

# NCE-ABE시험준비공부인증시험



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>> NCE-ABE시험준비공부 <<

## 최신버전 NCE-ABE시험준비공부 완벽한 시험 최신 덤프

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## 최신 National Certified Counselor NCE-ABE 무료샘플문제 (Q162-Q167):

질문 # 162

Which lack of bonding factor between caregiver and child has been found to contribute to academic underperformance by a child?

- A. Decreased practice with delaying gratifications
- B. Decreased experience with attending behaviors
- C. Indiscriminate attachments to adults due to lack of attachment
- D. Inhibited cognitive and emotional growth due to low stimulation

정답: D

설명:

When there is a significant lack of bonding or secure attachment between a caregiver and a child, one major consequence is often low levels of stimulation, interaction, and responsive caregiving. This can lead to:

- \* Inhibited cognitive growth (e.g., delayed language, problem-solving, and conceptual skills).
- \* Inhibited emotional growth, including difficulty regulating emotions and forming relationships.

These developmental limitations directly affect school readiness and academic performance, making A the best answer. The other options describe possible effects of attachment problems but are less directly and broadly tied to academic underperformance:

- \* B. Indiscriminate attachments to adults - seen in some severe attachment disturbances, but this focuses more on social behaviors than academic performance per se.
  - \* C. Decreased experience with attending behaviors - could play a role but is more narrow and not the primary developmental factor emphasized in research.
  - \* D. Decreased practice with delaying gratifications - relates more to impulse control and behavior, which can affect school, but the core academic underperformance is more strongly linked to global cognitive and emotional inhibition due to low early stimulation.
- Within Areas of Clinical Focus, counselors are expected to understand how early attachment and caregiving environments influence later functioning, including academic achievement, and to recognize how disruptions in bonding can affect a child's cognitive and emotional development.

### 질문 # 163

Proponents of the client-centered approach recommend a parent-child relationship be based upon

- A. unconditional positive regard.
- B. authoritarianism.
- C. behavior-shaping.
- D. natural and logical consequences.

정답: A

설명:

The Counseling and Helping Relationships core area includes person-centered (client-centered) theory, originating with Carl Rogers. A central concept in this approach is unconditional positive regard-warm acceptance, respect, and valuing of the person without conditions of worth.

Applied to the parent-child relationship, a client-centered perspective emphasizes that:

- \* Children should experience consistent acceptance and respect,
- \* Love and regard are not contingent on performance, behavior, or meeting parental conditions,
- \* This environment supports healthy self-concept and growth.

Thus, Option C (unconditional positive regard) directly reflects the client-centered approach.

The other options come from different theoretical frameworks:

- \* A. Authoritarianism conflicts with client-centered values and reflects a rigid, controlling style.
- \* B. Natural and logical consequences are features of Adlerian / Dreikursian parenting approaches.
- \* D. Behavior-shaping is rooted in behavioral/operant conditioning, not client-centered theory.

Therefore, C is the correct answer.

### 질문 # 164

Which of the following is characteristic of reality therapy group counseling?

- A. When group members do not complete plans of action, the emphasis is on the analysis of resistance.
- B. The leader outlines a strategy for changing members' behaviors.
- C. The group leader assumes a nondirective stance.
- D. Group counseling involves an emphasis on actions, thinking, feelings, and individual choice.

정답: D

설명:

Reality therapy, grounded in choice theory, emphasizes that clients are responsible for their choices and can learn to make more effective ones. In group counseling, the approach focuses on:

- \* What members are doing and thinking in the present.
- \* Encouraging effective action plans.
- \* Acknowledging feelings but emphasizing choices and behaviors.
- \* Personal responsibility and evaluation of whether current behavior is helping members meet their needs.

Option D accurately reflects this: reality therapy groups highlight actions, thinking, feelings, and individual choice, with particular attention to behavior and responsibility within the group context.

Why the others are incorrect:

- \* A. Nondirective stance: Reality therapy is typically active and directive, not nondirective; the leader is engaged, confronts

inconsistencies, and helps members plan.

\* B. Emphasis on the analysis of resistance: Rather than deeply analyzing "resistance," reality therapy focuses on what the member is willing to do now and helping them design realistic, responsible plans.

\* C. The leader outlines a strategy: In reality therapy, the counselor helps members formulate their own plans; the leader does not simply prescribe or impose a strategy.

This matches NBCC Counselor Work Behavior Areas for group work and interventions, which expect counselors to understand how theoretical orientation shapes the focus of group sessions, the leader's role, and the type of change process emphasized.

### 질문 # 165

An instrument used to indicate likes and dislikes is

- A. An interest inventory
- B. A projective technique
- C. A Likert-type scale
- D. A self-concept inventory

정답: A

설명:

In the Assessment and Testing core area, CACREP expects counselors to distinguish between different categories of instruments, including interest inventories, personality tests, aptitude tests, and self-concept measures.

\* Interest inventories are designed to assess a person's likes and dislikes regarding activities, subjects, and occupations. They are widely used in career counseling to help people explore suitable fields based on what they enjoy.

\* They directly ask about preferences-which is exactly what the question describes.

Why the others are not best:

\* Likert-type scale (B): This is a response format (e.g., strongly agree to strongly disagree), not a type of test by itself. It can be used in many kinds of instruments (attitudes, beliefs, etc.).

\* Self-concept inventory (C): Focuses on how people see themselves (self-image, self-worth), not primarily on their likes and dislikes about activities or careers.

\* Projective technique (D): Uses ambiguous stimuli (inkblots, drawings, etc.) to explore personality dynamics, not straightforward preference ratings.

Therefore, an instrument that indicates likes and dislikes is A. An interest inventory.

### 질문 # 166

When is the best time to provide feedback to a client?

- A. Immediately following a behavior
- B. At scheduled times throughout treatment
- C. During the review of the treatment plan
- D. Only after the client asks for it

정답: B

설명:

The Counseling and Helping Relationships core area emphasizes that counseling is a collaborative and ongoing process. This includes regular, purposeful feedback so that:

\* Counselor and client can monitor progress,

\* Adjust goals and interventions, and

\* Ensure that treatment remains aligned with the client's needs and preferences.

Providing feedback at scheduled times throughout treatment (Option B) is consistent with CACREP- related expectations for:

\* Ongoing evaluation of counseling outcomes,

\* Use of progress monitoring, and

\* Maintenance of a clear, structured counseling process.

Why the others are less appropriate:

\* A. During the review of the treatment plan - Feedback should not be limited only to formal treatment-plan reviews; it needs to be more frequent and systematic.

\* C. Immediately following a behavior - Immediate feedback can be useful in behavioral interventions, but in general counseling, feedback is more effective when delivered in planned, reflective moments, not constantly after every behavior.

\* D. Only after the client asks for it - This is inconsistent with the counselor's responsibility to actively facilitate the counseling



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