

EMT Authentic Exam Questions - EMT Practice Mock

EMT Test 1 (Chapters 1 - 5) Questions and Answers.

National guidelines for EMS care are intended to _____.

Select one:

- A. facilitate a national EMS labor group
- B. reduce expenses at the local and state levels
- C. provide more consistent delivery of EMS care across the United States
- D. unify EMS providers under a single medical director - ANSWER C. provide more consistent delivery of EMS care across the United States

The determination that prompt surgical care in the hospital is more important than performing time-consuming procedures in the field on a major trauma patient is based MOSTLY on:

Select one:

- A. the lead EMT's decision.
- B. regional trauma guidelines.
- C. EMS research.
- D. local protocols. - ANSWER C. EMS research

As an EMT, you may be authorized to administer aspirin to a patient with chest pain based on:

Select one:

- A. medical director approval.
- B. an order from a paramedic.
- C. the patient's condition.
- D. the transport time to the hospital. - ANSWER A. medical director approval

Which of the following descriptions MOST accurately portrays emergency medical services (EMS)?

Select one:

- A. A system composed exclusively of emergency medical responders (EMRs) and emergency medical technicians (EMTs) who are responsible for providing care to sick and injured patients
- B. A vast network of advanced life support (ALS) providers who provide definitive emergency care in the prehospital setting
- C. A team of health care professionals who are responsible for providing emergency care and transportation to the sick and injured
- D. A team of paramedics and emergency physicians who are responsible for providing emergency care to critically injured patients - ANSWER C. A team of healthcare professionals who are responsible for providing emergency care and transportation to the sick and injured.

What should an EMT do to limit errors in the field?

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Following are the requirements of Test Prep EMT Exam

Candidates for national emergency medical technician certification must meet the following requirements:

- Have a current CPR-BLS for "healthcare provider" or equivalent credentials.
- Successful completion of a state-approved State Medical Technician (EMT) course that meets or exceeds the National Emergency Medical Service training standards for the emergency technician.
- Candidate must have completed the course in the last 2 years & the course director needs to verify the success of the course on the National Registry website.
- Pass state-approved cognitive (knowledge) and psychomotor (skills) tests.
- The successful parts of the cognitive and psychomotor exam remain valid for 24 months. For candidates whose course completion date is before November 1, 2018, the valid parts of each exam are valid for 12 months. Provided all other entry conditions are met.

EMT Practice Mock & EMT Valid Test Preparation

If you are craving for getting promotion in your company, you must master some special skills which no one can surpass you. To suit your demands, our company has launched the EMT exam materials especially for office workers. For on one hand, they are busy with their work, they have to get the EMT Certification by the little spread time. On the other hand, it is not easy to gather all of the exam materials by themselves. So our EMT study questions are their best choice.

NREMT Emergency Medical Technicians Exam Sample Questions (Q31-Q36):

NEW QUESTION # 31

A 24-year-old patient was involved in an MVC. The EMT is completing the patient care report. Which of the following statements indicate pertinent negatives? Select the two correct options.

- A. "The patient denied neck or back pain."
- B. "The patient reported abdominal tenderness."
- C. "The patient was disruptive and non-compliant with EMS."
- D. "The patient reported no loss of consciousness."
- E. "The patient initially refused assessment."

Answer: A,D

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Pertinent negatives are findings that are not present, but would be clinically relevant if they were. For example:

* "No neck or back pain" helps rule out spinal injury

* "No loss of consciousness" informs head trauma assessment

Statements about behavior or initial refusal (B, E) may be documented under patient behavior or refusal, but they are not pertinent negatives. Positive findings like abdominal tenderness are pertinent positives.

References:

NREMT Documentation Standards

National EMS Education Standards - Communication and Documentation

Brady Emergency Care (13th ed.) - Patient Care Reporting

NEW QUESTION # 32

A 70-year-old patient has a sudden onset of difficulty breathing with throat and chest tightness after working outside. The EMT auscultates bilateral wheezes. The vital signs are BP 60/44, P 128, R 28, and SpO₂ 90% on room air. Which of the following treatments should the EMT administer?

- A. Patient's metered-dose inhaler
- B. Sublingual nitroglycerin
- C. Epinephrine auto-injector
- D. Positive pressure ventilations

Answer: C

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The symptoms and vital signs (wheezing, hypotension, high pulse rate, respiratory distress) are strongly indicative of anaphylaxis, which is a life-threatening allergic reaction. Bilateral wheezing and hypotension further confirm systemic involvement. The first-line treatment is intramuscular epinephrine, which:

* Reverses bronchospasm (via beta-2 adrenergic effects)

* Raises blood pressure (via alpha-1 vasoconstriction)

* Improves airway tone and reduces mucosal edema

A metered-dose inhaler may help in mild bronchospasm but is insufficient during anaphylactic shock.

Positive pressure ventilations are a secondary measure if respiratory failure occurs. Nitroglycerin is contraindicated due to low BP.

References:

NREMT Medical/Obstetrics/Gynecology Guidelines - Allergic Reactions

AHA ACLS Provider Manual (2020), Section on Anaphylaxis

NEW QUESTION # 33

A 9-year-old patient who was injured in an MCI is brought to the treatment area with a delayed triage tag. Which of the following signs or symptoms would the EMT expect to find? Select the three correct options.

- **A. Ability to ambulate**
- B. Breathing only after opening the airway
- C. Respiratory rate of 16
- **D. Follows simple commands**
- E. Mottled skin
- **F. Palpable pulses being present**

Answer: A,D,F

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

In pediatric START or JumpSTART triage, a "delayed" status is appropriate if the child is breathing adequately, has palpable pulses, and follows commands. The respiratory rate of 16 is normal for a 9-year-old, and being able to walk also supports the "delayed" tag.

"Mottled skin" and "breathing only after airway opening" would more likely lead to "immediate" or even "expectant" categories depending on associated symptoms.

References:

JumpSTART Pediatric MCI Triage Algorithm

National EMS Education Standards - Triage

PALS Provider Manual (American Heart Association)

NEW QUESTION # 34

A 9-year-old patient who was injured in an MCI is brought to the treatment area with a delayed triage tag. Which of the following signs or symptoms would the EMT expect to find? Select the three correct options.

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JumpSTART Pediatric MCI Triage Algorithm

National EMS Education Standards - Triage

PALS Provider Manual (American Heart Association)

NEW QUESTION # 35

A 12-year-old male suffered helmet-to-helmet contact while playing football. A bystander states, "He passed out for several seconds, then walked off the field under his own power." He is now unresponsive, and his vital signs are BP 180/110, P 90, and R 6. You should suspect

- A. Epidural hematoma
- B. Intracerebral hematoma
- C. Subdural hemorrhage
- D. Subarachnoid hemorrhage

Answer: A

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

An epidural hematoma classically presents with a "lucid interval" - a brief period of regained consciousness following head trauma, followed by rapid deterioration. This is due to arterial bleeding, often from the middle meningeal artery, leading to increasing intracranial pressure.

Signs include:

- * High blood pressure
- * Decreasing respiratory rate
- * Altered LOC or unresponsiveness

Subdural hemorrhages are slower venous bleeds, common in elderly patients. Subarachnoid hemorrhage often presents with "worst headache of life." Intracerebral bleeds are less commonly linked to lucid intervals.

References:

NREMT Trauma Module - Head Injuries

AAOS Emergency Care Textbook (11th ed.), Chapter: Head and Spine Trauma
Emergency Neurological Life Support (ENLS) Guidelines - Traumatic Brain Injury

NEW QUESTION # 36

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