

EMT Exam Questions - EMT New Study Notes

Exam EMT Study Guide Chapter 1

1). Which of the following refers to a program process for evaluating and improving the effectiveness of an EMS system?

- A) total quality system.
- B) Quality improvement.
- C) process improvement plan (PIP).
- D) System effectiveness management. - correct answer B). Quality Improvement

2). In 1966 the National Highway Safety Act charged which of the following agencies with the development of emergency medical service standards?

- A) U.S. Department of the Interior.
- B) U.S. Department of Homeland Security.
- C) U.S. Department of Transportation.
- D) U.S. Department of Health Services. - correct answer C). U.S. Department of Transportation

3). Which of the following agencies is responsible for establishing EMS system assessment programs?

- A) National transportation safety Board.
- B) National Highway traffic safety administration.
- C) department of health and human services.
- D) United states health services agency. - correct answer B). National highway traffic safety administration

4) which of the following is the most common gateway for hospital services for patients who need emergency medical assistance?

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NREMT Emergency Medical Technicians Exam Sample Questions (Q243-Q248):

NEW QUESTION # 243

A 13-year-old patient is lethargic with a fever, headache, and a stiff neck. Which of the following statements should the EMT consider while caring for this patient? Select the two answer options that are correct.

- A. The patient must get fully decontaminated prior to treatment.
- B. The patient requires minimal stimuli to prevent vomiting.
- C. EMTs cannot treat the patient without a parent 's consent.
- **D. The patient is likely contagious to others.**
- **E. Airway management is a concern for this patient.**

Answer: D,E

Explanation:

The correct answers are A. The patient is likely contagious to others and B. Airway management is a concern for this patient.

Key Diagnosis: Suspected Meningitis

The patient presents with:

Fever

Headache

Stiff neck

Lethargy

These are classic signs of meningitis, a serious infection of the central nervous system.

Why A is correct (Contagious):

Certain forms of meningitis (especially bacterial meningitis) are highly contagious Spread via respiratory droplets NREMT-aligned guidance states:

"Patients with suspected meningitis should be considered contagious."

"Use appropriate PPE and precautions."

Why B is correct (Airway concern):

Decreased level of consciousness (lethargy) increases risk of:

Airway compromise

Vomiting and aspiration

Continuous airway monitoring is critical

"Altered mental status requires close airway monitoring."

Why the other options are incorrect:

C). Minimal stimuli to prevent vomiting# More associated with head injury or increased ICP, not primary meningitis management D).

Cannot treat without parent consent# In emergencies, implied consent applies, especially in minors E). Full decontamination required# Not indicated - meningitis is not a hazardous materials exposure Exact Extracts (NREMT-aligned EMT educational references):

"Meningitis may present with fever, headache, stiff neck, and altered mental status."

"Consider patients contagious and use PPE."

"Airway management is a priority in patients with decreased LOC."

Clinical Priority Summary:

Suspected meningitis requires infection control precautions and airway vigilance, making A and B the correct answers.

References:

NREMT EMT Education Standards - Medical Emergencies (Neurological/Infectious) NREMT National Continued Competency Program (NCCP) AAOS Emergency Care and Transportation of the Sick and Injured (NREMT-aligned)

NEW QUESTION # 244

A 67-year-old patient is sitting in the tripod position. What general impression should the EMT most strongly suspect from this patient's position?

- A. The patient has trouble breathing
- B. The patient is in cardiac arrest
- C. The patient has abdominal pain
- D. The patient is having a seizure

Answer: A

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The tripod position- sitting upright, leaning forward, supporting the upper body with arms on knees - is a classic sign of respiratory distress. This position:

* Maximizes diaphragmatic movement

* Engages accessory muscles of respiration

* Improves air exchange in patients with obstructive airway diseases (e.g., COPD, asthma) It is rarely used by patients with abdominal pain or seizures and is not associated with cardiac arrest (where unconsciousness is expected).

References:

NREMT Medical Assessment Flowchart - General Impression

AAOS EMT Textbook (11th ed.), Chapter: Respiratory Emergencies

AHA BLS: Identifying Signs of Respiratory Distress

NEW QUESTION # 245

A mountain climber tells you that he came down from a hike because he was coughing up blood. You should suspect

- A. Neoplasm
- B. Pulmonary edema
- C. Pulmonary embolism
- D. Spontaneous pneumothorax

Answer: C

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Hemoptysis (coughing up blood) in a physically active person, such as a mountain climber, strongly suggests a pulmonary embolism (PE), particularly due to:

* Dehydration

* Prolonged exertion or immobility

* High altitude increasing clot risk

Symptoms may include:

* Shortness of breath

* Chest pain

* Tachypnea

* Hemoptysis

Pulmonary edema generally causes pink frothy sputum and is more associated with heart failure. Neoplasm (lung cancer) is possible but much less acute in onset. Spontaneous pneumothorax causes dyspnea and pleuritic chest pain but not typically hemoptysis.

References:

NREMT Medical Assessment - Pulmonary and Hematologic Emergencies

AAOS EMT Textbook - Chapter: Respiratory Emergencies

CDC Guidelines - High-Risk Conditions for Pulmonary Embolism

NEW QUESTION # 246

An 83-year-old patient is unresponsive and lying on the floor. The patient has a large bruise and laceration on the forehead. The patient's vital signs are BP 90/60, P 126, and R 0. Which of the following conditions should the EMT most suspect?

- A. Commotio cordis
- B. Open pneumothorax

- C. Spine injury
- D. Brain herniation

Answer: C

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Given fall with head trauma and absent respirations, the most concerning cause is spinal injury, particularly a cervical spine fracture.

A high cervical injury (C1-C4) can paralyze the diaphragm, leading to apnea despite a beating heart.

Brain herniation can also depress respirations but often presents with unequal pupils, posturing, and Cushing's triad (not described here). Commotio cordis sudden cardiac arrest from blunt chest trauma (not head).

Open pneumothorax affects chest mechanics, not directly linked here.

References:

NREMT Trauma Skills - Spinal Assessment

Brady Emergency Care (13th ed.), Chapter: Spine Injuries

National EMS Education Standards - CNS Trauma and Spinal Immobilization

NEW QUESTION # 247

A 27-year-old patient reports trouble breathing after being struck by a car. Which of the following findings are indicative of a possible chest wall injury? Select the three answer options that are correct.

- A. Jugular vein distention
- B. Unequal rise and fall
- C. Clavicle deformity
- D. Subcutaneous emphysema
- E. Occipital depression
- F. Epigastric distension

Answer: B,C,D

Explanation:

Clavicle deformity suggests potential rib or thoracic trauma. Unequal chest rise may indicate a flail segment, pneumothorax, or hemothorax. Subcutaneous emphysema, the presence of air under the skin, is a classic finding in pneumothorax or tracheobronchial injury.

Occipital depression is not chest related; epigastric distension is a GI symptom; and jugular vein distention would suggest tension pneumothorax or cardiac tamponade, which are more advanced complications.

References:

NREMT Trauma Assessment Guidelines

National EMS Education Standards - Chest Injuries

AAOS Emergency Care and Transportation (11th ed.), Chapter: Chest and Abdominal Trauma

NEW QUESTION # 248

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