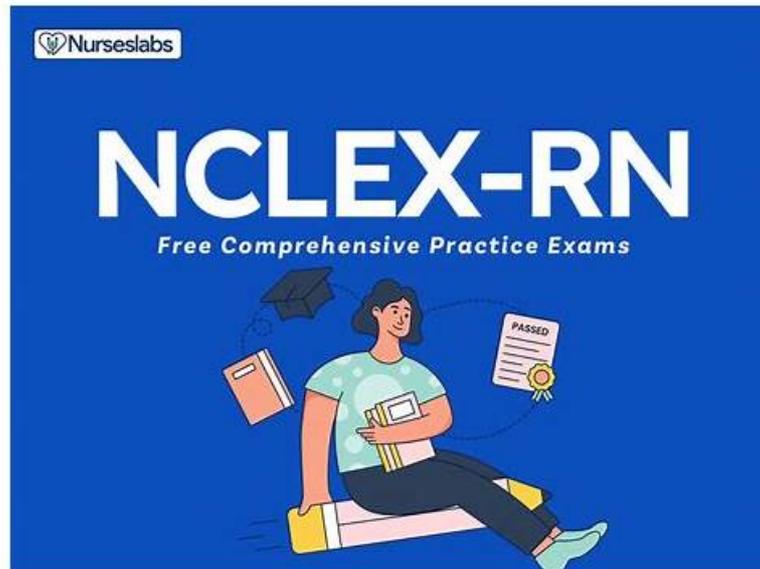


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## NCLEX National Council Licensure Examination (NCLEX-RN) Sample Questions (Q174-Q179):

### NEW QUESTION # 174

The pediatrician has diagnosed tinea capitis in an 8-year-old girl and has placed her on oral griseofulvin. The nurse should emphasize which of these instructions to the mother and/or child?

- A. Discontinue drug therapy if food tastes funny.
- **B. Observe for headaches, dizziness, and anorexia.**
- C. May discontinue medication when the child experiences symptomatic relief.

- D. Administer oral griseofulvin on an empty stomach for best results.

**Answer: B**

Explanation:

Explanation

(A) Giving the drug with or after meals may allay gastrointestinal discomfort. Giving the drug with a fatty meal (ice cream or milk) increases absorption rate. (B) Griseofulvin may alter taste sensations and thereby decrease the appetite. Monitoring of food intake is important, and inadequate nutrient intake should be reported to the physician. (C) The child may experience symptomatic relief after 48-96 hours of therapy. It is important to stress continuing the drug therapy to prevent relapse (usually about 6 weeks). (D) The incidence of side effects is low; however, headaches are common. Nausea, vomiting, diarrhea, and anorexia may occur. Dizziness, although uncommon, should be reported to the physician.

#### NEW QUESTION # 175

A male client has been hospitalized with congestive heart failure. Medical management of heart failure focuses on improving myocardial contractility. This can be achieved by administering:

- A. O22 L/min via nasal cannula
- B. Nitroglycerin (Nitrol) 1 inch topically every 4 hours
- C. Furosemide (Lasix) 40 mg po every morning
- **D. Digoxin (Lanoxin) 0.25 mg po every day**

**Answer: D**

Explanation:

(A) Digoxin is a cardiac glycoside given to clients in heart failure to improve their myocardial contractility. (B) Furosemide is a loop diuretic given to clients in heart failure to promote diuresis. (C) O2 is given to clients in heart failure to increase oxygenation and to prevent or treat hypoxemia. (D) Nitroglycerin is a nitrate given to clients in heart failure to increase their cardiac output by decreasing the peripheral resistance that the left ventricle must pump against.

#### NEW QUESTION # 176

A 28-year-old client performs a long, involved ritual in getting up and preparing for the day. He became unable to get to his job before noon. His family, in desperation, has admitted him to the hospital's psychiatric unit. On the unit, he is always late for breakfast, which is served at 8 am. The nurse identifies that the best approach to this problem is to:

- **A. Get him up early so that he can complete the ritual before breakfast**
- B. Allow him to eat late
- C. Ask him to get all the other clients up so that he will forget about his ritual
- D. Suggest that he do the rituals after breakfast

**Answer: A**

Explanation:

Explanation/Reference:

Explanation:

(A) Allowing him to eat late is not a solution to the problem because the ritual affects more than just this meal. (B) He is helpless to change this behavior because the rituals occur as a result of an irrational effort to control his anxiety. (C) To interfere with the ritual will increase anxiety. Until the basic problem is resolved, and in turn his need for the ritual relieved, arrange the schedule so that essential activities may be included (such as meals with the group). (D) This approach would be very disruptive to the other clients and would not serve to relieve the anxiety of the client.

#### NEW QUESTION # 177

A client with bipolar disorder taking lithium tells the nurse that he has ringing in his ears, blurred vision, and diarrhea. The nurse notices a slight tremor in his left hand and a slurring pattern to his speech. Which of the following actions by the nurse is appropriate?

- A. Give an oral dose of lithium antidote.
- B. Administer a stat dose of lithium as necessary.
- C. Recognize this as an expected response to lithium.

- **D. Request an order for a stat blood lithium level.**

**Answer: D**

Explanation:

Section: Questions Set A

Explanation:

(A) These symptoms are indicative of lithium toxicity. A stat dose of lithium could be fatal. (B) These are toxic effects of lithium therapy. (C) The client is exhibiting symptoms of lithium toxicity, which may be validated by lab studies. (D) There is no known lithium antidote.

#### **NEW QUESTION # 178**

A client states to his nurse that "I was told by the doctor not to take one of my drugs because it seems to have caused decreasing blood cells." Based on this information, which drug might the nurse expect to be discontinued?

- A. Garamycin (Gentamicin)
- B. Prednisone
- C. Timolol maleate (Blocadren)
- **D. Phenytoin (Dilantin)**

**Answer: D**

Explanation:

Explanation

(A) Prednisone is not linked with hematological side effects. (B) Timolol, a -adrenergic blocker is metabolized by the liver. It has not been linked to blood dyscrasia. (C) Gentamicin is ototoxic and nephrotoxic. (D) Phenytoin usage has been linked to blood dyscrasias such as aplastic anemia. The drug most commonly linked to aplastic anemia is chloramphenicol (Chlormycetin).

#### **NEW QUESTION # 179**

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