

ICF-ACC日本語受験教科書、ICF-ACC勉強の資料



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最近のわずかの数年間で、ICFのICF-ACC認定試験は日常生活でますます大きな影響をもたらすようになりました。将来の重要な問題は、どうやって一回で効果的にICFのICF-ACC認定試験に合格することになります。この質問を解決したいのなら、Xhs1991のICFのICF-ACC試験トレーニング資料を利用すればいいです。この資料を手に入れたら、一回で試験に合格することができるようになりますから、あなたはまだ何を持っているのですか。速くXhs1991のICFのICF-ACC試験トレーニング資料を買いに行きましょう。

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>> ICF-ACC日本語受験教科書 <<

試験の準備方法-更新するICF-ACC日本語受験教科書試験-一番優秀なICF-ACC勉強の資料

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ICF ICF-ACC 認定試験の出題範囲:

トピック	出題範囲

トピック 1	分野：コーチングのコンピテンシー、戦略、テクニック：このセクションでは、ライフコーチがコーチングのコンピテンシー、戦略、テクニックを適用するスキルを評価します。クライアントとの契約方法、特にコーチング契約の重要な要素に関する知識が含まれます。また、ICFコア・コンピテンシー、目標設定、モチベーション、そして様々なコーチングテクニック、ツール、リソースについても網羅しています。このセクションを通して、コーチがクライアントの目標達成を効果的に支援できる能力を備えていることを保証します。
トピック 2	分野：コーチングの定義と境界：このセクションでは、コーチングの定義とコーチングプロセスを理解するコーチングコンサルタントの専門知識を評価します。コーチングと、セラピー、カウンセリング、メンタリング、コンサルティングといった関連専門職との区別も含まれます。さらに、メンタルヘルスの専門家への適切な紹介のタイミングと方法、そしてコーチングの進捗を妨げる可能性のあるメンタルヘルス状態の兆候を認識するための知識も網羅します。このセクションは、コーチが明確な境界を維持し、クライアントの幸福のために十分な情報に基づいた意思決定を行うことを確実にします。
トピック 3	分野：コーチング倫理：このセクションでは、プロフェッショナルコーチのスキルを評価し、利益相反を構成する要素の理解を含む、職業倫理規定に関する知識を網羅します。また、守秘義務違反が必要となる可能性のある要因の特定など、守秘義務に関連する法律、規制、および組織ポリシーに関する認識も評価します。このセクションでは、コーチが倫理基準と法的要件を遵守していることを確認します。

ICF Associate Certified Coach 認定 ICF-ACC 試験問題 (Q46-Q51):

質問 # 46

Which statement most accurately describes the benefits of coaching supervision?

- A. Supervision helps coaches actively reflect on and seek guidance about their professional experiences
- B. Supervision helps coaches connect with and provide progress reports to their clients' managers
- C. Supervision provides instruction on the latest developments in the field and what other coaches are doing
- D. Supervision provides professional direction and ensures coaches follow applicable laws

正解: A

解説:

Coaching supervision, per ICF, supports professional development by providing a reflective space for coaches to enhance skills and address challenges (ICF Competency 2: "Embodies a Coaching Mindset"). It's about growth, not oversight. Let's assess:

A . Supervision helps coaches actively reflect on and seek guidance about their professional experiences: This aligns with ICF's view of supervision as a reflective practice for improving competence and self-awareness (Competency 2).

B . Supervision provides professional direction and ensures coaches follow applicable laws: This suggests control, not the developmental focus of ICF supervision.

C . Supervision provides instruction on the latest developments in the field and what other coaches are doing: This is training, not supervision's reflective purpose.

D . Supervision helps coaches connect with and provide progress reports to their clients' managers: This misrepresents supervision, which is coach-focused, not client-reporting.

Option A most accurately describes supervision's benefits, per ICF's framework.

質問 # 47

Which coaching approach most likely fosters an environment of trust and safety?

- A. Exploring multiple perspectives about a client's issue
- B. Helping the client learn to prioritize goals that the coach considers as successful
- C. Thinking ahead to anticipate what problems the client is likely to experience
- D. Evaluating the coach's own performance based on whether or not the client meets their goals

正解: A

解説:

ICF Competency 5 ("Cultivates Trust and Safety") involves creating an environment where clients feel supported and respected, often through open exploration (Competency 7: "Evokes Awareness"). Let's assess:

- A . Helping the client learn to prioritize goals that the coach considers as successful: This is coach-driven, undermining trust and autonomy (ICF Code of Ethics, Section 1).
 - B . Exploring multiple perspectives about a client's issue: This fosters safety by valuing the client's input and broadening understanding (Competency 5), building trust.
 - C . Thinking ahead to anticipate what problems the client is likely to experience: This shifts focus to the coach's agenda, not trust-building (Competency 2).
 - D . Evaluating the coach's own performance based on whether or not the client meets their goals: This prioritizes coach outcomes over client safety (Section 1).
- Option B most fosters trust and safety, per ICF's competency framework.

質問 # 48

If a company sponsors a coach to work with an employee, which party is responsible for ensuring the employee knows what situations would require the coach to breach confidentiality?

- A. The employee's supervisor
- B. The employee
- C. The company attorneys
- **D. The coach**

正解: D

解説:

The ICF Code of Ethics (Section 4.1) mandates that coaches "explain and ensure that, prior to or at the initial meeting, my coaching client(s) understand the nature and limits of confidentiality." In a sponsored arrangement, the coach retains this responsibility (Competency 3). Let's analyze:

- A . The employee: The client isn't responsible for defining confidentiality; this is the coach's duty (Section 4.2).
 - B . The coach: The coach must clarify confidentiality, including sponsor-related exceptions, in the agreement (Section 1.2), making them responsible.
 - C . The employee's supervisor: The supervisor may have a role in logistics, but not in explaining coaching ethics (Section 4).
 - D . The company attorneys: Legal input may inform policy, but the coach directly communicates ethical standards to the client (Competency 3).
- Option B reflects the coach's responsibility, per ICF standards.

質問 # 49

Which is the best practice for a coach to share a client's case with the coaching supervisor?

- A. Tell the client that the information needs to be shared with the supervisory coach so the coach can learn from the feedback
- **B. Add a statement to the client's contract describing how information will be shared with the supervising coach**
- C. Correspond with the supervising coach verbally so there is no need to share the client's information in writing

正解: B

解説:

The ICF Code of Ethics (Section 4.1) requires coaches to "explain and ensure that, prior to or at the initial meeting, my coaching client(s) understand the nature and limits of confidentiality." Sharing with a supervisor must be disclosed in the coaching agreement (ICF Competency 3) to maintain transparency and trust. Let's analyze:

- A . Tell the client that the information needs to be shared with the supervisory coach so the coach can learn from the feedback: This is reactive and lacks prior consent, violating Section 4's requirement for upfront clarity.
 - B . Add a statement to the client's contract describing how information will be shared with the supervising coach: This proactively ensures client understanding and agreement, aligning with ICF ethics (Section 4.2) and Competency 3.
 - C . Correspond with the supervising coach verbally so there is no need to share the client's information in writing: This avoids documentation but doesn't address client consent or transparency, breaching ethical standards.
- Option B is the best practice, per ICF's confidentiality and agreement requirements.

質問 # 50

A sponsor hires a coach to work with a director. The director asks the coach to provide coaching to address a personal issue under a separate contract. What should the coach do as an ethical responsibility?

- A. Accept to deliver the same type of coaching between the two contracts
- B. Clarify the implications of both contracts to avoid possible conflicts of interest
- C. Decline the request for the personal coaching contract due to the limits of confidentiality
- D. Ensure that the sponsor does not pay for the director's personal coaching

正解： B

解説:

The ICF Code of Ethics (Section 1.2) requires coaches to "clarify roles and responsibilities" in multi-party agreements, and Section 3.2 mandates disclosing conflicts of interest. Dual contracts (sponsor and personal) risk overlapping interests or confidentiality issues (Section 4). Let's assess:

A. Clarify the implications of both contracts to avoid possible conflicts of interest: This ensures transparency and alignment (Competency 3), addressing potential conflicts ethically.

B . Accept to deliver the same type of coaching between the two contracts: This ignores potential conflicts or confidentiality breaches between sponsor and personal goals.

C . Ensure that the sponsor does not pay for the director's personal coaching: Payment source is secondary; the ethical issue is role clarity and conflicts, not just funding.

D. Decline the request for the personal coaching contract due to the limits of confidentiality: Declining isn't required if boundaries are clear; ICF allows multiple roles with disclosure (Section 1.2).

Option A fulfills the coach's ethical responsibility, per ICF standards.

質問 #51

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実際に、多くの受験者はICF-ACC試験に合格したいです。難しいですが、自分自身はより良いものになりたいので、やはりチャレンジしたいです。そのような場合、ICF-ACC学習教材のようないい資料が必要です。ICF-ACC学習教材を利用すれば、あなたはICF-ACC試験を簡単にパスできます。

ICF-ACC勉強の資料: <https://www.xhs1991.com/ICF-ACC.html>

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