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10. In modern radiography, the alpha and beta particles are of little concern because:

- A. They travel faster than light
- B. They travel at sub-light speeds and are easily contained or shielded
- C. They are absorbed by human tissue
- D. They are neutral

Answer: B

Rationale: Alpha and beta particles can be shielded easily; most radiography hazards are gamma or X-rays.

11. X-radiation is created by applying a:

- A. Low-voltage alternating current
- B. High-voltage direct current across the cathode of a vacuum tube
- C. Magnetic field
- D. Gamma rays

Answer: B

Rationale: High-voltage DC accelerates electrons from cathode to anode to produce X-rays.

12. X-rays are produced by an X-ray tube by the:

- A. Heating of the anode
- B. Passage of gamma rays through the target
- C. Passage of electrons across the tube striking the target
- D. Interaction of protons with the anode

Answer: C

Rationale: Electrons striking the anode release energy as X-rays.

13. Radio waves, microwaves, and infrared light are types of:

- A. Ionizing radiation
- B. Nonionizing radiation
- C. Gamma rays
- D. Beta particles

Answer: B

Rationale: These radiations do not carry enough energy to ionize atoms.

14. The neutron has an atomic mass of:

- A. 0.5 AMU
- B. 1 AMU
- C. 2 AMU
- D. 4 AMU

Answer: B

Rationale: Neutrons have an approximate mass of one atomic mass unit.

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Psychiatric Rehabilitation Association CPRP Exam Syllabus Topics:

Topic	Details
Topic 1	<ul style="list-style-type: none">Strategies for Supporting Recovery: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on implementing practical and evidence-based methods to promote recovery. It includes empowering clients, fostering motivation, teaching coping skills, and providing support that aligns with person-centered recovery principles.
Topic 2	<ul style="list-style-type: none">Assessment, Planning, and Outcomes: This section assesses the abilities of Rehabilitation Counselors and focuses on evaluating individual strengths, needs, and preferences. It includes setting recovery-oriented goals, developing personalized plans, tracking progress, and using outcome measures to guide and adjust interventions effectively.
Topic 3	<ul style="list-style-type: none">Community Integration: This domain measures the skills of Psychiatric Rehabilitation Specialists and focuses on assisting individuals in engaging with their communities. It covers supporting access to housing, employment, education, and social networks that foster independence and inclusion within community settings.
Topic 4	<ul style="list-style-type: none">Systems Competencies: This section evaluates the competencies of Rehabilitation Counselors and focuses on understanding how service systems operate within the broader mental health and social service environments. It covers collaboration with agencies, policy awareness, advocacy, and navigating service delivery systems to ensure coordinated care.

Psychiatric Rehabilitation Association Certified Psychiatric Rehabilitation Practitioner Sample Questions (Q103-Q108):

NEW QUESTION # 103

What are the four most important factors that support recovery in psychiatric rehabilitation?

- A. Family, community, religion, and relationships
- B. Family, home, resilience, and work
- C. Health, home, community, and purpose
- D. Health, home, hope, and relationships

Answer: D

Explanation:

Recovery in psychiatric rehabilitation is supported by holistic factors that foster well-being and empowerment. The CPRP Exam Blueprint (Domain V: Strategies for Facilitating Recovery) emphasizes key recovery pillars, including health (physical and mental wellness), home (stable housing), hope (motivation and optimism), and relationships (social support), as critical for sustained recovery (Task V.A.1: "Promote recovery principles, including self-determination and satisfaction"). Option B (health, home, hope, and relationships) aligns with this, reflecting SAMHSA's recovery framework, which prioritizes these elements as foundational for individuals to achieve meaningful lives.

Option A (family, home, resilience, work) is close but less comprehensive, as resilience is an outcome and work is a specific goal. Option C (family, community, religion, relationships) is too narrow, as religion is not universal. Option D (health, home, community, purpose) omits hope, a critical motivator. The PRA Study Guide aligns with SAMHSA's recovery factors, supporting Option B.

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CPRP Exam Blueprint (2014), Domain V: Strategies for Facilitating Recovery, Task V.A.1.

PRA Study Guide (2024), Section on Recovery Principles and SAMHSA Framework.

CPRP Exam Preparation & Primer Online 2024, Module on Strategies for Facilitating Recovery.

NEW QUESTION # 104

An individual is frequently hospitalized in a locked unit after expressing suicidal thoughts to staff in her residential facility. As a result,

she runs away when becoming symptomatic. This is an example of

- A. the breakdown of the therapeutic relationship.
- B. avoiding re-traumatization.
- C. the effects of learned helplessness.
- D. attention-seeking behavior.

Answer: B

Explanation:

The individual's pattern of running away when symptomatic, following repeated hospitalizations in a locked unit, suggests a response to potentially traumatic experiences. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes trauma-informed care, which recognizes that institutional settings like locked units can re-traumatize individuals, prompting avoidance behaviors (Task I.A.4: "Apply trauma-informed principles in service delivery").

Option A (avoiding re-traumatization) aligns with this, as the individual's running away likely reflects an attempt to avoid the distress and loss of autonomy associated with involuntary hospitalizations, which can feel re-traumatizing, especially for someone with a history of mental health challenges.

Option B (breakdown of the therapeutic relationship) is possible but not directly supported, as the scenario focuses on hospitalization, not staff interactions. Option C (attention-seeking behavior) is a stigmatizing assumption that contradicts recovery-oriented care. Option D (learned helplessness) implies passivity, not the proactive avoidance behavior described. The PRA Study Guide highlights avoidance as a trauma-informed response to re-traumatizing settings, supporting Option A.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.A.4.

PRA Study Guide (2024), Section on Trauma-Informed Care and Re-Traumatization.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 105

Which of the following is a peer-developed service now recognized as an evidence-based practice?

- A. Wellness Recovery Action Plan
- B. Advanced Mental Health Directives
- C. Supported Employment
- D. Self-Directed Care

Answer: A

Explanation:

This question falls under Domain V: Strategies for Facilitating Recovery, which emphasizes evidence-based practices (EBPs) in psychiatric rehabilitation, including peer-developed services. The CPRP Exam Blueprint identifies the Wellness Recovery Action Plan (WRAP) as "a peer-developed, evidence-based practice that empowers individuals to manage their mental health through self-directed recovery planning." WRAP, developed by Mary Ellen Copeland and peer advocates, is widely recognized for its research-backed effectiveness in promoting recovery.

* Option D: The Wellness Recovery Action Plan (WRAP) is a peer-developed service that has been established as an EBP through rigorous research demonstrating its impact on symptom management, self-advocacy, and recovery. It involves creating a personalized plan for wellness, triggers, and crisis management, aligning with recovery-oriented principles.

* Option A: Advanced Mental Health Directives (e.g., psychiatric advance directives) are tools for self-directed care but are not peer-developed services nor widely recognized as EBPs in the same way as WRAP.

* Option B: Self-Directed Care is a model allowing individuals to manage their service funds but is not specifically peer-developed or universally classified as an EBP.

* Option C: Supported Employment (e.g., Individual Placement and Support) is an EBP but was developed by researchers and professionals, not primarily by peers.

Extract from CPRP Exam Blueprint (Domain V: Strategies for Facilitating Recovery):

"Tasks include: 3. Implementing peer-developed evidence-based practices, such as the Wellness Recovery Action Plan (WRAP), to support self-directed recovery."

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Psychiatric Rehabilitation Association (PRA). (2014). CPRP Exam Blueprint. Retrieved from PRA Certification Handbook.

PRA. (2024). CPRP Exam Preparation & Primer Online 2024 Course: Module 6 - Strategies for Facilitating Recovery.

Copeland, M. E. (2002). Wellness Recovery Action Plan. Peach Press (recommended CPRP study literature, details WRAP as an EBP).

NEW QUESTION # 106

An individual is apprehensive about enrolling in a psychiatric rehabilitation program. What should the practitioner focus on during the first meeting?

- A. Rehabilitation planning
- B. Diagnosis
- C. Motivational interviewing
- D. Engagement

Answer: D

Explanation:

When an individual is apprehensive about enrolling in a rehabilitation program, the practitioner's priority is to build a connection that alleviates fears and encourages participation. The CPRP Exam Blueprint (Domain I: Interpersonal Competencies) emphasizes engagement as the primary focus of initial interactions to establish trust and rapport (Task I.B.3: "Adapt communication strategies to build trust and engagement"). Option A (engagement) aligns with this, as focusing on active listening, empathy, and addressing the individual's concerns fosters a safe space, increasing the likelihood of enrollment and future collaboration.

Option B (diagnosis) is irrelevant, as rehabilitation focuses on functional goals, not clinical diagnosis. Option C (motivational interviewing) is a specific technique that may be used within engagement but is too narrow for the overall focus. Option D (rehabilitation planning) is premature, as apprehension must be addressed before planning can begin. The PRA Study Guide underscores engagement as critical for hesitant individuals, supporting Option A.

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CPRP Exam Blueprint (2014), Domain I: Interpersonal Competencies, Task I.B.3.

PRA Study Guide (2024), Section on Engagement Strategies.

CPRP Exam Preparation & Primer Online 2024, Module on Interpersonal Competencies.

NEW QUESTION # 107

Providing feedback regarding performance of a skill begins with

- A. soliciting the individual's perception of his own performance.
- B. sharing the practitioner's perception of the performance.
- C. listing the strengths of the performance.
- D. praising all aspects of his performance.

Answer: A

Explanation:

Providing feedback in psychiatric rehabilitation is a person-centered process that empowers individuals by valuing their self-assessment and fostering collaboration. The CPRP Exam Blueprint (Domain V: Strategies for Facilitating Recovery) emphasizes engaging individuals in the feedback process by first soliciting their self-perception to promote self-awareness and ownership of skill development (Task V.B.4: "Teach skills using evidence-based methods"). Option D (soliciting the individual's perception of his own performance) aligns with this, as starting with the individual's perspective builds trust, encourages reflection, and informs the practitioner's subsequent feedback, ensuring it is tailored and constructive.

Option A (praising all aspects) is not specific and may lack authenticity, undermining effective feedback.

Option B (listing strengths) is a component of feedback but comes after understanding the individual's view to ensure relevance.

Option C (sharing the practitioner's perception) risks being directive without first valuing the individual's input. The PRA Study Guide highlights soliciting self-perception as the first step in recovery-oriented feedback, supporting Option D.

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CPRP Exam Blueprint (2014), Domain V: Strategies for Facilitating Recovery, Task V.B.4.

PRA Study Guide (2024), Section on Providing Recovery-Oriented Feedback.

CPRP Exam Preparation & Primer Online 2024, Module on Strategies for Facilitating Recovery.

NEW QUESTION # 108

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