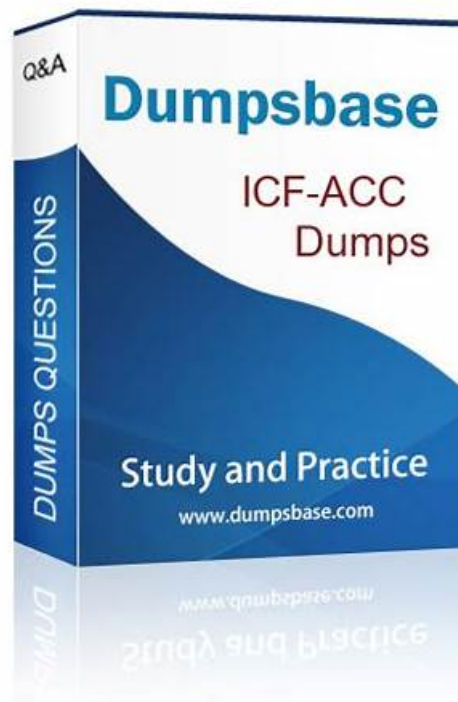


# ICF-ACC Pass4sure Dumps & ICF-ACC Sichere Praxis Dumps



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## ICF ICF-ACC Prüfungsplan:

| Thema   | Einzelheiten                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Thema 1 | <ul style="list-style-type: none"> <li>Domain: Definition and Boundaries of Coaching: This section evaluates the expertise of Coaching Consultants in understanding the definition of coaching and the coaching process. It includes differentiating coaching from related professions like therapy, counseling, mentoring, and consulting. Additionally, it covers knowledge of when and how to make appropriate referrals to mental health professionals and recognizing signs of mental health conditions that may hinder coaching progress. This section ensures coaches maintain clear boundaries and make informed decisions for client well-being.</li> </ul> |
| Thema 2 | <ul style="list-style-type: none"> <li>Domain: Coaching Ethics: This section of the exam measures the skills of Professional Coaches and covers knowledge of professional ethics codes, including understanding what constitutes a conflict of interest. It also evaluates awareness of relevant laws, regulations, and organizational policies related to confidentiality, such as identifying factors that may necessitate breaking confidentiality. This section ensures that coaches adhere to ethical standards and legal requirements.</li> </ul>                                                                                                              |

|         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Thema 3 | <ul style="list-style-type: none"> <li>• <b>Domain: Coaching Competencies, Strategies, and Techniques:</b> This section measures the skills of Life Coaches in applying coaching competencies, strategies, and techniques. It includes knowledge of how to contract with clients, focusing on key elements of a coaching agreement. It also covers the ICF Core Competencies, goal setting, motivation, and a variety of coaching techniques, tools, and resources. This section ensures coaches are equipped to effectively support clients in achieving their goals.</li> </ul> |
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## >> ICF-ACC Testantworten <<

### ICF ICF-ACC: Associate Certified Coach braindumps PDF & Testking echter Test

Mit Hilfe der Schulungsunterlagen zur ICF ICF-ACC Zertifizierungsprüfung können Sie ganz schnell und leicht die Prüfung bestehen. Das haben viele Kandidaten uns gesagt. Mit den Schulungsunterlagen zur ICF ICF-ACC Zertifizierungsprüfung können Sie Ihre Gedanken ordnen und sich ganz gelassen auf die Prüfung vorbereiten. Das reduziert nicht nur Stress, sondern hilft Ihnen, die ICF ICF-ACC Prüfung zu bestehen. DeutschPrüfung hat auch kostenlose Fragen und Antworten als Probe. Meines Erachtens nach können Sie die Demo zuerst benutzen, dann wird sie Ihnen ganz passen. Sie werden selber ihre Wirkung kennen.

### ICF Associate Certified Coach ICF-ACC Prüfungsfragen mit Lösungen (Q75-Q80):

#### 75. Frage

After your client has shared this pattern and has expressed a desire to change and come up with a plan to implement this change, the best response is:

- A. Ask the client exactly what they want to do and when.
- **B. Ask the client how they usually brainstorm or come up with new and fresh ideas.**
- C. Discuss the barriers that the client will face in trying to change.
- D. Share with the client what you think the best next step would be.

**Antwort: B**

Begründung:

Comprehensive and Detailed Explanation:

Option D aligns with ICF Competency 7, "Evokes Awareness" (7.4 - Helps client explore possibilities), by inviting the client to tap into their creative process, fostering autonomy (Competency 8.3). It respects the client's pace and style, per Ethics Section 1.1, and builds on their strengths.

Option A rushes to action without exploration, potentially pressuring the client (Competency 6.3 - Attuned pacing). Option B imposes the coach's view, violating Competency 2.2. Option C focuses on barriers too early, which could derail momentum (Competency 8.1 - Integrates new learning first). D best supports the client's self-discovery and planning process.

#### 76. Frage

Nearing the end of a session, your client is still not quite sure what to do about a specific situation. You have the feeling that a similar experience that you have had in the past might be useful for the client. The worst response is:

- A. Share your story and list the possible options your client can try.
- B. Ask the client if you can tell them a story, and then ask them to share what is relevant in the story.
- C. Share with the client that you have had a similar experience and enquire if the client would like to hear and see if anything in there may or may not be useful.
- **D. Tell the client that you have had a similar experience and you know exactly what they should do.**

**Antwort: D**

Begründung:

Comprehensive and Detailed Explanation:

Option A is the worst as it imposes the coach's solution, contradicting Competency 2.2 (partnership) and Competency 8.3 (client autonomy). It breaches Ethics Section 2.2 (avoiding bias) and the ICF Definition of Coaching by shifting to a directive stance.

Option B and C are less intrusive but still assume relevance. Option D (best, see Question 9) respects the client. A most severely undermines the coaching process by prioritizing the coach's agenda.

### 77. Frage

Which is the most effective way to begin the goal setting process with a client who feels unsure of what they want their coaching goals to be?

- A. Work with the client to establish the purpose and value of the sessions
- B. Ask the client for feedback on the first session and how to improve future sessions.
- C. Encourage the client to explore the pool and how things might have turned out differently
- D. Suggest the client ask people who are important to them what goals they should work on

**Antwort: A**

Begründung:

ICF Competency 3 ("Establishes and Maintains Agreements") requires coaches to clarify the coaching purpose and process, especially at the outset, to ensure alignment. For a client unsure of goals, starting with purpose provides direction (ICF Definition of Coaching). Let's review:

\* A. Suggest the client ask people who are important to them what goals they should work on: This undermines client autonomy (ICF Code of Ethics, Section 1) and delays the coach-client exploration process.

\* B. Work with the client to establish the purpose and value of the sessions: This aligns with Competency 3 and Competency 7 ("Evokes Awareness") by collaboratively grounding the client in why they're coaching, paving the way for goal clarity.

\* C. Ask the client for feedback on the first session and how to improve future sessions: This is useful later but premature for goal-setting with an unsure client.

\* D. Encourage the client to explore the pool and how things might have turned out differently:

(Assuming "pool" is a typo for "past") This risks a therapeutic focus on history, not coaching's future orientation (ICF Coaching Boundaries).

Option B is most effective, per ICF's framework for initiating goal-setting with clarity and purpose.

### 78. Frage

Which type of listening involves attending to the client's words body language and tone at the same time?

- A. Attentive
- B. Basic
- C. Active
- D. Explorative

**Antwort: C**

Begründung:

ICF Competency 6 ("Listens Actively") involves "focusing fully on what the client is saying and not saying, understanding the meaning in context," including verbal and non-verbal cues like tone and body language. Let's evaluate:

A . Basic: This implies minimal engagement, not attending to multiple cues (below Competency 6).

B . Attentive: This suggests focus but lacks the depth of interpreting body language and tone (less than Competency 6).

C . Active: This matches Competency 6, encompassing words, tone, and body language simultaneously.

D . Explorative: This aligns more with questioning (Competency 7), not listening.

Option C is the type of listening described, per ICF's definition of active listening.

### 79. Frage

Which is a key element of ICPs Evokes Awareness competency?

- A. Share observations to create new learning for the client
- B. Agree with the client on their overall goals.
- C. Acknowledge what is hard for the client
- D. Support the client by showing empathy

**Antwort: A**

Begründung:

ICF Competency 7 ("Evokes Awareness") involves "providing observations, asking questions, and challenging the client to increase awareness and insight." Sharing observations is a key element to spark new learning. Let's evaluate:

A . Support the client by showing empathy: This aligns with Competency 5 ("Cultivates Trust and Safety"), not evoking awareness.

B . Agree with the client on their overall goals: This fits Competency 3 ("Establishes Agreements"), not Competency 7.

C . Share observations to create new learning for the client: This directly reflects Competency 7's focus on offering perspectives to enhance client insight.

D . Acknowledge what is hard for the client: This supports empathy (Competency 5), not the proactive awareness-evoking of Competency 7.

Option C is a key element of "Evokes Awareness," per ICF's competency definition.

## 80. Frage

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