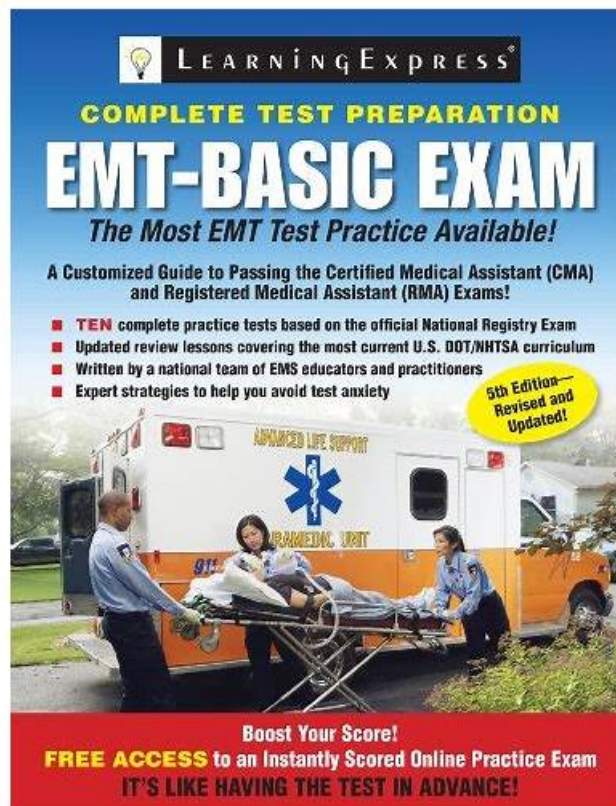


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## Following is the Test Prep EMT Exam Format

Format: Multiple choices, multiple answers

- Passing score: 70%
- Length of Examination: 120 minutes
- Language: English
- Number of Questions: 70-120

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# 100% Pass NREMT First-grade EMT Emergency Medical Technicians Exam Pass4sure

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## NREMT Emergency Medical Technicians Exam Sample Questions (Q38-Q43):

### NEW QUESTION # 38

A 38-year-old patient is dyspneic and has facial swelling after eating at a restaurant. What should the EMT do first?

- A. Initiate rapid transport
- B. Provide oxygen
- **C. Administer epinephrine**
- D. Obtain a set of vital signs

**Answer: C**

Explanation:

The correct answer is C. Administer epinephrine.

This patient is presenting with classic signs of anaphylaxis, a life-threatening allergic reaction:

- \* Dyspnea (respiratory distress)
- \* Facial swelling (angioedema)
- \* Recent exposure to a likely allergen (food)

Why C is correct (Epinephrine):

Epinephrine is the first-line, life-saving treatment for anaphylaxis. It works by:

- \* Dilating bronchioles (improving breathing)
- \* Constricting blood vessels (improving blood pressure)
- \* Reducing airway swelling

NREMT-aligned guidelines state:

- \* "Administer epinephrine immediately in patients with signs of anaphylaxis."
- \* "Do not delay epinephrine administration in life-threatening allergic reactions." Why the other options are incorrect:
- \* A. Provide oxygen: Important, but not the priority over epinephrine in anaphylaxis.
- \* B. Initiate rapid transport: Necessary, but after immediate life-saving intervention.
- \* D. Obtain vital signs: Should not delay treatment in a critical patient.

Key Concept:

- \* In anaphylaxis, epinephrine is the first and most critical intervention.
- \* Delays in administration significantly increase mortality risk.

Exact Extracts:

- \* "Epinephrine is the drug of choice for anaphylaxis."
- \* "Immediate administration is critical in respiratory distress with allergic reactions."
- \* "Airway swelling and bronchoconstriction must be rapidly treated."

References:

NREMT EMT Education Standards - Medical Emergencies (Allergic Reactions) NREMT National Continued Competency Program (NCCP) - Medical Emergencies Prehospital Emergency Care (EMT) - Allergic Reactions and Anaphylaxis

### NEW QUESTION # 39

A 20-year-old patient has shortness of breath and audible wheezes that began suddenly. Urticaria is present.

The vital signs are BP 82/48, P 104, R 24, and SpO<sub>2</sub> 91% on room air. Which of the following interventions should the EMT perform next?

- A. Give nebulized albuterol.
- **B. Administer epinephrine.**
- C. Apply high-flow oxygen.
- D. Immediately transport.

**Answer: B**

Explanation:

The correct answer is B. Administer epinephrine.

This patient is experiencing anaphylactic shock, a life-threatening allergic reaction.

Key findings indicating anaphylaxis:

Sudden onset respiratory distress (wheezing)

Urticaria (hives) # hallmark allergic reaction

Hypotension (BP 82/48) # indicates shock

Hypoxia (SpO# 91%)

Why B is correct:

Epinephrine is the first-line, life-saving treatment for anaphylaxis.

It works by:

Bronchodilation (improves wheezing)

Vasoconstriction (raises blood pressure)

Reduces airway swelling

It must be given immediately when anaphylaxis is suspected.

Why the other options are incorrect:

A). Nebulized albuterol # Helps wheezing but does not treat shock or airway swelling C). High-flow oxygen # Important, but not definitive treatment; epinephrine takes priority D). Immediate transport # Necessary, but life-saving intervention must occur first

Exact Extracts:

"Epinephrine is the first-line treatment for anaphylaxis."

"Anaphylaxis presents with respiratory distress, hypotension, and hives."

"Immediate administration of epinephrine is critical."

References:

NREMT EMT Education Standards - Medical Emergencies (Allergic Reactions) National EMS Education Standards - Anaphylaxis Management NREMT Candidate Handbook - Patient Care

**NEW QUESTION # 40**

You are transporting a febrile 62-year-old male who has a cough and body aches. His vital signs are BP 136/80, P 100, R 16, and his SpO# is 99% on room air. You should first:

- **A. Place a surgical mask on him**
- B. Transport him in the recovery position.
- C. Place an N95 mask on him.
- D. Administer oxygen.

**Answer: A**

Explanation:

The correct answer is A. Place a surgical mask on him.

This question focuses on infection control and standard precautions, which fall under EMS Operations in NREMT content.

The patient presents with:

Fever

Cough

Body aches

These are classic signs of a respiratory infectious illness, and EMS providers must immediately take steps to prevent transmission.

According to NREMT-aligned infection control principles, the first priority when dealing with a potentially infectious respiratory patient is source control, which means placing a surgical mask on the patient to limit the spread of droplets.

Why A is correct:

A surgical mask on the patient reduces transmission of respiratory droplets.

This is considered an immediate and appropriate standard precaution.

Why the other options are incorrect:

B). Administer oxygen: The patient's SpO# is 99% on room air, indicating adequate oxygenation. NREMT guidelines emphasize that oxygen should be administered based on clinical need, not routinely.

C). Place an N95 mask on him: N95 respirators are intended for healthcare providers, not patients. The patient should receive a surgical mask, not an N95.

D). Transport him in the recovery position: This position is used for patients with decreased level of consciousness or risk of airway compromise, which is not indicated here.

Exact Extract (EMT-aligned educational content):

EMS providers must use standard precautions and take appropriate measures to prevent disease transmission. For patients with suspected respiratory infections, placing a surgical mask on the patient helps prevent the spread of droplets. Oxygen should be administered only when there are signs of hypoxia or respiratory distress, not when oxygen saturation is normal.

References:

NREMT National EMS Education Standards - EMS Operations (Infection Control & Standard Precautions) EMT Training Curriculum - Workforce Safety and Infection Control National EMS Scope of Practice Model - Patient Assessment and Management of Infectious Conditions

#### NEW QUESTION # 41

Who is ultimately responsible for maintaining certification requirements and ensuring continuing education requirements are met?

- A. Healthcare provider
- B. EMS supervisor
- C. System training officer
- D. State medical director

**Answer: A**

Explanation:

Comprehensive and Detailed Explanation (Based on NREMT standards):

The healthcare provider is ultimately responsible for maintaining certification, licensure, and continuing education requirements. While agencies, supervisors, and training officers may assist or provide opportunities, NREMT clearly states that responsibility rests with the individual EMT.

Option C is correct because failure to meet certification requirements can result in expiration or revocation regardless of employer involvement.

Options A, B, and D are incorrect because these roles may support education but are not legally responsible for an individual provider's compliance.

NREMT emphasizes professional accountability as a core expectation of EMS practice.

#### NEW QUESTION # 42

A law enforcement officer requests that you place the clothes from a sexual assault victim in a bag for transport to the hospital. Which type of bag should you use?

- A. Polypropylene
- B. Paper
- C. Cloth
- D. Plastic

**Answer: B**

Explanation:

In cases of sexual assault, preserving evidence integrity is critical. Clothing or other forensic evidence must be placed in paper bags. Plastic or non-breathable materials can trap moisture, promoting mold or degradation of evidence like DNA or bodily fluids.

This approach follows chain-of-custody protocols used by law enforcement and medical facilities for handling forensic material.

References:

NREMT EMS Operations - Evidence Preservation and Forensics

U.S. Department of Justice: "A National Protocol for Sexual Assault Medical Forensic Examinations" National EMS Education Standards - Legal and Ethical Principles

#### NEW QUESTION # 43

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