

NCLEX certification NCLEX-RN best exam questions and answers

NCLEX-RN Exam Outline

Content Categories	Percentage of Examination
I. Management of care	15%-21%
II. Safety and infection control	10%-16%
III. Health promotion and maintenance	6%-12%
IV. Psychosocial integrity	6%-12%
V. Basic care and comfort	6%-12%
VI. Pharmacological and parental therapies	13%-19%
VII. Reduction of risk potential	9%-15%
VIII. Physiological adaptation	11%-17%

Time limit: 5 hours

Total questions: 75-145 scored, 15 unscored

Question Format: Multiple-choice, multiple-response, hot spot, fill-in-the-blank, calculation, exhibit, audio, graphic, tables

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NCLEX National Council Licensure Examination(NCLEX-RN) Sample Questions (Q190-Q195):

NEW QUESTION # 190

The pediatrician has diagnosed tinea capitis in an 8- year-old girl and has placed her on oral griseofulvin. The nurse should emphasize which of these instructions to the mother and/or child?

- A. Administer oral griseofulvin on an empty stomach for best results.
- B. Discontinue drug therapy if food tastes funny.
- C. May discontinue medication when the child experiences symptomatic relief.
- D. Observe for headaches, dizziness, and anorexia.

Answer: D

Explanation:

(A) Giving the drug with or after meals may allay gastrointestinal discomfort. Giving the drug with a fatty meal (ice cream or milk) increases absorption rate. (B) Griseofulvin may alter taste sensations and thereby decrease the appetite. Monitoring of food intake is important, and inadequate nutrient intake should be reported to the physician. (C) The child may experience symptomatic relief after 48-96 hours of therapy. It is important to stress continuing the drug therapy to prevent relapse (usually about 6 weeks). (D) The incidence of side effects is low; however, headaches are common. Nausea, vomiting, diarrhea, and anorexia may occur. Dizziness, although uncommon, should be reported to the physician.

NEW QUESTION # 191

Plans for the care of a client with an ulcer caused by emotional problems need to take into consideration that:

- A. He is unable to participate in planning his care
- B. The disorder is a threat to his physical well-being
- C. There is no real psychological basis for his illness
- D. His priority needs are limited to medical management

Answer: B

Explanation:

Explanation/Reference:

Explanation:

(A) There may be a medical emergency that takes top priority; however, the basis of the problem is emotional. (B) The problem is a physical manifestation of an emotional conflict. (C) The bleeding ulcer can be life threatening. (D) For lifestyle change to occur, the client must participate in the planning of his care so that he is committed to changes that will have positive results.

NEW QUESTION # 192

An 8-year-old boy has been diagnosed with hemophilia. Which of the following diagnostic blood studies is characteristically abnormal in this disorder?

- A. Complete blood count
- B. Partial thromboplastin time
- C. Bleeding time
- D. Platelet count

Answer: B

Explanation:

Explanation/Reference:

Explanation:

(A) Partial thromboplastin time measures activity of thromboplastin, which depends on the intrinsic clotting factors deficient in children who are hemophiliacs. (B) Platelet counts are normal in hemophilia. (C) Hemophilia does not affect the complete blood count. (D) Bleeding times are normal in hemophiliacs. They measure the time interval for the bleeding from small superficial wounds to cease.

NEW QUESTION # 193

A 20-year-old male client is being treated for protein deficiency. If he likes all of the following foods, which one would the nurse recommend to increase in the diet?

- A. Cantaloupe
- B. Rice
- C. Green beans
- **D. Chicken**

Answer: D

Explanation:

(A) Cantaloupe is a good source of carbohydrates, vitamin C, and vitamin A.

(B) Rice contains about 4 g of protein per 200 g. (C) Chicken contains 35 g protein per breast. Chicken is a rich source of vitamin B6 (pyridoxine), which is needed for adequate protein synthesis. As protein intake increases, vitamin B6 intake must also be increased. Vitamin B6 is a coenzyme in amino acid metabolism. (D) Green beans only contain 2 g of protein per cup.

NEW QUESTION # 194

The serial sevens test is often used to determine delirium and dementia. This test aids in assessing which of the following?

- **A. Ability to focus and concentrate thoughts**
- B. Memory
- C. Abstract thinking
- D. Judgment

Answer: A

Explanation:

Explanation

(A) This answer is incorrect. The test measures the abilities to concentrate and calculate. The use of proverbs is the most common way to test abstraction. (B) This answer is correct. The serial sevens test is a common test of calculation ability. It is difficult for the demented or delirious client to perform. (C) This answer is incorrect. The test for judgment should predict whether the individual will behave in a socially accepted manner. (D) This answer is incorrect. In testing memory, the nurse would attempt to get the client either to recall recent events or to think about past events.

NEW QUESTION # 195

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