

ARDMS AE-Adult-Echocardiography Questions Tips To Pass Exam [2026]

ARDMS Fetal Echocardiography Questions with Correct Answers 2025/2026

What is the incidence of Ebstein's anomaly? - CORRECT ANSWER -1%

What chromosomal anomalies are associated with Ebstein's? - CORRECT ANSWER -Trisomy 13, 18, and 21

What arrhythmia is associated with Ebstein's anomaly? - CORRECT ANSWER -SVT

What other 2 things are commonly associated with Ebstein's? - CORRECT ANSWER - Cardiomegaly and hydrops

What other cardiac anomalies are frequently seen with Ebstein's? - CORRECT ANSWER -ASD, PS/PA, VSD, TOF, subaortic AS, COA

What is the typical cardiac position in Ebstein's anomaly? - CORRECT ANSWER -Severe levocardia

What is the best echo view to diagnose Ebstein's? - CORRECT ANSWER -4 Chamber view

What leaflet of the tricuspid valve is described as "sail like" with Ebstein's anomaly? - CORRECT ANSWER -The anterior leaflet

What maternal drug has been associated with Ebstein's anomaly? - CORRECT ANSWER -Lithium

What value is an increased CT ratio? - CORRECT ANSWER ->0.45

P.S. Free 2026 ARDMS AE-Adult-Echocardiography dumps are available on Google Drive shared by Prep4sureExam: <https://drive.google.com/open?id=1tMjX8B3D03iBJ4D7rTsgipS6qLqGYker>

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ARDMS AE Adult Echocardiography Examination Sample Questions (Q62-Q67):

NEW QUESTION # 62

Which finding occurs initially as the severity of aortic stenosis progresses?

- A. Concentric hypertrophy
- B. Eccentric hypertrophy
- C. Global systolic dysfunction
- **D. Concentric remodeling**

Answer: D

Explanation:

In the early stages of aortic stenosis, the left ventricle adapts to increased afterload by concentric remodeling, which is characterized by increased wall thickness without a proportional increase in chamber size. This adaptation helps normalize wall stress.

As the disease progresses, concentric hypertrophy develops with thickened walls and decreased compliance.

Eccentric hypertrophy and global systolic dysfunction occur later with decompensation and ventricular dilation.

This progression is explained in the "Textbook of Clinical Echocardiography, 6e", Chapter on Left Ventricular Adaptations to Pressure Overload#20:365-370Textbook of Clinical Echocardiography#.

NEW QUESTION # 63

During which phase of the cardiac cycle does mitral valve prolapse occur?

- A. Diastasis
- B. Ventricular filling
- **C. Ventricular contraction**
- D. Atrial systole

Answer: C

Explanation:

Mitral valve prolapse (MVP) occurs during ventricular contraction (systole). Specifically, during systole, the increased pressure in the left ventricle causes the mitral valve leaflets to billow or prolapse back into the left atrium. This abnormal systolic displacement of the mitral leaflets beyond the annular plane leads to mitral regurgitation in many cases.

The echocardiographic hallmark of MVP is systolic bowing or displacement of the mitral leaflets into the left atrium, best visualized in parasternal long-axis or apical views during ventricular contraction. MVP is not seen during ventricular filling phases such as early filling, atrial systole, or diastasis because the leaflets are normally open or positioned differently.

This is well-documented in the "Textbook of Clinical Echocardiography, 6e", Chapter on Mitral Valve Disease, explaining the pathophysiology of MVP and its timing during the cardiac cycle#20:390-395Textbook of Clinical Echocardiography#.

NEW QUESTION # 64

Which of the following is commonly evaluated by the sniff maneuver?

- A. Right ventricular outflow tract obstruction
- **B. Right atrial pressure**
- C. Left atrial pressure
- D. Left ventricular outflow tract obstruction

Answer: B

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

The sniff maneuver is commonly used in echocardiography to assess right atrial pressure (RAP) indirectly by observing changes in the size and collapsibility of the inferior vena cava (IVC). During a sniff or rapid inspiration, negative intrathoracic pressure normally causes the IVC to collapse. The degree of IVC collapse during the sniff test correlates with RAP.

If the IVC is dilated and fails to collapse significantly with a sniff, this suggests elevated right atrial pressure, which can be caused by right heart failure, pulmonary hypertension, or volume overload.

This maneuver is not used to evaluate left atrial pressure or outflow tract obstructions, which require other echocardiographic parameters.

This assessment method is described in the "Textbook of Clinical Echocardiography, 6e", Chapter on Right Heart Evaluation and Hemodynamics#20:300-305Textbook of Clinical Echocardiography#.

NEW QUESTION # 65

Which type of mass is typically attached to the fossa ovalis of the left atrium?

- A. Lipoma
- B. Fibroelastoma
- **C. Myxoma**
- D. Sarcoma

Answer: C

Explanation:

Atrial myxomas are the most common primary cardiac tumors in adults and are typically attached to the interatrial septum at the fossa ovalis region of the left atrium. These tumors often arise from a stalk and are mobile masses that may cause obstruction of the mitral valve or embolic events.

The echocardiographic hallmark of atrial myxoma is a well-circumscribed, pedunculated mass attached near the fossa ovalis.

Transesophageal echocardiography (TEE) is especially useful in visualizing the attachment site and mobility of the myxoma.

Other cardiac masses have different typical locations: papillary fibroelastomas usually arise from valvular surfaces (often aortic or mitral valves), sarcomas are rare malignant tumors that can invade multiple areas, and lipomas usually involve the atrial septum but spare the fossa ovalis and have a characteristic echogenic appearance.

The "Textbook of Clinical Echocardiography" describes atrial myxomas as mobile masses attached to the fossa ovalis in the left atrium and emphasizes their characteristic appearance on TEE imaging, which is critical for diagnosis and surgical planning.

NEW QUESTION # 66

Which finding is most commonly associated with Ebstein anomaly?

- A. Pulmonary stenosis
- **B. Atrial septal defect**
- C. Ventricular septal defect
- D. Tricuspid stenosis

Answer: B

Explanation:

Comprehensive and Detailed Explanation From Exact Extract:

Ebstein anomaly is a congenital malformation characterized by apical displacement of the tricuspid valve leaflets, leading to atrialization of the right ventricle and severe tricuspid regurgitation. The most common associated defect is an atrial septal defect (ASD), particularly a secundum type or patent foramen ovale, resulting in right-to-left shunting and cyanosis.

Ventricular septal defect and pulmonary stenosis are less commonly associated. Tricuspid stenosis is not typical; the tricuspid valve is usually regurgitant rather than stenotic.

This association is well described in congenital heart disease and echocardiography textbooks and ASE guidelines#16:Textbook of Clinical Echocardiography, 6ep.570-575##12:ASE Adult Congenital Guidelinesp.400-405#.

NEW QUESTION # 67

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