

Prominent Features of {CCE Global} CCE Global CPCE Exam Questions

CPCE Exam Outline

Content Categories	Questions
1. Professional Counseling Orientation and Ethical Practice	20
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3. Human Growth and Development	20
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5. Counseling and Helping Relationships	20
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7. Assessment and Testing	20
8. Research and Program Evaluation	20

Time limit: 3 hours and 45 minutes

Total questions: 160

Question format: Multiple-choice

Delivery format: Computer-delivered

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CCE Global Counselor Preparation Comprehensive Examination (CPCE) Sample Questions (Q107-Q112):

NEW QUESTION # 107

A client who had successfully mastered Erikson's psychosocial stage of generativity versus stagnation would be predicted to

- A. mentor youth to develop useful lives.
- B. explore a meaningful vocation.

- C. develop a stable personal identity.

Answer: A

Explanation:

Erikson's stage of generativity vs. stagnation, which typically occurs in middle adulthood, is characterized by a desire to contribute to the next generation through activities such as mentoring, parenting, or productive work. Successful mastery results in behaviors like mentoring youth and making contributions that benefit others, reflecting a sense of generativity.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Santrock, J. W. (2018). Life-Span Development.

NEW QUESTION # 108

Counselors know that the best predictor of counseling effectiveness is the

- A. use of phenomenological approaches.
- B. **quality of the counseling relationship.**
- C. successful completion of the client-counselor contract.

Answer: B

Explanation:

Research consistently shows that the quality of the counseling relationship (also called the therapeutic alliance) is the strongest and most consistent predictor of positive counseling outcomes, across a variety of counseling approaches and client issues.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Gladding, S. T. (2018). Counseling: A Comprehensive Profession (8th Edition).

NEW QUESTION # 109

Counselors who are not effective in counseling members of minoritized groups typically

- A. emphasize both individual and group differences.
- B. use a variety of verbal and nonverbal communication styles.
- C. **rely on rigid use of techniques and activities.**

Answer: C

Explanation:

Ineffective counselors working with clients from minoritized groups often rely on rigid, inflexible use of counseling techniques and activities. This approach does not take into account cultural values, beliefs, and communication styles unique to diverse populations, resulting in poor rapport and outcomes. Effective multicultural counselors adapt their methods and understand the importance of cultural context.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Sue, D. W. & Sue, D. (2016). Counseling the Culturally Diverse.

NEW QUESTION # 110

What best describes the application of Super's theory in career counseling?

- A. Understand a person's ability to match personal interests with current job opportunities.
- B. **Evaluate a person's self-concept and its influence on careers choices over time.**
- C. Analyze the stability of a person's career across different life stages.

Answer: B

Explanation:

Super's theory of career development is grounded in the concept of self-concept and how it evolves across the lifespan. The theory emphasizes understanding how a person's self-concept influences their career choices over time, rather than simply matching interests to jobs or analyzing career stability.

Reference: Helwig, A. A. (2020). CPCE Study Guide and Review; Niles, S. G. & Harris-Bowlsbey, J. (2016). Career Development Interventions.

NEW QUESTION # 111

In motivational interviewing, the counselor primarily uses:

- A. Direct advice giving
- **B. Reflective listening**
- C. Confrontation

Answer: B

Explanation:

Motivational interviewing centers on using reflective listening to evoke client motivation for change, emphasizing empathy and client autonomy rather than confrontation or direct advice.

Reference:Miller, W. R., & Rollnick, S. (2013).Motivational Interviewing.Helwig, A. A. (2020).CPCE Study Guide and Review.

NEW QUESTION # 112

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