

# Prominent Features of TestPassed NREMT EMT Exam Practice Test Questions



3. For the medication contained in a metered-dose inhaler to provide relief of asthma symptoms, it must come in contact with the...

- a. oral mucosa.
- b. trachea and main bronchi.
- c. bronchioles.
- d. alveoli.

4. A 54 year old female complained of difficulty breathing before becoming unresponsive. You attempted to place an oropharyngeal airway, but she started gagging. In which position should you position her?

- a. Prone
- b. Supine
- c. Semi-Fowler's
- d. Laterally recumbent

5. An unresponsive 36 year old female patient was found in the hallway of an office complex, moaning slightly. Her breathing is adequate, and she appears to have lost bladder control. After administering oxygen, you observe her mental status improving. You should suspect her presentation was most likely caused by...

- a. stroke.
- b. seizure.
- c. hypoglycemia.
- d. myocardial infarction.

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## EMT Real Questions - Relevant EMT Answers

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## NREMT Emergency Medical Technicians Exam Sample Questions (Q127-Q132):

### NEW QUESTION # 127

A 12-year-old male suffered helmet-to-helmet contact while playing football. A bystander states, "He passed out for several seconds, then walked off the field under his own power." He is now unresponsive, and his vital signs are BP 180/110, P 90, and R 6. You should suspect

- A. Subarachnoid hemorrhage
- B. Subdural hemorrhage
- C. Epidural hematoma
- D. Intracerebral hematoma

**Answer: C**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Epidural hematoma classically presents with a "lucid interval"- a brief period of regained consciousness following head trauma, followed by rapid deterioration. This is due to arterial bleeding, often from the middle meningeal artery, leading to increasing intracranial pressure.

Signs include:

- \* High blood pressure
- \* Decreasing respiratory rate
- \* Altered LOC or unresponsiveness

Subdural hemorrhages are slower venous bleeds, common in elderly patients. Subarachnoid hemorrhage often presents with "worst headache of life." Intracerebral bleeds are less commonly linked to lucid intervals.

References:

NREMT Trauma Module - Head Injuries

AAOS Emergency Care Textbook (11th ed.), Chapter: Head and Spine Trauma Emergency Neurological Life Support (ENLS) Guidelines - Traumatic Brain Injury

#### NEW QUESTION # 128

A 9-year-old patient who was injured in an MCI is brought to the treatment area with a delayed triage tag. Which of the following signs or symptoms would the EMT expect to find? Select the three correct options.

- A. Breathing only after opening the airway
- B. Respiratory rate of 16
- C. Palpable pulses being present
- D. Ability to ambulate
- E. Mottled skin
- F. Follows simple commands

**Answer: C,D,F**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In pediatric START or JumpSTART triage, a "delayed" status is appropriate if the child is breathing adequately, has palpable pulses, and follows commands. The respiratory rate of 16 is normal for a 9-year-old, and being able to walk also supports the "delayed" tag.

"Mottled skin" and "breathing only after airway opening" would more likely lead to "immediate" or even "expectant" categories depending on associated symptoms.

References:

JumpSTART Pediatric MCI Triage Algorithm

National EMS Education Standards - Triage

PALS Provider Manual (American Heart Association)

#### NEW QUESTION # 129

A 30-year-old patient is injured in a motor vehicle collision. The patient cannot move their diaphragm, and they are apneic. In which of the following locations should the EMT suspect the spinal injury occurred?

- A. C4
- B. L4
- C. T3
- D. T1

**Answer: A**

Explanation:

The diaphragm is innervated by the phrenic nerve, which originates from spinal nerve roots C3-C5.

NREMT teaching highlights the phrase: "C3, 4, and 5 keep the diaphragm alive." Option A (C4) is correct because an injury at or above this level can paralyze the diaphragm, resulting in apnea and immediate respiratory failure.

Option B (T1) and C (T3) affect intercostal muscles but not the diaphragm.

Option D (L4) affects lower extremity function only.

NREMT emphasizes that high cervical spine injuries are immediately life-threatening due to loss of ventilatory control.

### NEW QUESTION # 130

A 34-year-old patient has a possible midshaft fracture to their right femur. The EMT is considering what the best time to assess distal neurological function would be:

\* Time 1: Before the splint has been applied

\* Time 2: After the splint has been applied

At which of these times, if either, should the EMT assess distal neurological function?

- A. Time 2 only
- B. Time 1 only
- C. Neither time
- **D. Both times**

**Answer: D**

Explanation:

Comprehensive and Detailed Explanation (Based on NREMT standards):

NREMT trauma care guidelines clearly state that distal circulation, sensation, and motor function (CSM) must be assessed both before and after splinting any musculoskeletal injury.

Option C is correct because the pre-splint assessment establishes a baseline, while the post-splint assessment confirms that the splint has not compromised blood flow or nerve function.

Option A is incomplete and unsafe.

Option B misses baseline data.

Option D violates standard trauma care practices.

Proper documentation of distal neurological status is critical for patient safety and medico-legal protection.

### NEW QUESTION # 131

You have consulted with on-line medical direction to terminate resuscitation of a 74-year-old female. How should you inform her family of this decision?

- **A. "She has died."**
- B. "She didn't make it."
- C. "She has passed."
- D. "She is at peace."

**Answer: A**

Explanation:

The correct answer is A. "She has died."

This question focuses on communication with family members during death notification, a critical component of EMS Operations and patient/family interaction.

NREMT-aligned guidelines emphasize that EMTs must communicate clearly, directly, and compassionately when informing family members of a death. The use of euphemisms (such as "passed," "didn't make it," or "at peace") is discouraged because they can create confusion or false hope.

Why A is correct:

\* The phrase "She has died" is clear, direct, and unambiguous.

\* It ensures the family fully understands the situation without misunderstanding.

\* It aligns with best practices for delivering death notifications in EMS.

Why the other options are incorrect:

\* B. "She has passed.": A euphemism that may soften the message but can be unclear or misinterpreted.

\* C. "She didn't make it.": Informal and vague; lacks professionalism and clarity.

\* D. "She is at peace.": Indirect and potentially confusing; does not explicitly state death.

Exact Extract (EMT-aligned educational content):

- \* EMTs should use clear, simple, and direct language when notifying survivors of a death.
- \* Avoid euphemisms because they may confuse family members or delay their understanding of the reality.
- \* Communication should be compassionate but honest, ensuring that the message is fully understood.

References:

NREMT National EMS Education Standards - EMS Operations (Death Notification & Family Interaction) EMT Training Curriculum - Special Patient Populations (Death and Dying) National EMS Scope of Practice Model - Professional Communication and Patient Advocacy

## NEW QUESTION # 132

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