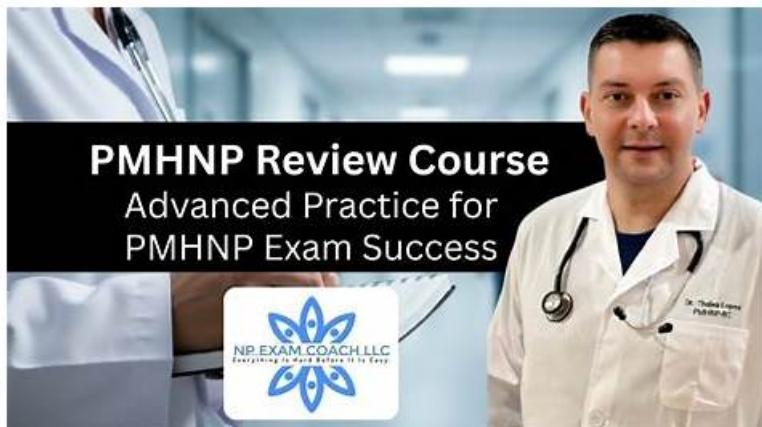


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College Admission American Nurses Credentialing Center: Adult Psychiatric-Mental Health Nurse Practitioner-Board Certified Sample Questions (Q1190-Q1195):

NEW QUESTION # 1190

Which of the following indicates both an atypical and typical presentation of major depressive disorder?

- A. Mood reactivity
- B. Leaden paralysis
- C. Long-standing pattern of interpersonal rejection sensitivity
- D. **Anhedonia**

Answer: D

Explanation:

Anhedonia is the inability to feel pleasure, and it occurs in both typical and atypical presentations of major depressive disorder. An atypical presentation is characterized by the following:

* Mood reactivity

- * Weight gain
- * Increased appetite
- * Hypersomnia
- * Leaden paralysis
- * Long-standing pattern of interpersonal rejection sensitivity

NEW QUESTION # 1191

Which of the following is a disadvantage to prescribing benzodiazepines with short half-lives?

- A. Less daytime sedation
- **B. Increased risk of addiction**
- C. Less drug accumulation
- D. Rapid onset of action

Answer: B

Explanation:

A disadvantage of benzodiazepines with short half-lives is an increased risk of addiction. Rapid onset of action, less drug accumulation, and less daytime sedation are all advantages of benzodiazepines with short half-lives.

NEW QUESTION # 1192

By the time they turn 18 years old, what percent of adolescents regularly smoke tobacco?

- A. 50%
- B. 5%
- **C. 20%**
- D. 1%

Answer: C

Explanation:

Most adolescents in the United States experiment with tobacco use. By the age of 18, at least 20% of individuals smoke tobacco regularly. More than 80% of these people attempt to quit, but only 5% will be successful. Daily smoking in the United States used to be rare; however, it has become more prevalent in the past decade, especially among teenagers.

NEW QUESTION # 1193

What situation involves addressing a conflict via direct intervention by a neutral third party who facilitates a "win-win" situation?

- **A. Conflict resolution**
- B. Negotiation
- C. Arbitration
- D. Mediation

Answer: A

Explanation:

Conflict resolution is directed by a neutral third party who facilitates a "win-win" situation.

In mediation, the third party acts as a go-between but allows the other two parties to direct the resolution. Arbitration is directed by a third party who makes a decision that often favors one party over the other. Negotiation occurs between two parties and is unlikely to involve a third party.

NEW QUESTION # 1194

Which of the following is the most significant factor for a PMHNP to consider that contributes to the development of substance-use disorders (SUDs)?

- A. Psychological stressors

- B. Peer pressure
- **C. Genetic predisposition**
- D. Environmental stressors

Answer: C

Explanation:

Substance use disorders have a complex etiology, and multiple factors contribute to their development. However, research has shown that genetic predisposition is the most significant factor. Studies have identified multiple genes that increase the risk of developing SUDs, and these genes are involved in regulating the reward system, impulsivity, and sensitivity to stress. Environmental stressors, such as exposure to trauma or adverse childhood experiences, can also increase the risk of developing SUDs, but they are less significant than genetic predisposition. Peer pressure may play an important role in the initial use of substances, but it does not contribute to the development of substance-use disorders as much as genetic predisposition does.

NEW QUESTION # 1195

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