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## NBMTM Board Certified Medication Therapy Management Specialist Sample Questions (Q87-Q92):

### NEW QUESTION # 87

Which statement BEST describes the relationship between the Group Health Research institute chronic care model (CCM) and medication therapy management (MTM)

- A. CCM is a documentation strategy in chronic care patients who qualify for MTM services.
- **B. CCM is a multidimensional, systems based approach for chronic care which can include MTM**
- C. CCM is a specialized, multifaceted method for Dining for MTM services.
- D. CCM is a specialized style of MTM used specifically for long-term care facility residents.

**Answer: B**

### NEW QUESTION # 88

A 60-year-old female patient who is postmenopausal and underwent a hysterectomy 10 years ago is unable to tolerate vasomotor symptoms and vaginitis due to menopause, and the patient would like to go on hormone replacement therapy. Which medication therapy would be most appropriate FIRST step for this patient?

- A. Estradiol transdermal patch
- B. Estradiol/levonorgestrel transdermal patch
- **C. Conjugated estrogens/medroxyprogesterone oral tablet**
- D. Estradiol/progesterone oral capsule

**Answer: C**

### NEW QUESTION # 89

A patient presents with stage 1 hypertension, Diabetes, and an atherosclerotic cardiovascular disease 10-year risk score of 7%. Current guidelines indicate that which medication would be the MOST appropriate first-line therapy for the patient?

- A. Atenolol
- B. Hydrochlorothiazide
- C. Amiodipine
- **D. Irbesartan**

**Answer: D**

### NEW QUESTION # 90

A patient presents to his scheduled appointment for face-to-face MTM with a pharmacist. The patient has a list of personal medications and bottles of over-the-counter herbal supplements. Upon review of the entire medication checklist, the pharmacist wants to educate the patient on managing the drug interaction that was found between warfarin and St. John's wort supplement. What would be the BEST approach to guide the patient in managing the drug interaction?

- A. St. John's wort should be OK as long as the physician is aware
- **B. St. John's wort will increase the INR**
- C. St. John's wort has to be replaced with gingko biloba.
- D. St. John's wort will decrease the INR

**Answer: B**

### NEW QUESTION # 91

A patient with a history of hypertension and benign prostatic hyperplasia presents with complaints of nasal congestion. Which medication would be most appropriate to recommend?

- **A. Fluticasone nasal spray**
- B. Acetaminophen
- C. Cetirizine
- D. Pseudoephedrine

**Answer: A**

## NEW QUESTION # 92

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