2026 ICF-ACC Valid Exam Pattern Free PDF | Professional Vce ICF-ACC Exam: Associate Certified Coach

बी.एड. द्वितीय वर्ष परीक्षा 2026 के परीक्षा फॉर्म भरने से सम्बन्धित निर्देश

1. बी.एड. द्वितीय वर्ष परीक्षा 2026 का परीक्षा फॉर्म ABC ID और बी.एड. प्रथम वर्ष के रोल नम्बर से भरा जायेगा।
2. प्रशिक्षणार्थी परीक्षा फॉर्म को महाविद्यालय में दिनांक 01 जनवरी 2026 से 02 जनवरी 2026 तक 09:00 AM बजे से 01:50 PM बजे तक जमा करवा सकते है।
3. प्रशिक्षणार्थी द्वारा परीक्षा फॉर्म भरने के अगले कार्य दिवस में महाविद्यालय में अनिवार्य रूप से जमा करवाना होगा।
4. परीक्षा फॉर्म स्वयं प्रशिक्षणार्थी को अपने स्तर पर भरवाना होगा।
5. महाविद्यालय द्वारा किसी प्रशिक्षणार्थी का परीक्षा फॉर्म नहीं भरा जायेगा।
6. परीक्षा फॉर्म को पूर्ण सावधानी से भरें।
7. परीक्षा फॉर्म में किसी भी प्रकार की गलती को स्वीकार नहीं किया जायेगा।
8. परीक्षा फॉर्म में नाम, पिता का नाम, माता का नाम अंग्रेजी एवं हिन्दी में सही होना चाहिए।
9. परीक्षा फॉर्म में जन्म दिनांक को सही भरें।
10. प्रशिक्षणार्थी परीक्षा फॉर्म में स्वयं की फोटो एवं हस्ताक्षर सही व स्पष्ट दिखाई देने वाले अपलोड करे।
11. प्रशिक्षणार्थी परीक्षा फॉर्म में निम्न विकल्पों को सावधानीपूर्वक भरे (जिसके सन्दर्भ में पूर्व में ही टेलीग्राम चैनल पर जानकारी दी गई है) : —
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    - Details of last exam appeared in this University
    - Details of last Qualifying Examination passed
    - Details of Subject(S) Offered
    - Final year Subject (S) to be offered for Examination
    - Group: PAPER&VII (ANY ONE) Choose Subject :1
    - Group: PAPER&XII (ANY ONE) Choose Subject :1
12. बी.एड. द्वितीय वर्ष परीक्षा 2026 की फीस (5040/-) होगी।
13. प्रशिक्षणार्थी को परीक्षा फॉर्म स्वयं उपस्थित होकर महाविद्यालय में जमा करवाना होगा।
14. परीक्षा फॉर्म, फीस की रसीद एवं प्रत्येक दस्तावेज के उचित स्थान पर स्व-सत्यापित / स्वयं के हस्ताक्षर करें।
15. परीक्षा फॉर्म एवं फीस की रसीद को प्रिन्ट सही व स्पष्ट दिखाई देने वाला होना चाहिए।
16. परीक्षा फॉर्म के साथ लगने वाले दस्तावेजों का प्रिन्ट भी सही व स्पष्ट दिखाई देने वाले होने चाहिए।
17. परीक्षा फॉर्म, फीस की रसीद एवं दस्तावेजों को पृष्ठ के एक तरफ ही प्रिन्ट करवायें।
18. परीक्षा फॉर्म, फीस की रसीद एवं दस्तावेजों को पृष्ठ के दोनो तरफ प्रिन्ट या फोटोकॉपी को स्वीकार नहीं किया जायेगा।
19. परीक्षा फॉर्म एक ही पृष्ठ पर प्रिन्ट होने पर ही स्वीकार किया जायेगा।
20. बी.एड. द्वितीय वर्ष परीक्षा 2026 के फॉर्म में सभी प्रशिक्षणार्थियों को निम्न विषयों का चयन करना होगा —

1. 9511: BED06-B: KNOWLEDGE AND CURRICULAM (PART-2)
2. 9651: BED09: GENDER, SCHOOL AND SOCIECTY
3. 9552: BED10: ASSESSEMENT FOR LEARNING
4. 9553: BED11: CREATING AND INCLUSIVE SCHOOL
5. 9571: EPC-3: CRITICAL UNDERSTANDING OF ICT
6. 9572: EPC-4: UNDERSTANDING THE SELF
7. BED07-B: TEACHING SUBJECT
8. 9565: BED12-(v): ENVIRONMENTAL EDUCATION
9. 9574: PRAC-TECH: PRACTICE OF TECAHING

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ICF ICF-ACC Exam Syllabus Topics:

Topic	Details
Topic 1	• Domain: Coaching Competencies, Strategies, and Techniques: This section measures the skills of Life Coaches in applying coaching competencies, strategies, and techniques. It includes knowledge of how to contract with clients, focusing on key elements of a coaching agreement. It also covers the ICF Core Competencies, goal setting, motivation, and a variety of coaching techniques, tools, and resources. This section ensures coaches are equipped to effectively support clients in achieving their goals.
Topic 2	• Domain: Definition and Boundaries of Coaching: This section evaluates the expertise of Coaching Consultants in understanding the definition of coaching and the coaching process. It includes differentiating coaching from related professions like therapy, counseling, mentoring, and consulting. Additionally, it covers knowledge of when and how to make appropriate referrals to mental health professionals and recognizing signs of mental health conditions that may hinder coaching progress. This section ensures coaches maintain clear boundaries and make informed decisions for client well-being.
Topic 3	• Domain: Coaching Ethics: This section of the exam measures the skills of Professional Coaches and covers knowledge of professional ethics codes, including understanding what constitutes a conflict of interest. It also evaluates awareness of relevant laws, regulations, and organizational policies related to confidentiality, such as identifying factors that may necessitate breaking confidentiality. This section ensures that coaches adhere to ethical standards and legal requirements.

ICF Associate Certified Coach Sample Questions (Q52-Q57):

NEW QUESTION # 52
Which action by a coach most likely fosters a strong coach-client relationship?

- A. Acknowledge the client's unique talents
- B. Encourage the client to complete homework
- C. Provide a high-energy environment
- D. Offer balanced positive and critical feedback

Answer: A

Explanation:
A strong coach-client relationship is built on trust, safety, and mutual respect, as outlined in ICF Competency 5 ("Cultivates Trust and Safety"). Acknowledging the client's unique talents fosters this by validating their strengths and creating a positive, empowering dynamic, consistent with the ICF Definition of Coaching, which emphasizes inspiring clients to maximize their potential. Let's assess the options:
A . Acknowledge the client's unique talents: This aligns with Competency 5 and Competency 7 ("Evokes Awareness") by building confidence and self-awareness. It reflects the ICF ethical principle of honoring the client's individuality (ICF Code of Ethics, Section 1.3), strengthening the relationship through affirmation.
B . Offer balanced positive and critical feedback: While feedback can be constructive, "critical" feedback risks shifting into a directive role, which may erode trust if not handled carefully (ICF Code of Ethics, Section 2.3). It's less foundational to relationship-building than acknowledgment.
C . Provide a high-energy environment: Energy can enhance engagement, but it's not universally effective and doesn't directly address the relational bond required by ICF Competency 5.
D . Encourage the client to complete homework: This supports goal progress (Competency 8), but it's a technique, not a primary relationship-building action, and could feel directive if overemphasized.
Option A most directly fosters a strong coach-client relationship by aligning with ICF's focus on trust, safety, and client empowerment.

NEW QUESTION # 53

Which goal is best addressed through coaching rather than psychotherapy?

- A. Learning to manage angry outbursts at work and at home
- B. Improving memory and concentration after experiencing a series of strokes
- C. Managing excessive feelings of worry that interfere with all aspects of life
- D. Developing a vision and goals for a new department within the company

Answer: D

NEW QUESTION # 54
Your client is frustrated that she is frustrated. She should have been over this mishap in her work a long time ago. She is talking very negatively about herself: "Why can't I get over this..." The worst response is:

- A. Ask the client if she always is this negative about herself.
- B. Invite a reframe and say that sometimes people become frustrated when something is really important to them-might this be the case here?
- C. Tell the client that you like her a lot and that she should not be so negative.
- D. Remind the client that coaching is forward-looking.

Answer: C

Explanation:
Option A is the worst because it introduces the coach's personal feelings ("I like her a lot") and directs the client ("should not be so negative"), violating Competency 2.2 (partnership) and Ethics Section 2.1 (maintaining professional boundaries). It fails to evoke awareness (Competency 7) or respect the client's experience (Ethics 1.1).
Option B is dismissive but forward-focused. Option C may feel judgmental but invites reflection. Option D (best, see Question 7) supports growth. A most egregiously shifts focus to the coach and undermines the process.
References: ICF Core Competencies (2.2, 7); ICF Code of Ethics (1.1, 2.1).

NEW QUESTION # 55
In which situation should a coach recommend that a client speak with a therapist?

- A. The coach notices the client often seems distracted during sessions
- B. The client says their frequent and intense mood swings are disrupting their life
- C. The coach feels like their guidance has not been helping the client's professional development
- D. The client explains that they have been feeling nervous about an upcoming change at work

Answer: B

Explanation:
The ICF Code of Ethics (Section 2.5) mandates referral when client needs fall outside coaching's scope, such as mental health conditions (ICF Coaching Boundaries). Mood swings disrupting life suggest a clinical issue.
Let's review:
* A. The coach feels like their guidance has not been helping the client's professional development:
This may require coaching adjustments, not therapy (Competency 8).
* B. The coach notices the client often seems distracted during sessions: Distraction alone doesn't indicate therapy unless tied to mental health (Competency 6).
* C. The client says their frequent and intense mood swings are disrupting their life: This suggests a potential disorder (e.g., bipolar), requiring therapeutic intervention (Section 2.5).
* D. The client explains that they have been feeling nervous about an upcoming change at work:
Situational nervousness is coachable (Competency 7), not requiring therapy.
Option C justifies a therapy recommendation, per ICF ethics and boundaries.

NEW QUESTION # 56
At which point in the coaching process should the coach explain the rules around confidentiality?

- A. Before scheduling o second session
- B. By the end of the first session

- C. After assessment are completed
- D. Before the coaching begins

Answer: D

Explanation:
The ICF Code of Ethics (Section 4.1) requires coaches to "explain and ensure that, prior to or at the initial meeting, my coaching client(s) understand the nature and limits of confidentiality." This must occur before coaching starts (Competency 3). Let's analyze:
A . Before the coaching begins: This aligns with Section 4.1 and Competency 3, ensuring clarity upfront.
B . By the end of the first session: This is too late; clients need to know limits before sharing (Section 4.2).
C . After assessments are completed: This delays critical disclosure, risking trust (Section 4).
D . Before scheduling a second session: This is after coaching begins, missing the ethical timing (Section 1.2).
Option A is the correct point, per ICF's ethical standards.

NEW QUESTION # 57
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