

Mock CCRN-Adult Exam - Pdf CCRN-Adult Pass Leader

Practice Test 1 CCRN (Pass CCRN) Questions and Answers

What is vasogenic cerebral edema? - Answer- Vasogenic cerebral edema is an increase in extracellular fluid caused by a breakdown of the blood-brain barrier with the resultant increase in vascular permeability. This cerebral edema begins locally and becomes more generalized. Common causes are trauma (including surgical trauma), tumors, hemorrhage, and abscesses.

What ventilator parameter indicates fluid volume excess? - Answer- An A-a gradient greater than 10 mm Hg is a reflection of a diffusion defect. Note that the process of diffusion is between A (alveolus) and (a) arterial blood. An increase in intraalveolar fluid dilutes and inactivates surfactant, causing alveolar collapse (decreasing vital capacity) and decreases lung compliance. Peak inspiratory pressure increases reflect a decrease in lung compliance.

What does autonomy refer to? - Answer- The patient's right to make decisions for themselves.

What does beneficence mean? - Answer- Obligation to do good.

What does nonmaleficence mean? - Answer- Obligation to do no harm.

What does fidelity mean? - Answer- the obligation to abide by agreements and responsibilities.

What does veracity mean? - Answer- The obligation to tell the truth.

What are Diagnosis-Related groups? - Answer- DRGs constitute a prospective payment program for Medicare patients. Payment is based on primary and secondary diagnosis, primary and secondary procedures, age, and length of hospitalization.

BNP is secreted in response to? - Answer- Ventricular wall stretch.

What are ominous signs in a patient with status asthmaticus? - Answer- A normalization or increase in the PaCO₂. This patient is still tachypneic, and if ventilation is normal, PaCO₂ should be decreased. The other ominous sign in this patient would be absence

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AACN CCRN-Adult Exam Syllabus Topics:

Topic	Details
Topic 2	The endocrine, hematology, gastrointestinal, renal, and integumentary domains are also covered, focusing on conditions like diabetes mellitus, acute kidney injury, and infections. This section highlights the need for nurses to manage complex patient scenarios involving multiple systems effectively.
Topic 4	In musculoskeletal, neurological, and psychosocial areas, the syllabus includes managing trauma, neurological disorders, and behavioral health issues. This emphasizes the holistic approach required in critical care settings. Lastly, multisystem complications such as sepsis and shock states are included to assess the ability to manage life-threatening conditions that affect multiple organ systems.
Topic 5	PROFESSIONAL CARING & ETHICAL PRACTICE: This section assesses the skills of Clinical Nurse Leaders in professional caring and ethical practice. It covers advocacy and moral agency, highlighting the importance of representing patients' interests in healthcare decisions. The section also addresses caring practices that promote patient-centered care and response to diversity, ensuring that care is tailored to individual needs.
Topic 6	Facilitation of learning is emphasized, indicating the role of nurses in educating patients and families about health management. Collaboration is another key component, focusing on teamwork within healthcare settings to improve patient outcomes. Systems thinking is included to encourage understanding of how different components of healthcare interact. Finally, clinical inquiry is highlighted as a means to foster evidence-based practice and continuous improvement in patient care.

AACN CCRN (Adult) - Direct Care Eligibility Pathway Sample Questions (Q375-Q380):

NEW QUESTION # 375

The Full Outline of UnResponsiveness (FOUR) score is an assessment of:

- A. Intracranial Pressure (ICP)
- B. motor function
- C. cranial nerve function
- D. neurological status

Answer: D

Explanation:

The FOUR score is a validated tool for the assessment of neurological patients; it assigns a value of zero through four in each of the four categories: eyes, motor, brain stem reflexes, and respiration. The scores are added together to give a total score of zero to 16. Motor assessment includes muscle size, tone, strength, and involuntary movements such as tics or tremors, and is assessed in each extremity and evaluated for symmetry. Cranial nerve function and ICP are assessed by other methods.

NEW QUESTION # 376

A critical care nurse is researching and implementing an evidence-based practice change in the intensive care unit. Which of the following actions BEST illustrates clinical inquiry?

- A. Asking patients if they believe the change would be beneficial
- B. Performing a literature review on the proposed change

- C. Instituting the change and evaluating patient feedback
- D. Asking other staff members if they support the change

Answer: B

Explanation:

Clinical inquiry is the ongoing process of questioning and evaluating practice throughout a nurse's career, ensuring that they provide informed practice. Performing a literature review on the proposed change is the only action that specifically illustrates clinical inquiry. Asking staff members if they support the change or patients if they believe the change would be beneficial does not demonstrate clinical inquiry. Instituting the change and evaluating patient feedback also does not demonstrate clinical inquiry.

NEW QUESTION # 377

The water retention associated with SIADH is characterized by

- A. UO greater than fluid intake, extreme weight gain, and mild (2+) pitting edema.
- B. fluid intake greater than UO, increased serum osmolality and sodium, and severe (4+) pitting edema.
- C. UO greater than fluid intake and severe (4+) pitting edema.
- D. fluid intake greater than UO, weight gain, and increased urine osmolality and sodium.

Answer: D

Explanation:

The syndrome of inappropriate antidiuretic hormone (SIADH) is characterized by excessive release of antidiuretic hormone (ADH), leading to water retention. This results in fluid intake being greater than urine output (UO), weight gain due to fluid retention, and concentrated urine with increased osmolality and sodium levels. SIADH does not typically present with severe pitting edema or increased serum osmolality and sodium.

References: =

* CCRN (Adult) Certification Review Course Online: Endocrine Emergencies.

* American Association of Critical-Care Nurses (AACN). (2024). CCRN Exam Handbook. Retrieved from AACN CCRN Exam Handbook

* Adult CCRN/CCRN-E/CCRN-K Certification Review Course Online. AACN

NEW QUESTION # 378

ECG changes in the patient experiencing hyperkalemia may include all of the following EXCEPT:

- A. widened QRS complex
- B. bradycardia
- C. tall, tented T waves
- D. inverted T waves

Answer: D

Explanation:

Because potassium impacts normal neuromuscular and cardiac function, these systems are carefully evaluated when hyperkalemia is suspected. It is important to note, however, that a patient may be experiencing hyperkalemia and may have no ECG or rhythm changes. The earliest change often noted in the patient's ECG is a tall, peaked T wave. As the patient's hyperkalemia progresses, the QRS complex widens, and the patient experiences bradycardia.

In addition, QT shortening, ventricular conduction slowing, flaccid paralysis, nausea, confusion, diarrhea, cramping, and decreased deep tendon reflexes may be seen.

Inverted T waves are not a change seen on a hyperkalemic patient's ECG.

NEW QUESTION # 379

When advocating for a patient, the nurse should guide the patient through all the following EXCEPT:

- A. Values clarification
- B. The nurse's view on personal values when asked by the patient
- C. Identification of the patient's best interests
- D. The process of communicating decisions

Answer: B

Explanation:

Nurses, through their education and experience, are able to interpret healthcare information and understand the impact of disease and medication interventions in a unique way. A nurse acts as a patient advocate by applying this unique understanding to ensure that the patient's beliefs and values guide the plan of care.

When advocating for a patient, the nurse should guide the patient or surrogate decision maker through values clarification, identification of the patient's best interests, and the process of communicating decisions. The nurse does not impose personal values or preferences when acting as an advocate.

NEW QUESTION # 380

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