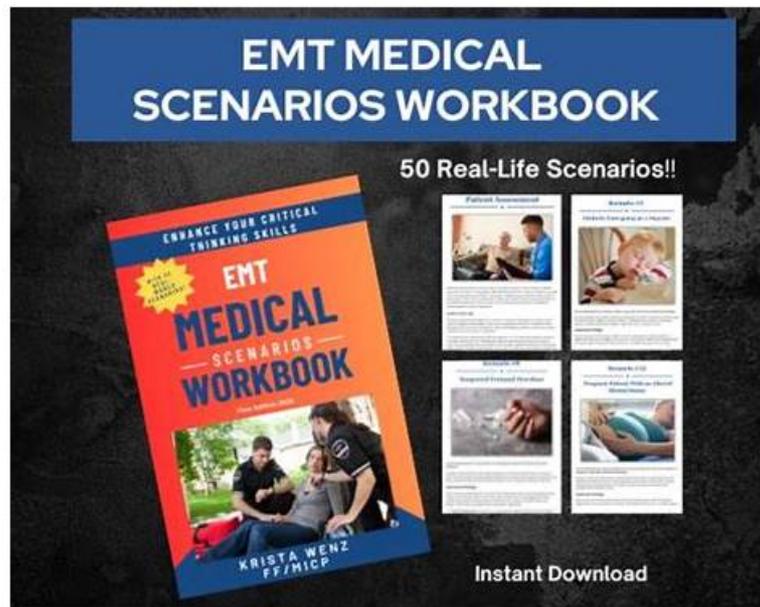


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## **NREMT Emergency Medical Technicians Exam Sample Questions (Q78-Q83):**

### **NEW QUESTION # 78**

A 24-year-old male was injured in an explosion at a large factory. He is breathing shallowly at a rate of 40 and his capillary refill is 3 seconds. What color should you assign him for triage?

- A. Yellow
- B. Black
- C. Green
- **D. Red**

**Answer: D**

Explanation:

Using the START triage system, patients are categorized based on Respirations, Perfusion, and Mental Status (RPM).

A respiratory rate greater than 30 breaths per minute immediately qualifies the patient as RED (Immediate). Additionally, delayed capillary refill (>2 seconds) further supports this classification.

Option A is correct.

Option B applies to stable patients who can wait.

Option C is for deceased or nonsalvageable patients.

Option D is for minor injuries.

NREMT teaches that patients with compromised airway or perfusion are the highest priority.

### **NEW QUESTION # 79**

Which of the following is categorized as a personal injury prevention supply?

- A. Biohazard bag
- B. N95 respirator
- C. Disinfectant cleaning solution
- **D. Pair of leather gloves**

**Answer: D**

Explanation:

Personal injury prevention supplies are designed to protect EMS providers from physical injuries, rather than infection.

Option C (Pair of leather gloves) is correct because leather gloves protect against cuts, abrasions, and puncture injuries during rescue operations such as vehicle extrication.

Option D (N95 respirator) is personal protective equipment (PPE) for infection control, not injury prevention.

Option A and B are related to biohazard handling and decontamination.

NREMT differentiates PPE from injury-prevention equipment to ensure proper risk management.

### **NEW QUESTION # 80**

A 67-year-old patient reports crushing chest pressure. The vital signs are BP 156/98, P 64, R 14, and SpO2 94%. What treatments should the EMT provide first? Select the two correct options.

- **A. Give aspirin**
- **B. Administer oxygen**
- C. Lay the patient supine
- D. Assist with nitroglycerin
- E. Apply CPAP

**Answer: A,B**

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The patient's symptoms are consistent with acute coronary syndrome (ACS). The first-line treatments are:

\* Aspirin (160-325 mg): inhibits platelet aggregation, reducing clot progression.

\* Oxygen: administered when SpO<sub>2</sub> <94% or signs of hypoxia/distress are present.

CPAP is for pulmonary edema or respiratory failure. Nitroglycerin requires BP >90 systolic and medical direction approval. Laying the patient supine may increase myocardial workload and is inappropriate unless hypotension occurs.

References:

NREMT Cardiology and Resuscitation Guidelines

AHA ACLS Provider Manual (2020) - Acute Coronary Syndrome Treatment

National EMS Education Standards - Cardiovascular Emergencies

### NEW QUESTION # 81

A 30-year-old patient is injured in a motor vehicle collision. The patient cannot move their diaphragm, and they are apneic. In which of the following locations should the EMT suspect the spinal injury occurred?

- A. L4
- B. T1
- C. T3
- **D. C4**

**Answer: D**

Explanation:

The diaphragm is innervated by the phrenic nerve, which originates from spinal nerve roots C3-C5.

NREMT teaching highlights the phrase: "C3, 4, and 5 keep the diaphragm alive." Option A (C4) is correct because an injury at or above this level can paralyze the diaphragm, resulting in apnea and immediate respiratory failure.

Option B (T1) and C (T3) affect intercostal muscles but not the diaphragm.

Option D (L4) affects lower extremity function only.

NREMT emphasizes that high cervical spine injuries are immediately life-threatening due to loss of ventilatory control.

### NEW QUESTION # 82

When assessing an unresponsive diabetic patient, a finding that is most helpful to differentiate between hyperglycemia and hypoglycemia is

- A. Rate and quality of the pulse
- B. Rate and depth of breathing
- **C. Skin color**
- D. Pupillary response

**Answer: C**

Explanation:

In an unresponsive diabetic patient, EMTs must rapidly determine whether the cause is hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose) because immediate management priorities differ.

According to NREMT education, skin signs are the most reliable and quickly observable indicator when a blood glucose reading is not immediately available.

Hypoglycemia typically presents with cool, pale, and diaphoretic skin due to a sympathetic nervous system response. In contrast, hyperglycemia often presents with warm, dry skin, reflecting dehydration and lack of insulin-mediated glucose uptake.

Option D is correct because skin color and condition provide the most useful differentiation in the field.

Option A may help identify diabetic ketoacidosis (Kussmaul respirations) but is not the most consistent finding.

Option B is unreliable and nonspecific.

Option C may vary but does not clearly distinguish between the two conditions.

NREMT emphasizes treating unresponsive diabetics as hypoglycemic until proven otherwise, while using skin findings to guide clinical suspicion.

### NEW QUESTION # 83

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