

# Reliable NCLEX-RN Exam Blueprint & NCLEX-RN Study Reference

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## **NCLEX RN | Essential Exam Blueprint Q&A: Core Concepts with Explained Solutions 2025/2026**

Which statement should be included in the teaching session of a client scheduled for a renal biopsy?

- a) a "You will be placed in a sitting position for the biopsy."
  - b) b "You may experience a feeling of pressure or discomfort during aspiration of the biopsy."
  - c) c "You will be asleep during the procedure."
  - d) d "You will not be able to drink fluids for 24 hours following the study."
- b "You may experience a feeling of pressure or discomfort during aspiration of the biopsy."

The client is admitted with chronic obstructive pulmonary disease. Blood gases reveal pH 7.36, CO<sub>2</sub> 45, O<sub>2</sub> 84, bicarb 28. The nurse would assess the client to be in:

- a) a Uncompensated acidosis
  - b) b Compensated alkalosis
  - c) c Compensated metabolic acidosis
  - d) d Uncompensated metabolic acidosis
- c Compensated metabolic acidosis

Before administering intravenous chemotherapy to the patient being treated, the nurse should:

- a) a Administer a bolus of IV fluid.
- b) b Administer pain medication.
- c) c Administer an antiemetic.

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## NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q101-Q106):

### NEW QUESTION # 101

A client is in active labor and has been admitted to the labor and delivery unit. The RN has just done a sterile vaginal exam and determines that the client is dilated 5 cm, effaced 85%, and the fetus's head is at 0 station. She asks if she could have a lumbar epidural now. The epidural is started, and the anesthetic agent used is bupivacaine (Marcaine). After the client has received her lumbar epidural, it is important for the RN to monitor her for which of the following side effects:

- A. Hypoglycemia
- B. Hypertension
- C. Hypotension
- D. Hyperglycemia

**Answer: C**

Explanation:

(A) The medication bupivacaine will cause vasodilation in the vascular system, and this does not result in elevation of the maternal blood pressure. (B) The medication bupivacaine will cause vasodilation in the vascular system, and this will result in lowering the maternal blood pressure. (C) Bupivacaine does not interfere with the functioning of the endocrine system. (D) Bupivacaine does not interfere with the functioning of the endocrine system.

### NEW QUESTION # 102

After several days, an IDDM client's serum glucose stabilizes, and the registered nurse continues client teaching in preparation for his discharge. The nurse helps him plan an American Diabetes Association diet and explains how foods can be substituted on the exchange list. He can substitute 1 oz of poultry for:

- A. One-fourth cup dry cottage cheese
- B. One ounce of ham
- C. Two slices of bacon
- D. One frankfurter

**Answer: A**

Explanation:

Explanation

(A) A frankfurter is a high-fat meat on the diabetic exchange list. (B) Ham is a medium-fat meat on the diabetic exchange list, unless it is a center-cut slice. (C) One strip of bacon equals one fat exchange rather than a meat exchange. Dietary substitutions should occur within exchange lists and not between exchange lists. (D) Diabetic meat-exchange lists are categorized into lean meat foods, medium-fat meats, and high-fat meats.

Cottage cheese (dry, 2% butterfat), one-fourth cup, can substitute for one lean-meat exchange.

### NEW QUESTION # 103

A successful executive left her job and became a housewife after her marriage to a plastic surgeon. She started doing volunteer work for a charity organization. She developed pain in her legs that advanced to the point of paralysis. Her physicians can find no organic basis for the paralysis. The client's behavior can be described as:

- A. Malingering
- B. Agoraphobia
- C. Conversion reaction
- D. Housework phobia

**Answer: C**

Explanation:

Explanation/Reference:

Explanation:

(A) A typical phobia does not result in physical symptoms (i.e., paralysis). (B) Malingering is pretending to be ill. This person has a true paralysis. (C) A conversion reaction is a physical expression of an emotional conflict. It has no organic basis. (D) Agoraphobia is fear of public places.

#### NEW QUESTION # 104

MgSO<sub>4</sub> is ordered IV following the established protocol for a client with severe PIH. The anticipated effects of this therapy are anticonvulsant and:

- A. Antiemetic
- B. Vasodilative
- C. Hypertensive
- D. Vasoconstrictive

**Answer: B**

Explanation:

(A) An anticonvulsant effect is the goal of drug therapy for PIH. However, we would not want to increase the vasoconstriction that is already present. This would make the symptoms more severe. (B) An anticonvulsant effect and vasodilation are the desired outcomes when administering this drug. (C) An anticonvulsant effect is the goal of drug therapy for PIH; however, hypertensive drugs would increase the blood pressure even more. (D) An anticonvulsant effect is the goal of drug therapy for PIH. MgSO<sub>4</sub> is not classified as an antiemetic. Antiemetics are not indicated for PIH treatment.

#### NEW QUESTION # 105

A client was admitted to the hospital after falling in her home. At the time of admission, her blood alcohol level was 0.27 mg%. Her family indicates that she has been drinking a fifth of vodka a day for the past 9 months. She had her last drink 30 minutes prior to admission. Alcohol withdrawal symptoms would most likely be exhibited by her:

- A. Six to 8 hours after the last drink
- B. Two to 4 hours after the last drink
- C. Immediately on admission
- D. Twenty-four hours after the last drink

**Answer: A**

Explanation:

Explanation/Reference:

Explanation:

(A) This answer is incorrect. Alcohol withdrawal usually begins approximately 6-8 hours after the last drink. (B) This answer is correct. It takes approximately 6-8 hours for metabolism of alcohol. (C) This answer is incorrect. The alcohol is still in the system, as indicated by the high blood alcohol level. (D) This answer is incorrect. Symptoms of alcohol withdrawal usually begin within 6-8 hours of the last drink.

#### NEW QUESTION # 106

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