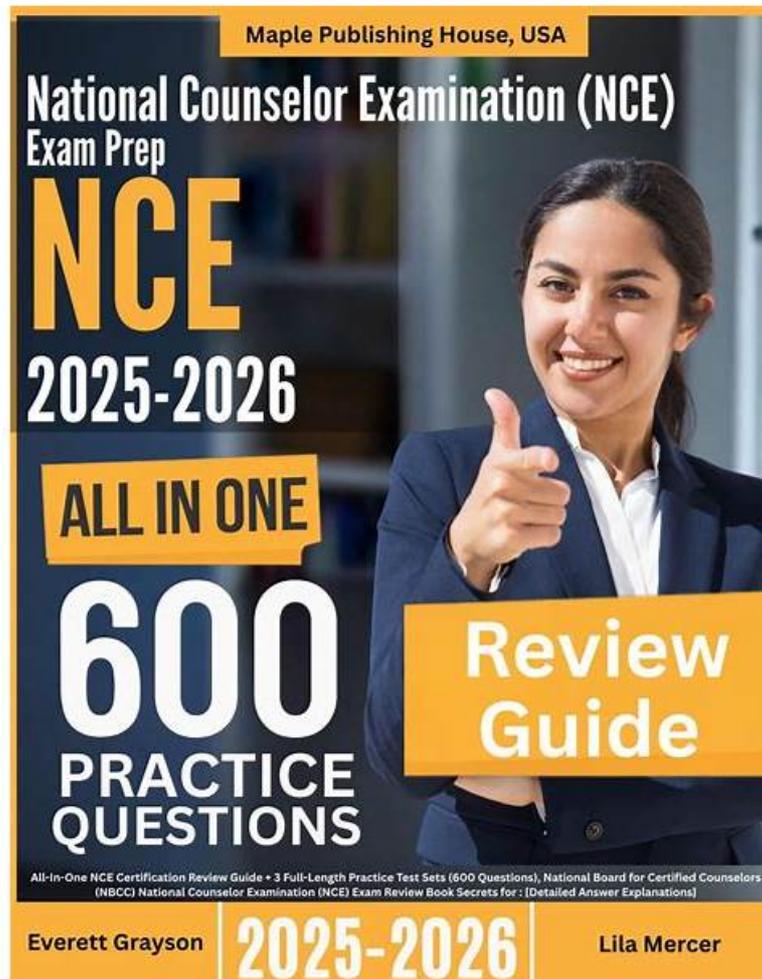


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NBCC National Counselor Examination Sample Questions (Q73-Q78):

NEW QUESTION # 73

Which lack of bonding factor between caregiver and child has been found to contribute to academic underperformance by a child?

- A. Decreased experience with attending behaviors
- B. Decreased practice with delaying gratifications
- **C. Inhibited cognitive and emotional growth due to low stimulation**
- D. Indiscriminate attachments to adults due to lack of attachment

Answer: C

Explanation:

When there is a significant lack of bonding or secure attachment between a caregiver and a child, one major consequence is often low levels of stimulation, interaction, and responsive caregiving. This can lead to:

* Inhibited cognitive growth (e.g., delayed language, problem-solving, and conceptual skills).

* Inhibited emotional growth, including difficulty regulating emotions and forming relationships.

These developmental limitations directly affect school readiness and academic performance, making A the best answer.

The other options describe possible effects of attachment problems but are less directly and broadly tied to academic underperformance:

* B. Indiscriminate attachments to adults - seen in some severe attachment disturbances, but this focuses more on social behaviors than academic performance per se.

* C. Decreased experience with attending behaviors - could play a role but is more narrow and not the primary developmental factor emphasized in research.

* D. Decreased practice with delaying gratifications - relates more to impulse control and behavior, which can affect school, but the core academic underperformance is more strongly linked to global cognitive and emotional inhibition due to low early stimulation. Within Areas of Clinical Focus, counselors are expected to understand how early attachment and caregiving environments influence later functioning, including academic achievement, and to recognize how disruptions in bonding can affect a child's cognitive and emotional development.

NEW QUESTION # 74

What diagnostic criteria would a counselor consider while assessing the severity of intellectual disability of a seven-year-old client?

- A. Agitation
- B. Pressured speech
- C. Genetic factors
- **D. Concept formation**

Answer: D

Explanation:

When assessing intellectual disability, severity is determined primarily by adaptive functioning, particularly in conceptual, social, and practical domains, rather than by etiology or isolated mental status features. For a seven-year-old, the counselor would consider how the child:

* Understands and uses concepts (e.g., time, quantity, basic academic skills).

* Solves problems and learns new information appropriate to their developmental level.

Option D. Concept formation aligns with this focus on conceptual functioning, which is central to determining the severity of intellectual disability.

* A. Pressured speech and B. Agitation are more associated with mood or anxiety disorders (e.g., mania, acute distress) rather than severity of intellectual disability.

* C. Genetic factors may help explain the cause of the disability but do not determine its severity.

The NBCC Counselor Work Behavior Areas emphasize accurate use of diagnostic criteria and understanding that severity ratings for intellectual disability are based on everyday functioning in key domains, not just on symptoms or etiology.

NEW QUESTION # 75

The statistical index that reflects the average distance of scores from the mean is the:

- **A. Standard deviation.**
- B. Range.
- C. Standard score.
- D. Correlation coefficient.

Answer: A

Explanation:

In assessment, counselors are expected to understand basic statistics used to interpret test scores. The standard deviation is the measure that indicates, on average, how far individual scores fall from the mean of a distribution. It is a key index of variability around the average.

* When the standard deviation is small, scores cluster closely around the mean.

* When it is large, scores are more spread out.

Thus, option C. Standard deviation is correct.

Why the others are incorrect:

* A. Correlation coefficient measures the degree and direction of relationship between two variables, not the average distance from the mean.

* B. Range is the difference between the highest and lowest score; it is a simple measure of spread but does not reflect the average distance of scores from the mean.

* D. Standard score (e.g., z-score, T-score) is a transformed score that indicates how far an individual score lies from the mean in standard deviation units, but it is not the name of the variability index itself.

Knowledge of how to interpret scores using concepts like the mean and standard deviation is part of Intake, Assessment and Diagnosis, as counselors must interpret test results accurately to inform case understanding and decision-making.

NEW QUESTION # 76

Group leaders facilitating groups in residential treatment facilities can expect which of the following?

- A. Use of screening to select appropriate group members.
- B. Group membership to be consistent and stable until termination.
- C. Groups to be open with inconsistent attendance.
- D. Treatment team members to specify the goals for the group.

Answer: C

Explanation:

In many residential treatment settings, groups are typically:

* Open-ended, with clients entering and leaving treatment at different times.

* Characterized by fluctuating membership and inconsistent attendance due to admissions, discharges, medical issues, or program requirements.

Therefore, leaders can expect open groups with inconsistent attendance (D).

Why the others are less accurate in this context:

* A. Treatment team members to specify the goals for the group - although treatment teams may offer input, group leaders are generally responsible for defining and managing group goals within the program structure.

* B. Use of screening - in residential facilities, group membership is often driven by who is currently admitted, so there is typically limited ability to screen out members.

* C. Consistent and stable membership - this is more typical of closed groups, not residential settings with rolling admissions and discharges.

NBCC Counselor Work Behavior Areas expect counselors to understand how setting characteristics (like residential care) shape group structure, membership, and how leaders plan and intervene.

NEW QUESTION # 77

What term is used to describe a client's entire human experience (background, values, morals, and traditions) in a social context?

- A. Race
- B. Collectivism
- C. Culture
- D. Individualism

Answer: C

Explanation:

The term that encompasses a client's background, values, morals, traditions, and ways of living within a social context is culture.²

Culture is commonly understood as the shared patterns of beliefs, values, customs, behaviors, and artifacts that a group uses to cope with the world and pass on to future generations. It shapes:

- * Worldview and meaning-making
- * Interpersonal expectations and communication styles
- * Attitudes toward counseling, mental health, and help-seeking

Thus, Option B (culture) is correct.

Why the other options are incorrect:

* A. Individualism - Refers to a value orientation emphasizing personal autonomy, independence, and self-reliance. It is one possible cultural value, not the full description of a client's total human experience.

* C. Collectivism - The opposite value orientation to individualism, emphasizing group harmony, interdependence, and group goals. Again, it is one type of cultural value, not the overarching construct.

* D. Race - Refers to a category often (problematically) based on physical characteristics and socially constructed groupings. While race can influence experience and oppression, it does not by itself encompass the entirety of background, values, morals, and traditions; those are more fully covered by the broader concept of culture.² In the Professional Practice and Ethics area, NBCC highlights that ethically competent counselors must understand and respect clients' cultural contexts, integrating these into assessment, case conceptualization, and intervention.

NEW QUESTION # 78

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