

NREMT EMT Latest Exam Preparation & EMT Latest Test Simulations

NREMT Practice Exam/ National Registry EMT Exam Updated 2023-2024 Latest Version Graded A+ (VERIFIED)

Why are prehospital emergency care guidelines updated on a regular basis?
A. Additional information and evidence indicate that the effectiveness of certain interventions has changed.
B. EMS providers should be encouraged to actively participate in research and become familiar with data analysis.
C. The federal government requires the implementation of changes to existing emergency care protocols at least every five years.
D. Statistical data indicate that an increasing number of people being diagnosed with a particular illness. ----- **Correct Answer** ----- A. Additional information and evidence indicate that the effectiveness of certain interventions has changed.

A 4 year old female has a peanut lodged in the external auditory canal of her right ear.
You should:
A. Transport her to the emergency department.
B. Remove the peanut with a cotton-tipped swab.
C. Use tweezers to try to remove the object.
D. Thoroughly flush her ear with sterile saline. ----- **Correct Answer** ----- A.
Transport her to the emergency department.
See emergency Medical care for specific injuries
See components of the EMS system

Which of the following statements regarding the EMS medical director and an EMT's scope of practice is correct?
A. The EMS medical director can expand the EMT's scope of practice but cannot limit it without state approval.
B. An EMT's scope of practice is exclusively regulated by the state EMS office, not the EMS medical director.
C. The EMS medical director can expand or limit an individual EMT's scope of practice without state approval.
D. An EMT's scope of practice may be expanded by the medical director after proper training and state approval. ----- **Correct Answer** ----- D. An EMT's scope of practice may be expanded by the medical director after proper training and state approval
See levels of training

As an EMT, it is important to remember that the signs and symptoms of cumulative stress:
A. Are most effectively treated with medications.
B. Might not be obvious or present all the times.

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NREMT Emergency Medical Technicians Exam Sample Questions (Q21-Q26):

NEW QUESTION # 21

During a mass casualty incident, a patient has an open tibia and fibula deformity. Using START triage, in which of the following priorities should the EMT place the patient?

- A. Minimal
- B. Immediate
- **C. Delayed**
- D. Emergent

Answer: C

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The START (Simple Triage and Rapid Treatment) system classifies patients based on ability to walk, respirations, perfusion, and mental status. A patient with an open fracture who can breathe adequately, has a pulse, and follows commands is categorized as "Delayed".

Immediate (Red) is reserved for those who cannot walk and have life-threatening conditions, such as compromised airway or severe bleeding.

References:

U.S. Department of Health START Triage Protocol

FEMA MCI Guidelines

Brady Emergency Care (13th ed.) - Chapter on MCI and Incident Management

NEW QUESTION # 22

Heat exhaustion is most frequently associated with

- A. Bradycardia
- **B. Hypovolemia**
- C. Hypertension
- D. Altered mental status

Answer: B

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Heat exhaustion results from prolonged exposure to elevated temperatures, leading to fluid and electrolyte loss (especially sodium and water), causing hypovolemia. This can result in:

- * Tachycardia
- * Weakness
- * Dizziness
- * Profuse sweating

Unlike heat stroke, mental status is typically preserved in heat exhaustion. Hypertension and bradycardia are not characteristic.

References:

NREMT Environmental Emergencies Module

National EMS Education Standards - Heat-Related Illnesses

AAOS Emergency Care (11th ed.), Chapter: Environmental Emergencies

NEW QUESTION # 23

A 19-year-old patient has received multiple stab wounds. The patient is unresponsive. The vital signs are BP 82/60, P 116, R 28, and SpO₂ 86%. Which substance would the EMT expect to increase in the patient's body?

- A. Lactic acid
- B. Carbon dioxide
- C. Sodium bicarbonate
- D. Water

Answer: A

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The patient is in hypoperfusion (shock) from blood loss. In shock states, tissues are deprived of oxygen, leading to anaerobic metabolism, which produces lactic acid as a byproduct. This causes metabolic acidosis, which is a critical sign of systemic oxygen debt.

Carbon dioxide rises with respiratory failure, but lactic acid is a more specific indicator of cellular hypoxia.

References:

NREMT Medical Emergencies: Shock

Brady Emergency Care, Chapter: Shock and Resuscitation

Advanced EMT Curriculum - Pathophysiology of Shock

NEW QUESTION # 24

When using the SALT method for triage, which of the following interventions should the EMT perform during the individual assessment step?

- A. Completing first responder scorecards to track patients
- B. Bleeding control, opening the airway, and administering two rescue breaths for pediatric patients
- C. Insertion of airway adjuncts, bleeding control, and moving patients to the triage area
- D. Assessing respirations, administering two rescue breaths, and assessing patient mentation

Answer: D

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

SALT(Sort, Assess, Lifesaving interventions, Treatment/Transport) is a mass casualty triage method recommended by the CDC and the National Association of EMS Physicians (NAEMSP). During the

"Assess" step, responders:

* Check respirations

* Provide lifesaving interventions such as rescue breaths if the patient is not breathing but has a pulse

* Evaluate mentation (e.g., ability to follow commands)

Airway adjuncts and full transport do not happen at this stage. Scorecards and pediatric-specific modifications are addressed later in the protocol.

References:

NREMT EMS Operations - Mass Casualty and Triage Guidelines

CDC SALT Mass Casualty Triage Guidelines

National EMS Education Standards - Disaster Response

NEW QUESTION # 25

An 84-year-old patient has a sudden onset of weakness to one side of the body. The patient has a history of hypertension and high cholesterol. The vital signs are BP 176/94 mmHg, P 108/min, R 18/min, and SpO₂ 97% on room air. For which of the following additional symptoms should the EMT assess? Select the three correct options.

- A. Tremors
- B. Miosis
- C. Syncopal episodes
- D. Slurred speech
- E. Arm drift
- F. Facial droop

Answer: D,E,F

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The symptoms described are classic for a stroke (CVA). Additional hallmark findings include:

- * Arm drift(motor weakness or hemiparesis)
- * Facial droop(Cranial nerve VII involvement)
- * Slurred speech(dysarthria or aphasia)

These form the basis of prehospital stroke assessment tools like FAST:

- * Face drooping
- * Arm weakness
- * Speech difficulty
- * Time to call 911

Miosis (pupil constriction) and tremors are not associated with stroke in EMS context. Syncope is an isolated event and not a reliable CVA symptom.

References:

NREMT Medical Neurological Emergencies

AHA Stroke Recognition Guidelines

EMS National Stroke Protocols - Cincinnati Stroke Scale, FAST

NEW QUESTION # 26

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