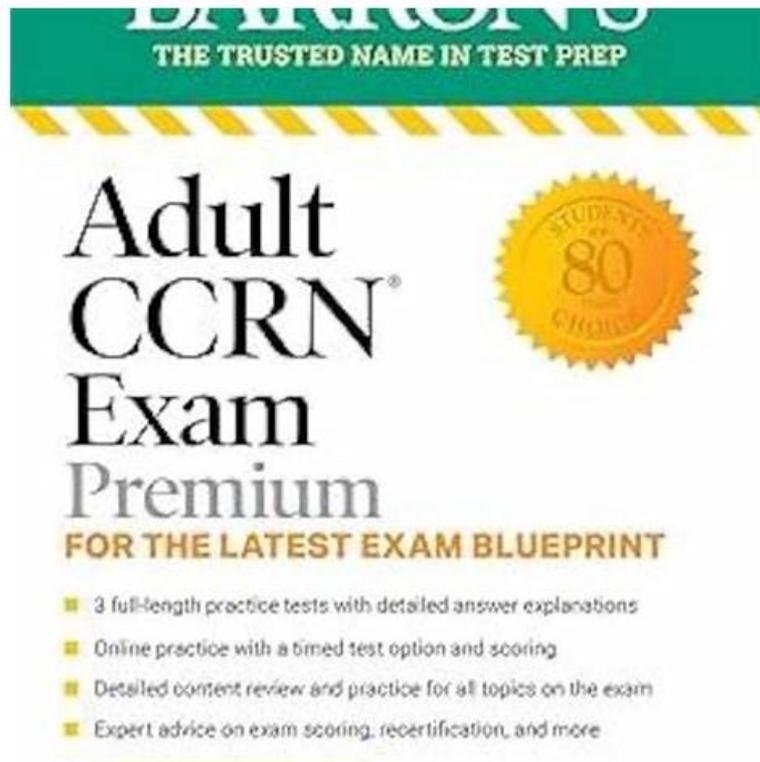


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## AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details

Topic 3	<ul style="list-style-type: none"> <li>In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.</li> </ul>
Topic 4	<ul style="list-style-type: none"> <li>Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.</li> </ul>
Topic 5	<ul style="list-style-type: none"> <li><b>PROFESSIONAL CARING &amp; ETHICAL PRACTICE:</b> This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.</li> </ul>
Topic 7	<ul style="list-style-type: none"> <li><b>CLINICAL JUDGMENT:</b> This section measures the skills of Critical Care Nurses and covers a wide range of medical conditions across various systems. It includes cardiovascular issues such as acute coronary syndrome, heart failure, and cardiomyopathies, demonstrating the need for in-depth knowledge in managing these critical conditions. The section also addresses respiratory emergencies like pulmonary embolism and ARDS, emphasizing the importance of understanding respiratory failure and chronic conditions.</li> </ul>

## AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q942-Q947):

### NEW QUESTION # 942

Which of the following indicates that the patient and patient's family have a low ability to participate in care?

- A. The patient knows the names of caregivers
- B. The patient does not inquire about new medications that are administered
- C. The patient's family requests to be present when the physician makes rounds
- D. The patient has limited access to financial resources

**Answer: B**

Explanation:

Patients and families have the right to be well-informed and to participate fully in their care. As a patient advocate, the critical care nurse recognizes the patient's or surrogate's central role in decision-making.

The doctrine of informed consent encompasses four elements: disclosure, comprehension, voluntariness, and competence. The intent of informed consent is based on the principle of autonomy.

If the patient does not want to know about new medications that are administered, this indicates a low level of the patient's ability to participate in his or her own care.

Developing relationships with caregivers and the desire to be present for the physician both indicate a high level of the patient and family's ability to participate in care.

Financial resources are not related to participation in care.

### NEW QUESTION # 943

The critical care nurse is caring for a patient who is about to undergo cardiac transplantation. Which of the following statements made by the patient does NOT require further teaching by the nurse?

- A. This will help me, but it is unlikely that I will still be alive a decade from now either way.
- B. I'm glad that technology has advanced to where they only have to transplant the ventricles, and that the top half of my heart will still be mine.
- C. Symptoms of a transplant rejection are likely to take several weeks to develop.
- D. If I hadn't quit smoking, they wouldn't be letting me have this procedure.

**Answer: D**

Explanation:

Smoking cessation is typically required in order to be a candidate for cardiac transplantation. Survival rates at ten years are 56%. Acute rejection will be appreciable hours or days following the procedure, not weeks. Partial heart transplants are not possible, nor are they an active area of research.

**NEW QUESTION # 944**

A terminally ill patient expresses that they are planning to end their life. As an ICU nurse, what is the MOST appropriate initial response?

- **A. Initiate continuous 1:1 observation**
- B. Schedule a consultation with a psychiatrist
- C. Express personal beliefs about euthanasia to the patient
- D. Advise the patient that it's a permanent solution to a temporary problem

**Answer: A**

Explanation:

Suicidal ideation will require that continuous 1:1 observation is initiated. Advising the patient that it's a permanent solution to a temporary problem will minimize the patient's feelings, is dismissive of the issue, and fails to maintain patient safety. Expressing personal beliefs about euthanasia to the patient is inappropriate as personal beliefs should be kept separate from professional practice. Scheduling a consultation with a psychiatrist is appropriate, but does not provide for the patient's immediate safety.

**NEW QUESTION # 945**

Positive end-expiratory pressure (PEEP) is indicated for hypoxemia, which is secondary to diffuse lung injury. Which of the following PEEP levels is MOST often used to provide "physiologic" PEEP?

- A. 20 cm H<sub>2</sub>O
- B. 15 cm H<sub>2</sub>O
- **C. 5 cm H<sub>2</sub>O**
- D. 10 cm H<sub>2</sub>O

**Answer: C**

Explanation:

PEEP is used therapeutically during mechanical ventilation (extrinsic PEEP). It can also be a complication of incomplete expiration and air trapping (intrinsic PEEP).

PEEP/CPAP levels of 5 cm Hg or less are often used to provide "physiologic PEEP." The presence of the artificial airway allows intrathoracic pressure to fall to zero, which is below the usual level of intrathoracic pressure at end expiration (2 or 3 cm H<sub>2</sub>O).

Levels > 5 cm H<sub>2</sub>O are usually used to recruit collapsed alveoli, resulting in increased ventilation, which results in increased oxygenation. Use of PEEP may, however, increase the risk of barotrauma due to higher mean and peak airway pressures during ventilation, especially when peak pressures are greater than 40 cm H<sub>2</sub>O. Venous return and cardiac output may also be affected by higher levels of PEEP.

**NEW QUESTION # 946**

A patient with history of hypothyroidism is admitted with severe confusion and nonpitting edema. The nurse should anticipate which order?

- A. diuretics
- B. insulin drip
- C. 3% saline 150 mL/hour
- **D. forced air warming blanket**

**Answer: D**

Explanation:

The patient has signs of myxedema coma, a life-threatening complication of hypothyroidism. The patient needs immediate treatment

