

# Test CPCE Assessment - CPCE Related Certifications

## CPCE Exam Outline

Content Categories	Questions
1. Professional Counseling Orientation and Ethical Practice	20
2. Social and Cultural Diversity	20
3. Human Growth and Development	20
4. Career Development	20
5. Counseling and Helping Relationships	20
6. Group Counseling and Group Work	20
7. Assessment and Testing	20
8. Research and Program Evaluation	20

**Time limit:** 3 hours and 45 minutes

**Total questions:** 160

**Question format:** Multiple-choice

**Delivery format:** Computer-delivered

**Mometrix** TEST PREPARATION

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## CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q37-Q42):

### NEW QUESTION # 37

Which theory of group counseling would most closely align with a group leader's use of role reversal and future projection techniques?

- A. psychoanalytic
- B. psychodynamic
- C. psychodrama

**Answer: C**

Explanation:

Psychodrama is a group counseling theory developed by J. L. Moreno that employs techniques such as role reversal and future projection. These techniques involve clients enacting scenarios, assuming roles, and exploring future possibilities within a dramatic framework to gain insight and resolve conflicts. "Role reversal and future projection are hallmark interventions in psychodrama groups, providing opportunities for experiential learning and catharsis." Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Corey, G. (2016). Theory and Practice of Group Counseling (9th Edition).

### NEW QUESTION # 38

A counselor who provides services for severely depressed clients decides to take a vacation. Confident that counseling efforts have stabilized clients, the counselor concludes there is no need to provide client access to another helping professional while the counselor is away. This case illustrates unethical counselor behavior known as

- A. abandonment.
- B. nonmaleficence.
- C. faulty termination.

**Answer: A**

Explanation:

Abandonment occurs when a counselor ends a professional relationship with a client prematurely and without appropriate arrangements for ongoing care. Counselors must ensure continuity of care, particularly for high-risk clients, by providing access to alternative support when they are unavailable. Failure to do so is considered unethical and may endanger client welfare. Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; American Counseling Association (ACA) Code of Ethics (2014).

### NEW QUESTION # 39

In motivational interviewing, the counselor primarily uses:

- A. Confrontation
- B. Reflective listening
- C. Direct advice giving

**Answer: B**

Explanation:

Motivational interviewing centers on using reflective listening to evoke client motivation for change, emphasizing empathy and client autonomy rather than confrontation or direct advice.

Reference: Miller, W. R., & Rollnick, S. (2013). Motivational Interviewing; Helwig, A. A. (2020). CPCE Study Guide and Review.

### NEW QUESTION # 40

Which organization publishes the Code of Ethics that guides professional counselors?

- A. ACA
- B. APA
- C. NASW

**Answer: A**

Explanation:

The American Counseling Association (ACA) publishes the Code of Ethics used by professional counselors to guide ethical decision-making and practice standards.

Reference: American Counseling Association. (2014). ACA Code of Ethics.

### NEW QUESTION # 41

A flat profile is the term used to describe assessment results in which the scores

- A. have low differentiation.
- B. indicate average responding.
- C. show low client motivation.

**Answer: A**

Explanation:

A flat profile in assessment refers to results where the scores across subtests or scales are very similar, indicating low differentiation. This means there are no marked highs or lows, and the individual's performance does not vary significantly across the measured domains.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Cohen, R. J., & Swerdlik, M. E. (2018). Psychological Testing and Assessment.

### NEW QUESTION # 42

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