

Expertly-Researched NBMTM BCMTMS PDF Questions from PracticeDump



1. INTRODUCTION

The National Board of Medication Therapy Management was founded in 2007 in response to the need for a valid certification process for pharmacists providing medication therapy management. The board certification in medication therapy management also assures that the pharmacist possesses the knowledge, skills, and experience requisite to the provision of high-quality patient care for medication therapy management.

The certification is valid for a five-year period of time. Recertification will be required to be completed every five years thereafter. All the information necessary to complete the board certification and recertification process is included in this handbook.

1.1 About the National Board of Medication Therapy Management

The National Board of Medication Therapy Management is a voluntary, non-profit organization established for the purpose of credentialing pharmacists providing medication therapy management. The organization was founded by individuals with years of experience who are dedicated to helping patients suffering from multiple chronic conditions.

The purpose of the National Board of Medication Therapy Management is to establish and administer a certification process to elevate the standard of care across the continuum of medication therapy management.

1.2 About the Board Certification in Medication Therapy Management

The purpose of board certification by the National Board of Medication Therapy Management is to provide assurance to the public and the health profession that a Board Certified Medication Therapy Management Specialist (BCMTMS™) has successfully completed an accredited educational program and an evaluation process, including a secure, proctored examination.

Board Certification in Medication Therapy Management serves as an important benchmark for the highest standard of care. It reflects the critical core values of compassion,

patient-centeredness, and a passion for continuous learning. Patients, pharmacists, healthcare providers, insurers, and quality organizations look for board certification as the best measure of a practitioner's knowledge, experience, and skills to provide quality care.

1.3 Exam Development

1.3.1 Overview

All examination questions are written and reviewed by an Exam Committee. This is to ensure that there is adequate and appropriate coverage of all content areas on the examination.

1.3.2 Question Review Process

New questions are written by content experts and assigned to individual members of the Exam Committee for primary and secondary review. Each question is reviewed at least twice by the committee as a whole. During the review process, each question is also reviewed multiple times by a medical editor to ensure accuracy and by staff editors who standardize question style, format, terminology, correct grammar, and eliminate ambiguity and technical flaws, such as cues to the answer.

Once the exam committee approves a question for inclusion in the exam item pool, it is made available for selection in future exams. All approved questions are reviewed.

www.abmp.org/certification | 9

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NBMTM Board Certified Medication Therapy Management Specialist Sample Questions (Q90-Q95):

NEW QUESTION # 90

A patient is newly diagnosed with ADHD and muscular dystrophy. The patient's physician wants to add atomoxetine to the patient's treatment regimen. Testing mat reveals inpatient is a poor metabolizer of which enzyme would indicate that the medication should be avoided?

- A. CYP2D6
- B. CYP2B6
- **C. CYP450**
- D. CYP3A4

Answer: C

NEW QUESTION # 91

which question would MOST effectively elicit the frequency at which a patient takes prescribed propranolol?

- A. "How do you take propranolol?"
- **B. "How many times a day do you take propranolol?"**
- C. "Your label states that you take propranolol once a day is that how you take it?"
- D. "Are you taking propranolol the way your doctor prescribed?"

Answer: B

NEW QUESTION # 92

An 85-year-old patient who has several disease conditions and is enrolled in Medicare Part D presents to a pharmacy to refill prescriptions. After reviewing the patient's medication vials to provide refills, the pharmacist realizes that, even though the refills are due, many of the vials are still half full with medication. Which initial reaction by the pharmacist to this observation would be BEST?

- A. "There are quite a few tablets remaining in these, which is not good. Are you forgetting to take your medication*?"
- **B. "Many of my patients have difficulty remembering to take medications. What kind of problems have you experienced?"**
- C. "Is your physician aware that you're not taking your medications?"
- D. "Since medication therapy management services are an included benefit of Medicare Part D, can you explain to me why you have not been taking your medication?"

Answer: B

NEW QUESTION # 93

Which statement is MOST accurate regarding MTM sessions that are facilitated by a call center and face-to-face sessions in a community pharmacy?

- **A. Both types of sessions meet the Medicare Part D criteria of being interactive.**
- B. Face-to-face sessions are more effective than sessions facilitated at call centers.
- C. Sessions facilitated at call centers are completed more quickly than face-to-face sessions.
- D. Medicare prefers face-to-face sessions over sessions facilitated at call centers.

Answer: A

NEW QUESTION # 94

Which intervention is MOST important for the prevention and treatment of COPD?

- A. Pulmonary rehabilitation
- **B. Smoking cessation**
- C. Pharmacologic treatment

- D. Regular physical exercise

Answer: B

NEW QUESTION # 95

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