acidosis. Normal CO₂ (carbon dioxide) levels range from 35-45 mmHg, and normal HCO₃ (bicarbonate) levels range from 22-26 mEq/L. CO₂ is the respiratory component and HCO₃ is the metabolic component. The component that matches the pH is the system controlling the ABG (Arterial Blood Gases).

In this scenario, the pH and CO₂ levels are both acidotic, so the primary mechanism is a respiratory acidosis. Partial compensation is occurring because the CO₂ and HCO₃ are rising together, but the pH remains abnormal; the metabolic alkalosis is compensation for the CO₂, but the pH is still not within normal limits, so it is only partially effective.

NEW QUESTION # 956

The critical care nurse is caring for a patient who is about to undergo cardiac transplantation. Which of the following statements made by the patient does NOT require further teaching by the nurse?

- A. I'm glad that technology has advanced to where they only have to transplant the ventricles, and that the top half of my heart will still be mine.
- B. Symptoms of a transplant rejection are likely to take several weeks to develop.
- C. If I hadn't quit smoking, they wouldn't be letting me have this procedure.
- D. This will help me, but it is unlikely that I will still be alive a decade from now either way.

Answer: C

Explanation:

Smoking cessation is typically required in order to be a candidate for cardiac transplantation. Survival rates at ten years are 56%.

Acute rejection will be appreciable hours or days following the procedure, not weeks. Partial heart transplants are not possible, nor are they an active area of research.

NEW QUESTION # 957

What test is considered the "gold standard" for diagnosing Peripheral Arterial Disease (PAD)?

- A. Angioplasty
- B. Computed Tomography (CT)
- C. Arteriogram
- D. Ankle-Brachial Index (ABI)

Answer: C

Explanation:

Arteriography is a minimally invasive test in which an arteriogram or "road map" of the arteries is made.

It provides details of the location and extent of arterial occlusion and is used to plan or guide treatments such as surgery, angioplasty, or stent placement. It is considered the gold standard for diagnosing PAD and offers the opportunity to both confirm the diagnosis and intervene to correct the pathology at the same time.

The Ankle-Brachial Index (ABI) is the ratio of the blood pressure at the ankle to the blood pressure in the upper arm (brachium).

Compared to the arm, lower blood pressure in the leg is an indication of impending limb ischemia and possible blocked arteries due to PAD. Angioplasty is not a diagnostic test but rather an intervention once PAD is confirmed. Computed Tomography (CT) is not necessary as arteriography is the gold standard.

NEW QUESTION # 958

Which of the following would be an APPROPRIATE expected outcome for an elderly patient recovering from an acute respiratory infection such as bacterial pneumonia?

- A. A maximum weight loss of five pounds of body weight
- **B. The ability to perform ADLs without dyspnea**
- C. Chest pain that greatly improves when splinting the ribcage
- D. A respiratory rate of 20 to 25 breaths per minute

Answer: B

Explanation:

An expected outcome for a patient recovering from pneumonia would be the ability to perform ADLs (Activities of Daily Living) without experiencing dyspnea.

A respiratory rate of 20 to 25 breaths/minute indicates the patient is experiencing tachypnea, which would not be expected on recovery. A weight loss of five pounds is undesirable; the expected outcome would be to maintain a normal weight. A patient who is recovering from pneumonia should experience minimal to no chest pain.

NEW QUESTION # 959

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